



Pacific Invitational Track Schedule

	Friday	Saturday		Sunday	
4:00	Midget Girls Pent. 80m Hurdles	8:30am	3000m (Masters) 2000m	8:45am	1500m (Masters, Midget) 1200m/1000m
5:15	Masters Racewalk (3000m)	9:45am	Sprint Hurdles 110mh,100mh, 80mh,60mh	10:15am	400m Wheelchair
6:00	Steeplechase 3000m,2000m 1500m	12:15pm	200m Timed Finals	10:30am	100m heats (followed by Little Rascals)
7:00	800m (open)	2:15pm	60m Heats (Junior Dev't)	12:30pm	Distance Hurdles 400mh,300mh, 200mh
7:15	Midget Girls Pent. 800m	3:15pm	800m (Masters, Midget, 2005, 2004), 600m	1:30pm	100m Finals
		4:00pm	1500m (Open)	2:30pm	400m/300m
		4:15pm 4:45pm	60m Finals Masters 4 X400	3:45pm	Masters 4 X100

KEY NOTES

- Track events will run Wheelchair (100-1500m), then Oldest to Youngest Women and then Men with the Exception of Hurdles which will run by event Distance- longest to shortest
- **Little Rascals'** (age 6,7,8) 4 events of ball throw, hurdles, standing long jump and 50 meters starts on the infield, **Sunday at 11:30am**
- If there are 8 runners or less, 60m, 100m will run as finals during the scheduled heats
- Track events are a rolling start and may run up to 30 minutes ahead of schedule

LITTLE RASCALS (Age 6,7,8) ball throw, hurdles, standing long jump and 50 meters starts Sunday 11:30am (register at the track)