

2.5K	Male			Female		
	Time	Name	Year	Time	Name	Year
U9	10:32	Alex Morris	2013	11:21	Kylie Stapor	2015
9-10	9:43	Devon Clarke	2015	10:17	Lorelai Phinnemore	2015
11-12	8:40	JT Boston	2014	9:13	Maddy Greig	2013
13-14	8:20	Luke Jaciw-Zurakowsky	2013	8:58	Maddy Greig	2014

5K	Male			Female		
	Time	Name	Year	Time	Name	Year
Overall	15:56	Thomas Witkowicz	2016	18:37	Hiley Dobbs	2014
Masters	18:32	Darryl Barber	2015	21:02	Angie Hollins	2016
Junior	15:56	Thomas Witkowicz	2016	18:37	Hiley Dobbs	2014

5K	Male			Female		
	Time	Name	Year	Time	Name	Year
U12	20:50	Sam Strano	2014	20:09	Aysia Maurice	2015
12-15	16:05	Thomas Witkowicz	2015	19:18	Hiley Dobbs	2013
16-19	15:56	Thomas Witkowicz	2016	18:37	Hiley Dobbs	2014
20-29	16:27	Jamie Tarling	2016	22:52	Calea Souter	2013
30-39	16:09	Kyle Smith	2015	21:41	Andrea Gregory	2013
40-49	18:32	Darryl Barber	2015	21:02	Angie Hollins	2016
50-59	19:43	David Johannink	2015	25:34	Holly Greenwood	2014
60+	26:36	Mike Rusheleau	2015	28:26	MaryAnne Strano	2015