# **2017 Solstice Meet Track Schedule**

### **Revised: June 19th Races will be marshalled to run from oldest to youngest**

#### <u>Saturday</u>

11:30am Sprint : 60m (2006-2008) & 50m FUN RUN (2009-2017)   12:00pm 12:30pm   1:00pm Distance Hurdles : 400mH (Open-2001) / 300mH (2002-2003) / 200mH (2004-2005)   1:30pm 2:00pm   Middle Distance : 1500m (Open-2001) / 1200 (2002-2005) / 1000 (2006-2008)   2:30pm 3:00pm   3:00pm Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)   3:30pm 4:00pm   Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	10:30am 11:00am	Racewalk : 5,000m (2001+) Racewalk : 800m (2005-2008) /1500m (2002-2004)
12:30pm   1:00pm Distance Hurdles : 400mH (Open-2001) / 300mH (2002-2003) / 200mH (2004-2005)   1:30pm   2:00pm Middle Distance : 1500m (Open-2001) / 1200 (2002-2005) / 1000 (2006-2008)   2:30pm   3:00pm Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)   3:30pm   4:00pm Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	11:30am	
1:00pm Distance Hurdles : 400mH (Open-2001) / 300mH (2002-2003) / 200mH (2004-2005)   1:30pm Niddle Distance : 1500m (Open-2001) / 1200 (2002-2005) / 1000 (2006-2008)   2:30pm Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)   3:30pm Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	12:00pm	
1:30pm   2:00pm Middle Distance : 1500m (Open-2001) / 1200 (2002-2005) / 1000 (2006-2008)   2:30pm   3:00pm Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)   3:30pm   4:00pm Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	12:30pm	
2:00pm Middle Distance : 1500m (Open-2001) / 1200 (2002-2005) / 1000 (2006-2008)   2:30pm 3:00pm   3:00pm Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)   3:30pm 4:00pm   Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	1:00pm	Distance Hurdles : 400mH (Open-2001) / 300mH (2002-2003) / 200mH (2004-2005)
2:30pm 3:00pm Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008) 3:30pm 4:00pm Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	1:30pm	
3:00pm   Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)     3:30pm	2:00pm	Middle Distance : 1500m (Open-2001) / 1200 (2002-2005) / 1000 (2006-2008)
3:30pm 4:00pm Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	2:30pm	
4:00pm Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)	3:00pm	Sprint Hurdles : 110mH / 100mH / 80mH / 60mH (2006-2008)
	3:30pm	
4:30nm Sprint : 200m (2006-2004)	4:00pm	Sprint : 400m Elite (Open) / 300m Elite (Midget) / 200m Elite (Open - Midget)
	4:30pm	Sprint : 200m (2006-2004)
5:00pm	5:00pm	
5:30pm Sprint Hurdle Finals (Midget & Older) : 110mH / 100mH / 80mH	5:30pm	Sprint Hurdle Finals (Midget & Older): 110mH / 100mH / 80mH

## <u>Sunday</u>

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9:00am	Middle Distance : 2000m / 3000m (Midget & Older)
9:30am	
10:00pm	Relays : (4x100m) All Ages - Please submit teams before last event on Saturday
10:30pm	
11:00pm	Sprint : 400m (Open) / 300m (Midget-2005) / 200m (Open - Midget)
11:30pm	
12:00pm	Sprint : 100m (All ages)
12:30pm	
1:00pm	
1:30pm	Distance Hurdles Elite Sections (Midget & Older) : 400mH / 300mH / 200mH
2:00pm	
2:30pm	Sprint : 100m Finals (Midget & Older)
3:00pm	Middle Distance : 600m (2006-2008)
3:30pm	Middle Distance : 800m (Open-2005)

#### **NOTE:** "ELITE" SECTIONS : Midget & Open Categories We have added additional races in sprints & hurdle events.

We have added additional races in sprints & hurdle events. Athletes in the indicated age categories are welcome to race in either or both events. All sprints are 'Timed Finals' unless otherwise indicated

Finals for sprint hurdles for midget & older age categories will be run regardless of field size.