

Atlantic Track & Field Championships 2017
July 22-23 2017, Stellarton, NS

SATURDAY, July 23									
<u>Time</u>		<u>Athletes</u>	<u>Heats</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>	<u>Category</u>	<u>Note</u>	
14:00	0:05			1200m	F	F	Bantam, Midget		
14:05	0:10			1200m	F	M	Bantam, Midget		
14:15	0:05			100m	Dec	M	Youth, Junior, Senior		
14:20	0:05			80m H	F	F	Bantam	30"	
14:25	0:05			80m H	F	M	Bantam	30"	
14:30	0:05			80m H	F	F	Midget	30"	
14:35	0:05			80m H	Pent	F	Midget	30"	
14:40	0:05			100m H	F	F	Youth	30"	
14:45	0:05			100m H	Hept	F	Youth	30"	
14:50	0:05			100m H	Hept	F	Junior, Senior	33"	
14:55	0:05			100m H	Pent	M	Midget	33"	
15:00	0:05			100m H	F	F	Junior, Senior	33"	
15:05	0:05			100m H	M	M	Midget	33"	
15:10	0:05			110m H	M	M	Youth	36"	
15:15	0:05			110m H	M	M	Junior	39"	
15:20	0:10			110m H	M	M	Senior	42"	
15:30	0:15			Opening Ceremonies and Medal Presentations					
15:45	0:15			1500m	F	F	Youth, Junior, Senior, Masters		
16:00	0:15			1500m	F	M	Youth, Junior, Senior, Masters		
16:15	0:05			80m	F	F	Bantam		
16:20	0:05			80m	F	M	Bantam		
16:25	0:30			100m	P	F	Mid, You, Jun, Sen, Mas		
16:55	0:05			100m	P	F	Special		
17:00	0:30			100m	P	M	Mid, You, Jun, Sen, Mas		
17:30	0:05			100m	P	M	Special		
17:35	0:10			300m	F	F	Midget		
17:45	0:10			300m	F	M	Midget		
17:55	0:15			400m	F	F	Youth, Junior, Senior, Masters		
18:10	0:15			400m	F	M	Youth, Junior, Senior, Masters		
18:25	0:05			400m	Dec	M	Youth, Junior, Senior		
18:30	0:05			100m	F	F	Midget		
18:35	0:05			100m	F	F	Youth		
18:40	0:05			100m	F	F	Junior		
18:45	0:05			100m	F	F	Senior		
18:50	0:05			100m	F	F	Masters		
18:55	0:05			100m	F	F	Special		
19:00	0:05			100m	M	M	Midget		
19:05	0:05			100m	M	M	Youth		
19:10	0:05			100m	M	M	Junior		
19:15	0:05			100m	M	M	Senior		
19:20	0:05			100m	M	M	Masters		

19:25	0:05			100m	M	M	Special		
19:30	0:05			200m	Hept	F	Youth, Junior, Senior		
19:35	0:10			800m Medley	F	F	Midget		
19:45	0:10			800m Medley	F	M	Midget		
19:55	0:10			4x400m	F	F	Youth, Junior, Senior, Masters		
20:05	0:10			4x400m	F	M	Youth, Junior, Senior, Masters		
20:15	0:05			800m	Pent	F	Midget		
20:20	0:05			1000m	Pent	M	Midget		
20:20				Medal Presentations					

SUNDAY, July 24

<u>Time</u>		<u>Athletes</u>	<u>Heats</u>	<u>Event</u>	<u>Round</u>		<u>Category</u>	<u>Note</u>	
8:00	0:25			10,000m	F	M	Senior, Masters		
8:25	0:20			5000m	F	F/M	Junior, Senior, Masters		
8:45	0:10			1500m SC	F	M/F	Midget	30", No Water	
8:55	0:10			2000m SC	F	F	Youth	30"	
9:05	0:10			2000m SC	F	M	Youth	33"	
9:15	0:15			3000m SC	F	F	Junior, Senior	30"	
9:30	0:15			3000m SC	F	M	Junior, Senior	36"	
9:45	0:10			110mH	Dec	M	Youth, Junior, Senior	36",39",42"	
9:55	0:10			800m	F	F	Bantam, Midget		
10:05	0:05			800m	F	F	Youth		
10:10	0:10			800m	F	F	Junior, Senior, Masters		
10:20	0:10			800m	F	M	Bantam, Midget		
10:30	0:05			800m	F	M	Youth		
10:35	0:10			800m	F	M	Junior, Senior, Masters		
10:45	0:05			200m H	F	F	Midget	30"	
10:50	0:05			200m H	F	M	Midget	30"	
10:55	0:05			400m H	F	F	Youth, Junior, Senior, Masters	30"	
11:00	0:05			400m H	F	M	Youth	33"	
11:05	0:05			400m H	F	M	Junior, Senior	36"	
11:10	0:10			200m	P	F	Midget, Youth		
11:20	0:10			200m	P	F	Junior, Senior, Masters		
11:30	0:05			200m	P	F	Special		
11:35	0:10			200m	P	M	Midget, Youth		
11:45	0:10			200m	P	M	Junior, Senior, Masters		
11:55	0:05			200m	P	M	Special		
12:00	0:30			Lunch - Medal Presentations					
12:30	0:05			800m	Hept	F	Youth, Junior, Senior		
12:35	0:10			2000m	F	F	Midget		
12:45	0:10			2000m	F	M	Midget		
12:55	0:15			3000m	F	F	Youth, Junior, Senior		
13:10	0:15			3000m	F	M	Youth, Junior, Senior		
13:25	0:10			1500m	Dec	M	Youth, Junior, Senior		
13:35	0:05			150m	F	F	Bantam		
13:40	0:05			150m	F	M	Bantam		

13:45	0:05			200m	F	F	Midget		
13:50	0:05			200m	F	F	Youth		
13:55	0:05			200m	F	F	Junior		
14:00	0:05			200m	F	F	Senior		
14:05	0:05			200m	F	F	Masters		
14:10	0:05			200m	F	F	Special		
14:15	0:05			200m	M	M	Midget		
14:20	0:05			200m	M	M	Youth		
14:25	0:05			200m	M	M	Junior		
14:30	0:05			200m	M	M	Senior		
14:35	0:05			200m	M	M	Masters		
14:40	0:05			200m	M	M	Special		
14:45	0:10			4x100m	F	F	<small>Midget, Youth, Junior, Senior, Masters</small>		
14:55	0:10			4x100m	F	M	<small>Midget, Youth, Junior, Senior, Masters</small>		
15:05				Medal Presentations					

Saturday, July 22/17 Field Events									
Time	Triple Jump	Long Jump	High Jump	Shot Put	Hammer	Javelin			
14:00									
14:15	Bantam, Midget, Youth - Male	Bantam, Midget, Youth - Female			Female				
14:30						Junior, Senior, Masters - Male			
14:45									
15:00									
15:15									
15:30		Decathlon	Pent/Hep						
15:45							Bantam, Midget - Male		
16:00			Male						
16:15					Pent, Hept, Dec				
16:30									
16:45									
17:00	Junior, Senior, Masters - Male	Junior, Senior, Masters - Female				Bantam, Midget - Female			
17:15									
17:30					Decathlon				
17:45									
18:00			Female	Seated Throws	Male				
18:15									
18:30						Junior, Senior, Masters - Female			
18:45									
19:00									
19:15									

Sunday, July 23/17 Field Events										
Time	Triple Jump	Long Jump	Pole Vault	Shot Put	Discus	Javelin				
9:00		Heptathlon		Bantam, Midget, Youth - Female		Youth, Junior, Senior, Masters -				
9:15										
9:30										
9:45										
10:00	Female	Bantam, Midget, Youth - Male				Heptathlon				
10:15					Decathlon					
10:30				Decathlon		Bantam, Midget, Youth - Male	Seated Throws			
10:45										
11:00										
11:15										
11:30										
11:45		Male and Female		Bantam, Midget, Youth - Female	Decathlon					
12:00										
12:15										
12:30										
12:45	Junior, Senior, Masters - Male						Bantam, Midget, Youth - Male	Seated Throws	Youth, Junior, Senior, Masters -	
13:00										
13:15										
13:30										
13:45										
14:00					Junior, Senior, Masters - Male					
14:15										
14:30					Junior, Senior, Masters -					
14:45										
15:00										