

36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 1 Women 60 Meter Dash University (35) Prelims

Meet: 7.39 2012		Miana Griffiths	
CIS Standard: 7.57			
Name	Team	Seed Time	
1 Joy Spear Chief-Morris	Western Mustan;	7.40	
2 Madeline Warren	Toronto Blues	7.61	
3 Charifa Labarang	Ottawa GeeGee	7.69	
4 Shyvonne Roxborough	Guelph Gryphon	7.70	
5 Lindsay Brandys	Toronto Blues	7.71	
6 Hailey Hitchings	Guelph Gryphon	7.73	
7 Vanessa Gray	Guelph Gryphon	7.75	
8 Zaria Armstrong	Guelph Gryphon	7.78	
9 Tegan Sauer	Waterloo	7.78	
10 Phoebe Simmons	Toronto Blues	7.81	
11 Chisomo McHaina	Guelph Gryphon	7.85	
12 Sian Smart	Waterloo	7.85	
13 Jermeka Castello	Etobicoke TR	7.86	
14 Pantea Saboni	Western Mustan;	7.90	
15 Amy O'Donnell	Western Mustan;	7.90	
16 Omahen Emily	Windsor Lancers	7.95	
17 Shania Payne	York Lions	7.95	
18 Mariah Wilson	Windsor Lancers	7.97	
19 Anne Gauthier	Toronto Blues	7.98	
20 Rachael Wolfs	Windsor Lancers	8.00	
21 Emma Nero	Guelph Gryphon	8.00	
22 Victoria McIntyre	Toronto Blues	8.00	
23 Kelly Hodgins	Windsor Lancers	8.00	
24 Kristy Hodgins	Windsor Lancers	8.01	
25 Monique Simon-Tucker	York Lions	8.08	
26 Tichina Jones	Windsor Lancers	8.08	
27 Victoria Young	Waterloo	8.12	
28 Emily Goodwin	York Lions	8.14	
29 Jada Akins	Windsor Lancers	8.15	
30 Michelle Corallo	Toronto Blues	8.15	
31 Katie Zohorsky	Western Mustan;	8.20	
32 Katie Falla	MAC Maurders	8.22	
33 Nicolette Witherspoon	York Lions	8.24	
34 Madie Wilson-Walker	Western Mustan;	9.44	
35 Leah Robinson	Guelph Gryphon	9.65	

Event 2 Men 60 Meter Dash University (50) Prelims

Meet: 6.68 1983		Desai Williams	
CIS Standard: 6.85			
Name	Team	Seed Time	
1 Kyle Thompson	Guelph Gryphon	6.78	
2 Mohamed Yassin	Waterloo	6.86	
3 Tyler Macleod	Uwindsorac	6.89	

4 Matt Creelman	Guelph Gryphon	6.94
5 Kristian Benjamin	Guelph Gryphon	6.95
6 Alexander Lau	Toronto Blues	6.96
7 Jayden Kelly	Guelph Gryphon	6.96
8 Jaiden Brown	Windsor Lancers	6.97
9 Keysean Powell	Guelph Gryphon	7.00
10 Tyler Hopkins	Windsor Lancers	7.00
11 Kyle Sinden	Guelph Gryphon	7.00
12 Graeme Thompson	Guelph Gryphon	7.00
13 Jason Richards	Guelph Gryphon	7.01
14 Matt McKeegan	Windsor Lancers	7.01
15 Demari Grant	York Lions	7.04
16 Ramzi Abdulahi	Western Mustan;	7.05
17 Austin Marchese	Guelph Gryphon	7.05
18 Xavier Jehovah	York Lions	7.07
19 Taylor Stewart	London Weste	7.08
20 Sesan Akerewusi	Windsor Lancers	7.10
21 Alec Pichelli	York Lions	7.10
22 Nikye Atherden	Western Mustan;	7.10
23 Chris Kramer	Windsor Lancers	7.10
24 Zeon Bass	York Lions	7.10
25 Kofi Kwarko-Fosu	Waterloo TC	7.11
26 Matthew Chan	Western Mustan;	7.15
27 Wyatt Werner	Windsor Lancers	7.15
28 James Kanu	Toronto Blues	7.15
29 Seyi Alao	Waterloo	7.16
30 Michael Puhalla	Usatf-Mi	7.19
31 Alex Salytchev	Western Mustan;	7.20
32 Jordan Beaulieu	Western Mustan;	7.20
33 Quinn Charles	York Lions	7.20
34 Justin Rempillo	Windsor Lancers	7.20
35 Niklas Rippon	VfL Sindelfi	7.21
36 Anthony Kwan	Toronto Blues	7.22
37 Mukonka Siakalenge	York Lions	7.23
38 Peter Collier	Toronto Blues	7.25
39 Locky Butcher	Western Mustan;	7.25
40 Ross Johnston	Western Mustan;	7.26
41 Jacob Gareau	MAC Maurders	7.27
42 Paulo Miguel	Waterloo	7.28
43 Conor Fanning	Burlington T	7.30
44 Puwayi Chinoda	York Lions	7.30
45 Michael Paisley	Western Mustan;	7.30
46 Ben McDonald	Toronto Blues	7.35
47 Tanner Sleep	Windsor Lancers	7.35
48 Joerg Ahne	Waterloo	7.36
49 Daniele Orsini	York Lions	7.39
50 Sam Fennell	Western Mustan;	7.40



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 3 Women 300 Meter Dash University (44)

Meet: 38.62 1994 **Beverly Grant/Alicia Brown**
CIS Standard: 39.81

Name	Team	Seed Time
1 Naomi Lance	Waterloo TC	38.90
2 Charifa Labarang	Ottawa GeeGee	39.00
3 Katrina Innanen	Toronto Blues	39.58
4 Jenna Smith	Guelph Gryphon	39.80
5 Mikeisha Bobb	York Lions	40.00
6 Nicole Smith	Guelph Gryphon	40.41
7 Lauren D'Agnolo	Guelph Gryphon	40.78
8 Tess Hamilton	Guelph Gryphon	41.00
9 Courtney Dwyer	York Lions	41.00
10 Natalie Topp	Western Mustangs	41.07
11 Tiana Sinnatamby	Guelph Gryphon	41.09
12 Courtney Rivait	Windsor Lancers	41.30
13 Jenny Carrique	Waterloo	41.30
14 Alexia Lamothe	Windsor Lancers	41.30
15 Caroline Stricelj	Western Mustangs	41.32
16 Jermeka Castello	Etobicoke TR	41.40
17 Stephanie Shaw	Windsor Lancers	41.50
18 Mariah Wilson	Windsor Lancers	41.60
19 Jada Akins	Windsor Lancers	41.75
20 Carolyn Adams	Toronto Blues	41.80
21 Tichina Jones	Windsor Lancers	41.90
22 Jasmine Hurst	Windsor Lancers	42.00
23 Chloe Spear	Guelph Gryphon	42.00
24 Kristy Hodgins	Windsor Lancers	42.00
25 Rachel Bronzovich	Waterloo	42.00
26 Chante Burnett	Western Mustangs	42.06
27 Emily Goodwin	York Lions	42.10
28 Kelsi Darmon	Waterloo	42.40
29 Courtney Langille	Western Mustangs	42.46
30 Kelly Hodgins	Windsor Lancers	42.50
31 Shania Payne	York Lions	42.50
32 Heneisha Christie	York Lions	42.50
33 Bella Efremenko	Toronto Blues	42.50
34 Nicolette Witherspoon	York Lions	42.57
35 Daniella Castello	Western Mustangs	42.96
36 Tegan Sauer	Waterloo	43.00
37 Ally Gonzalez	Western Mustangs	43.20
38 Katie Falla	MAC Maurders	43.90
39 Hailey McKechnie	Western Mustangs	44.00
40 Monique Simon-Tucker	York Lions	44.08
41 Alexandra McLean	Toronto Blues	44.30
42 Emily Rekrut-Pressey	Toronto Blues	44.50
43 Madie Wilson-Walker	Western Mustangs	51.39

44 Leah Robinson Guelph Gryphon 51.50

Event 4 Men 300 Meter Dash University (41)

Meet: 33.89 1993 **Anthony Price**
CIS Standard: 34.50

Name	Team	Seed Time
1 Rayshaun Franklin	Toronto Blues	33.76
2 Brandon Shirk	Guelph Gryphon	34.55
3 Ramzi Abdulahi	Western Mustangs	34.68
4 Mohamed Yassin	Waterloo	34.80
5 Xavier Jehovah	York Lions	35.30
6 Jack Berkshire	Toronto Blues	35.40
7 Zeon Bass	York Lions	35.40
8 Chris Kramer	Windsor Lancers	35.49
9 Jaiden Brown	Windsor Lancers	35.50
10 Kristian Benjamin	Guelph Gryphon	35.59
11 Alexander Augimeri	Toronto Blues	35.60
12 Tyler Hopkins	Windsor Lancers	35.75
13 Rostam Turner	Toronto Blues	35.80
14 Jalen Pidlubny	York Lions	35.80
15 Josh Lorentz	Waterloo	35.80
16 Nathan Egert	Guelph Gryphon	35.83
17 Matt McKeegan	Windsor Lancers	35.85
18 Davis Edward	Guelph Gryphon	35.90
19 Charles Sutton	Toronto Blues	35.95
20 Ildemaro Ponnambalam	Windsor Lancers	36.20
21 Alec Pichelli	York Lions	36.20
22 Philippe Johns	Toronto Blues	36.40
23 Owen Babcock	Waterloo	36.45
24 Daniele Orsini	York Lions	36.51
25 Kostas Renieris	Toronto Blues	36.80
26 Demari Grant	York Lions	36.80
27 Alex Marchand	Windsor Lancers	36.80
28 Keagan Croley	Western Mustangs	36.80
29 Sheldon Bernard	Toronto Blues	36.90
30 Luke Hannam	Guelph Gryphon	36.90
31 Brendan Forde	Western Mustangs	36.92
32 Mitchell Paterson	Windsor Lancers	37.00
33 Sesan Akerewusi	Windsor Lancers	37.00
34 Nikye Atherden	Western Mustangs	37.00
35 Paulo Miguel	Waterloo	37.10
36 Tanner Sleep	Windsor Lancers	37.25
37 Adnan Hafiz-Zadeh	Western Mustangs	37.91
38 Jordan Mabbott	Western Mustangs	37.92
39 Seyi Alao	Waterloo	38.00
40 Aaser Sadek	Western Mustangs	38.13
41 Puwayi Chinoda	York Lions	39.50



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 5 Women 600 Meter Run University (14)

Meet: 1:30.58 1985 Molly Killingbeck			
CIS Standard: 1:32.08			
Name	Team	Seed Time	
1	Kate Current	Western Mustan;	1:33.50
2	Gillian Ceyhan	Toronto Blues	1:34.80
3	Sarah Kwajafa	Toronto Blues	1:35.20
4	Rachel Bronzovich	Waterloo	1:35.90
5	Jenna Freeman	Western Mustan;	1:36.00
6	Ally Gonzalez	Western Mustan;	1:36.20
7	Sarah Welch	Guelph Gryphon	1:36.50
8	Stephanie Shaw	Windsor Lancers	1:36.50
9	Alison Robinson	Windsor Lancers	1:37.00
10	Sydney Currier	Toronto Blues	1:37.00
11	Danielle Nardi	Western Mustan;	1:38.50
12	Mikayla Hewitt	Western Mustan;	1:40.00
13	Natasha Charbenneau	Windsor Lancers	1:49.00
14	Bridget Taylor	Windsor Lancers	1:52.00

Event 6 Men 600 Meter Run University (22)

Meet: 1:19.28 1982 Kevin Jones			
CIS Standard: 1:19.72			
Name	Team	Seed Time	
1	Thomas Land	Guelph Gryphon	1:19.00
2	Triphon Moodie	Western Mustan;	1:20.00
3	Alexander Bimm	Toronto Blues	1:21.00
4	Taylor Lyman	Guelph Gryphon	1:22.50
5	Mac Campbell	Western Mustan;	1:22.50
6	Brendan Costello	Western Mustan;	1:23.00
7	Levi Fretz	Guelph Gryphon	1:23.00
8	Travis Moore	Western Mustan;	1:23.00
9	Mitchell Paterson	Windsor Lancers	1:23.00
10	Nathaniel Meadows	Waterloo	1:23.10
11	Ryley Mehta	Western Mustan;	1:23.50
12	Simon Quann	Guelph Gryphon	1:23.50
13	Logan Strasser	Western Mustan;	1:23.50
14	Matthew Ryckman	Western Mustan;	1:24.00
15	Matt Fouzie	York Lions	1:24.00
16	Chris Hutton	Guelph Gryphon	1:24.50
17	Adam Sghaier	Windsor Lancers	1:25.00
18	Brock Martin	York Lions	1:26.00
19	Ildemaro Ponnambalam	Windsor Lancers	1:26.00
20	Daniel Rosen	Windsor Lancers	1:27.00
21	Brendan McCarthy	Windsor Lancers	1:27.00
22	Bartosz Antczak	Waterloo	1:27.95

Event 7 Women 1000 Meter Run University (14)

Meet: 2:45.07 2015 Sasha Gollish			
CIS Standard: 2:47.16			
Name	Team	Seed Time	
1	Madeleine Kelly	Toronto Blues	2:47.00
2	Stafford Lucia	Toronto Blues	2:47.00
3	Katelyn Ayers	Guelph Gryphon	2:47.00
4	Sophia Watts	Guelph Gryphon	2:48.00
5	Charlotte Ward	Guelph Gryphon	2:49.00
6	Jazz Shukla	Toronto Blues	2:49.00
7	Cheryse Mitton	Guelph Gryphon	2:50.00
8	Emily Gordon	Guelph Gryphon	2:53.00
9	Dana Earhart	Guelph Gryphon	2:58.00
10	Rachel Crawley	Windsor Lancers	3:02.00
11	Francesca Maltais	Guelph Gryphon	3:03.00
12	Samantha Ireland	Windsor Lancers	3:08.00
13	Chelsea Salter	Windsor Lancers	3:08.00
14	Fiona Rocheleau	Windsor Lancers	3:10.00

Event 8 Men 1000 Meter Run University (12)

Meet: 2:25.33 2014 Alex Ullman			
CIS Standard: 2:25.26			
Name	Team	Seed Time	
1	Mostafa Elkurdy	Guelph Gryphon	2:26.50
2	Jeffrey Thornber	Guelph Gryphon	2:26.50
3	Andrew Leblanc	Guelph Gryphon	2:28.50
4	Caleb Main	Guelph Gryphon	2:30.00
5	Noah Defreyne	Toronto Blues	2:30.50
6	Justin Spalvieri	Unattached	2:31.00
7	Joe Kagumba	Windsor Lancers	2:33.00
8	Hadi El-Shayeb	Waterloo	2:35.00
9	Akiva Goldberg	Waterloo	2:35.00
10	Josh Ziles	Windsor Lancers	2:40.00
11	Mitchell Heynik	Windsor Lancers	2:40.00
12	Nathan Outridge	Windsor Lancers	3:40.00

Event 9 Women 1500 Meter Run University (14)

Meet: 4:17.91 2016 Melissa Bishop			
CIS Standard: 4:27.34			
Name	Team	Seed Time	
1	Kristina Popadich	Western Mustan;	4:30.00
2	Danielle Jossinet	Guelph Gryphon	4:33.00
3	Meredith Leitch	Western Mustan;	4:35.00
4	Amy Stephenson	Western Mustan;	4:35.00
5	Stefanie Smith	Windsor Lancers	4:35.00
6	Katherine Lampard	Western Mustan;	4:35.00
7	Christiana Agustin	Toronto Blues	4:39.00



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 9 ... (Women 1500 Meter Run University (14))

Name	Team	Seed Time
8 Charlotte Dunlap	Toronto Blues	4:42.00
9 Eartha Weber	Toronto Blues	4:45.00
10 Kelsey Serviss	Guelph Gryphon	4:45.00
11 Sydney Hawkins	Windsor Lancers	4:50.00
12 Hayley Dick	Western Mustangs	4:55.00
13 Chelsea Viselli	Windsor Lancers	4:55.00
14 Lauren Fisico	Windsor Lancers	5:05.00

Event 10 Men 1500 Meter Run University (45)

Meet: 3:50.48 2016		Sacha Smart
CIS Standard: 3:49.73		
Name	Team	Seed Time
1 Alex Ullman	Windsor Lancers	3:49.00
2 Sacha Smart	Toronto Blues	3:50.00
3 Jack Sheffar	Western Mustangs	3:50.00
4 Styba Michael	UTTC	3:51.90
5 Ben Devito	Toronto Blues	3:51.90
6 Mark Patton	Guelph Gryphon	3:52.00
7 Hunter Andrin	London Weste	3:52.00
8 Nick MacMackin	Windsor Lancers	3:53.00
9 Connor Black	Guelph Gryphon	3:54.00
10 Taylor McArthur	Windsor Lancers	3:54.00
11 Thomas Kemp	Guelph Gryphon	3:55.00
12 Muhumed Sirage	Western Mustangs	3:55.00
13 Brayden Seneca	Guelph Gryphon	3:55.00
14 Chris Balestrini	Western Mustangs	3:55.00
15 Phil Parrot-Migas	Unattached O	3:55.00
16 Ben Carson	Western Mustangs	3:55.00
17 Miles Avalos	Western Mustangs	3:56.00
18 Liam Stiles	Guelph Gryphon	3:56.00
19 Matt Sheeler	Western Mustangs	3:56.00
20 Benjamin Workman	Guelph Gryphon	3:57.00
21 Craig Klomp	Toronto Blues	3:58.00
22 Robert Lawand	Toronto Blues	3:58.00
23 Kyle Madden	Guelph Gryphon	3:58.00
24 Lewis Kent	Unattached O	3:58.00
25 Nick D'Alessandro	Windsor Lancers	3:58.00
26 Nebel Andrew	Windsor Lancers	3:58.00
27 Ciaran Callaghan	Western Mustangs	3:58.00
28 Andrew Nebel	Windsor Lancers	3:58.00
29 Brady Graves	Guelph Gryphon	3:58.00
30 Josh Kellier	Guelph Gryphon	3:58.00
31 Shawn Master	Windsor Lancers	3:59.00
32 Jeremy Hick	Windsor Lancers	3:59.00
33 Adam Clayton	Western Mustangs	4:00.00
34 Miles Matthews	Windsor Lancers	4:00.00

35 Andrew Shepherd	Guelph Gryphon	4:00.00
36 Isaiah Fernandes	Western Mustangs	4:00.00
37 Yousuf Lehay	Toronto Blues	4:02.00
38 Peter Quosai	Guelph Gryphon	4:02.00
39 Samuel Kinahan	Toronto Blues	4:03.00
40 Mitch Cauchi	Windsor Lancers	4:04.00
41 Jacob Rothera	Windsor Lancers	4:05.00
42 Josh Martin	Windsor Lancers	4:05.00
43 Adam Tait	Windsor Lancers	4:07.00
44 Patrick Matthew	Unattached	4:20.00
45 Lance Tofflemire	Windsor Lancers	NT

Event 11 Women 3000 Meter Run University (4)

Meet: 9:36.15 2015		Heather Petrick
CIS Standard: 9:34.41		
Name	Team	Seed Time
1 Amy Stephenson	Western Mustangs	9:50.00
2 Danielle Jossinet	Guelph Gryphon	9:50.00
3 Kelsey Serviss	Guelph Gryphon	10:05.00
4 Stephaney Hortian	Laurel Creek	10:13.00

Event 12 Men 3000 Meter Run University (21)

Meet: 8:15.19 2015		Aaron Hendrikx
CIS Standard: 8:16.18		
Name	Team	Seed Time
1 Nicholas Falk	Uwindsorac	8:20.00
2 Chris Balestrini	Western Mustangs	8:20.00
3 Phil Parrot-Migas	Unattached O	8:23.00
4 Connor Black	Guelph Gryphon	8:25.00
5 Brayden Seneca	Guelph Gryphon	8:25.00
6 Mark Patton	Guelph Gryphon	8:25.00
7 Benjamin Workman	Guelph Gryphon	8:25.00
8 Taylor McArthur	Windsor Lancers	8:27.00
9 Adam Hortian	Laurel Creek	8:27.22
10 Kyle Madden	Guelph Gryphon	8:32.00
11 Josh Kellier	Guelph Gryphon	8:32.00
12 Andrew Shepherd	Guelph Gryphon	8:32.00
13 Brady Graves	Guelph Gryphon	8:32.00
14 Shane Roberts	Western Mustangs	8:40.00
15 Liam Stiles	Guelph Gryphon	8:45.00
16 Thomas Devries	Western Mustangs	8:45.00
17 Peter Quosai	Guelph Gryphon	8:48.00
18 Adam Clayton	Western Mustangs	8:50.00
19 Isaiah Fernandes	Western Mustangs	8:50.00
20 Rob Demarco	Windsor Lancers	9:10.00
21 Patrick Matthew	Unattached	9:15.00



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 13 Women 60 Meter Hurdles University (20) Prelims

Meet: 8.10 2016		Nikkita Holder	
CIS Standard: 8.53			
Name	Team	Seed Time	
1 Sarah Hammond	Guelph Gryphon	8.44	
2 Joy Spear Chief-Morris	Western Mustangs	8.47	
3 Hailey Hitchings	Guelph Gryphon	8.49	
4 Shaylyn Kowalchuk	Excel Athlet	8.80	
5 Emma Nero	Guelph Gryphon	8.80	
6 Alexia Lamothe	Windsor Lancers	8.80	
7 Mikeisha Bobb	York Lions	8.83	
8 Jasmine Hurst	Windsor Lancers	8.90	
9 Courteney Rivait	Windsor Lancers	8.90	
10 Heneisha Christie	York Lions	9.20	
11 Katie Zohorsky	Western Mustangs	9.20	
12 Kaleigh Hole	Western Mustangs	9.20	
13 Rheanna Bulten	Toronto Blues	9.30	
14 Pantea Saboni	Western Mustangs	9.50	
15 Zarrisa Storm	Western Mustangs	9.50	
16 Hailey McKechnie	Western Mustangs	9.58	
17 Louise Bunce	Western Mustangs	9.70	
18 Madeline Rampton	Western Mustangs	9.80	
19 Oonagh Webster	Windsor Lancers	9.90	
20 Jasmin Kerr	Windsor Lancers	10.00	

Event 14 Men 60 Meter Hurdles University (13) Prelims

Meet: 7.91 2015		Greg Macneill	
CIS Standard: 8.18			
Name	Team	Seed Time	
1 Gregory MacNeill	Guelph Gryphon	8.05	
2 Locky Butcher	Western Mustangs	8.30	
3 Anthony Kwan	Toronto Blues	8.40	
4 Conor Fanning	Burlington T	8.49	
5 Paulo Miguel	Waterloo	8.54	
6 Ross Johnston	Western Mustangs	8.60	
7 Mark Emode	Guelph Gryphon	8.70	
8 Shawn Beaudoin	Guelph Gryphon	8.70	
9 Philippe Johns	Toronto Blues	8.75	
10 Ryan Dooley	Western Mustangs	8.80	
11 Wyatt Werner	Windsor Lancers	8.90	
12 Michael Paisley	Western Mustangs	9.00	
13 Sam Fennell	Western Mustangs	9.10	

Event 15 Women 4x200 Meter Relay University (12)

Meet: 1:39.98 1983			
CIS Standard: 1:41.88			
Team	Relay	Seed Time	
1 Guelph Gryphons	A	1:39.00	
2 Western Mustangs	A	1:40.10	
3 Windsor Lancers	A	1:41.00	
4 Guelph Gryphons	B	1:41.25	
5 Windsor Lancers	C	1:42.00	
6 Waterloo	A	1:42.00	
	1) Sian Smart	2) Jenny Carrique	
	3) Kelsi Darmon	4) Tegan Sauer	
7 Windsor Lancers	B	1:42.00	
8 Toronto Blues	A	1:42.50	
9 Western Mustangs	B	1:43.50	
10 York Lions	A	1:44.00	
11 York Lions	B	1:47.00	
12 Toronto Blues	B	1:48.00	

Event 16 Men 4x200 Meter Relay University (12)

Meet: 1:28.48 1983			
CIS Standard: 1:29.22			
Team	Relay	Seed Time	
1 Windsor Lancers	A	1:28.00	
2 Guelph Gryphons	A	1:28.50	
3 Toronto Blues	A	1:29.10	
4 Guelph Gryphons	B	1:29.50	
5 Western Mustangs	A	1:29.50	
6 York Lions	A	1:30.50	
7 Windsor Lancers	B	1:30.50	
8 Waterloo	A	1:31.00	
	1) Mohamed Yassin	2) Joerg Ahne	
	3) Josh Lorentz	4) Owen Babcock	
9 Windsor Lancers	C	1:31.50	
10 Western Mustangs	B	1:32.00	
11 Toronto Blues	B	1:32.50	
12 York Lions	B	1:33.00	

Event 17 Women 4x400 Meter Relay University (8)

Meet: 3:44.85 2016		Windsor Select	
N Sassine, N Montcalm, H Kurpe, M Bishop			
CIS Standard: 3:51.96			
Team	Relay	Seed Time	
1 Guelph Gryphons	B	3:50.00	
2 Toronto Blues	A	3:50.00	
3 Guelph Gryphons	A	3:58.00	
4 York Lions	A	4:00.00	



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 17 ... (Women 4x400 Meter Relay University (8))

Team	Relay	Seed Time
5 Toronto Blues	B	4:01.00
6 Waterloo	A	X4:02.00
1) Rachel Bronzovich	2) Jenny Carrique	
3) Kelsi Darmon	4) Tegan Sauer	
7 Western Mustangs	A	4:05.00
8 Toronto Blues	C	4:05.00

Event 18 Men 4x400 Meter Relay University (10)

Meet: 3:19.60 1982		
CIS Standard: 3:20.13		
Team	Relay	Seed Time
1 Toronto Blues	A	3:16.00
2 Guelph Gryphons	B	3:18.00
3 Western Mustangs	A	3:20.00
4 Guelph Gryphons	A	3:22.00
5 Toronto Blues	B	3:23.00
6 York Lions	A	3:23.00
7 Waterloo	A	3:23.50
1) Josh Lorentz	2) Nathaniel Meadows	
3) Owen Babcock	4) Bartosz Antczak	
8 Western Mustangs	B	3:24.00
9 York Lions	B	3:26.00
10 Toronto Blues	C	3:32.00

Event 19 Women 4x800 Meter Relay University (7)

Meet: 8:50.52 2015 University of Toronto		
R Jewett, M Kelly, G Ceyhan, G Stafford		
CIS Standard: 9:04.68		
Team	Relay	Seed Time
1 Toronto Blues	A	8:48.00
2 Guelph Gryphons	B	8:55.00
3 Western Mustangs	A	9:00.00
4 Toronto Blues	B	9:10.00
5 Guelph Gryphons	A	9:15.00
6 Western Mustangs	B	9:20.00
7 Windsor Lancers	A	9:30.00

Event 20 Men 4x800 Meter Relay University (11)

Meet: 7:35.42 2015 University of Windsor		
P Lamarra, T McArthur, C Bellemore, A Ullman		
CIS Standard: 7:40.86		
Team	Relay	Seed Time
1 Toronto Blues	A	7:39.00
2 Windsor Lancers	A	7:40.00
3 Guelph Gryphons	B	7:40.00
4 Western Mustangs	A	7:42.00

5 Guelph Gryphons	A	7:50.00
6 Western Mustangs	B	7:50.00
7 Toronto Blues	B	7:59.00
8 Windsor Lancers	B	7:59.00
9 Waterloo	A	8:00.00
1) Nathaniel Meadows	2) Hadi El-Shayeb	
3) Akiva Goldberg	4) Bartosz Antczak	
10 Windsor Lancers	C	8:04.00
11 Windsor Lancers	D	8:12.00

Event 21 Women High Jump University (19)

Meet: 1.80m 2003 Kristen Matthews			
CIS Standard: 1.72m			
Name	Team	Seed	Mark
1 Kaleigh Hole	Western Mustangs	1.70m	
2 Danielle Delage	Toronto Blues	1.70m	
3 Gabby Marton	Guelph Gryphon	1.65m	
4 Devyn Mackenzie	Western Mustangs	1.65m	
5 Shaelyn Laurie	Western Mustangs	1.65m	
6 Kayla Greenberg	Toronto Blues	1.60m	
7 Zarria Storm	Western Mustangs	1.60m	
8 Reena Francis	Western Mustangs	1.60m	
9 Carolyn Adams	Toronto Blues	1.60m	
10 Jade Peters	Guelph Gryphon	1.60m	
11 Jennifer Lesurf	Toronto Blues	1.60m	
12 Olivia Grimshaw	Windsor Lancers	1.55m	
13 Madeline Rampton	Western Mustangs	1.55m	
14 Victoria Young	Waterloo	1.55m	
15 Emily Loebach	Windsor Lancers	1.55m	
16 Brenna Hamel	Toronto Blues	1.55m	
17 Jasmin Kerr	Windsor Lancers	1.55m	
18 Laura Acton	Windsor Lancers	1.50m	
19 Oonagh Webster	Windsor Lancers	1.40m	

Event 22 Men High Jump University (14)

Meet: 2.16m 2014 Branden Wilhelm			
CIS Standard: 2.09m			
Name	Team	Seed	Mark
1 Sean Cate	Guelph Gryphon	2.15m	
2 Locky Butcher	Western Mustangs	2.00m	
3 Jonathan Yue	Toronto Blues	1.95m	
4 Drew Schulz	Guelph Gryphon	1.95m	
5 Nathan Tesfu	Toronto Blues	1.95m	
6 James Elson	Toronto Blues	1.95m	
7 Trevor Way	Windsor Lancers	1.95m	
8 Bleska Kambamba	Western Mustangs	1.93m	
9 Mark Emode	Guelph Gryphon	1.90m	
10 Justice Archer	Guelph Gryphon	1.90m	



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 22 ... (Men High Jump University (14))

Name	Team	Seed Mark
11 Shawn Beaudoin	Guelph Gryphon	1.90m
12 Cai Kellier	Windsor Lancers	1.85m
13 Mitch Long	Windsor Lancers	1.80m
14 Michael Paisley	Western Mustan;	1.75m

Event 23 Women Pole Vault University (13)

Meet: 4.13m 2015 Robin Bone		
CIS Standard: 3.81m		
Name	Team	Seed Mark
1 Robin Bone	Western Mustan;	4.00m
2 Rachael Wolfs	Windsor Lancers	3.80m
3 Brittany Salmon	Toronto Blues	3.70m
4 Tess Hamilton	Guelph Gryphon	3.60m
5 Alison Fung	Guelph Gryphon	3.60m
6 Lynton Lam	Western Mustan;	3.50m
7 Ashley Stoyanovich	Western Mustan;	3.50m
8 Amanda Reid	Western Mustan;	3.40m
9 Sarah Csmorek	Toronto Blues	3.30m
10 Reena Francis	Western Mustan;	3.30m
11 Jessica Simpson	Windsor Lancers	3.20m
12 Alyce Simoes	Guelph Gryphon	3.20m
13 Emily Loebach	Windsor Lancers	3.10m

Event 24 Men Pole Vault University (17)

Meet: 5.61m 2008 Russ Buller		
CIS Standard: 4.84m		
Name	Team	Seed Mark
1 Sam Adams	York Lions	5.00m
2 Jason Clare	York Lions	4.80m
3 Taylor Stewart	London Weste	4.70m
4 Milos Savic	Windsor Lancers	4.60m
5 Thomas Wiegl	Guelph Gryphon	4.60m
6 Daniel Gleason	Western Mustan;	4.60m
7 Christopher Waugh	Windsor Lancers	4.60m
8 Rostam Turner	Toronto Blues	4.50m
9 Brian Choja	Western Mustan;	4.50m
10 Graham Pitfield	Guelph Gryphon	4.50m
11 Alexander Lau	Toronto Blues	4.40m
12 Emil Larsson	Toronto Blues	4.30m
13 Eric Cowan	Western Mustan;	4.30m
14 Devan Primeau	Windsor Lancers	4.30m
15 Nick Christopher	Western Mustan;	4.20m
16 Cole Zanchetta	Western Mustan;	4.20m
17 Brett Page	Windsor Lancers	4.00m

Event 25 Women Long Jump 2 Flights University (26)

Meet: 6.36m 2007 Tabia Charles		
CIS Standard: 5.90m		
Name	Team	Seed Mark
1 Holly Pitters	York Lions	6.02m
2 Julia Stille	UTTC	5.80m
3 Omahen Emily	Windsor Lancers	5.75m
4 Katie Flemington	Western Mustan;	5.70m
5 Allie King	Western Mustan;	5.50m
6 Clare Thompson	Guelph Gryphon	5.45m
7 Kerry-Ann James	Toronto Blues	5.45m
8 Natalie Coughlin	Windsor Lancers	5.40m
9 Vanessa Oliver	Guelph Gryphon	5.40m
10 Erin Young	Guelph Gryphon	5.40m
11 Marissa Dubois	Guelph Gryphon	5.35m
12 Lynton Lam	Western Mustan;	5.30m
13 Laura Amoi	Toronto Blues	5.25m
14 Paige Doyle	Western Mustan;	5.20m
15 Jushvina Mohan	Western Mustan;	5.20m
16 Amanda Reid	Western Mustan;	5.20m
17 Ashley Stoyanovich	Western Mustan;	5.20m
18 Stella Isaac	York Lions	5.18m
19 Oonagh Webster	Windsor Lancers	5.10m
20 Bailey Francis	York Lions	5.06m
21 Riley Dane	Western Mustan;	5.00m
22 Annie Maslak	Western Mustan;	5.00m
23 Emily Bowerman	Guelph Gryphon	5.00m
24 Robin Bone	Western Mustan;	5.00m
25 Jasmin Kerr	Windsor Lancers	4.90m
26 Louise Bunce	Western Mustan;	4.60m

Event 26 Men Long Jump 2 Flights University (21)

Meet: 7.60m 2012 Taylor Stewart		
CIS Standard: 7.14m		
Name	Team	Seed Mark
1 Arren Young	Project Athl	7.61m
2 Joerg Ahne	Waterloo	7.15m
3 Jonathan Balogun	Western Mustan;	7.10m
4 Nick Fyffe	York Lions	7.00m
5 Riley Bell	Western Mustan;	7.00m
6 Rostam Turner	Toronto Blues	6.90m
7 Daniel Gayle	Western Mustan;	6.80m
8 Justice Archer	Guelph Gryphon	6.80m
9 Peter Collier	Toronto Blues	6.70m
10 Destin Gardner	Windsor Lancers	6.65m
11 Angelo Bortolin	Windsor Lancers	6.60m
12 Justin Rempillo	Windsor Lancers	6.55m



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 26 ... (Men Long Jump 2 Flights University (21))

Name	Team	Seed Mark
13 Scott Billings	Western Mustan;	6.50m
14 Mitch Long	Windsor Lancers	6.50m
15 Irwin Bramao	Windsor Lancers	6.45m
16 Augustine Soga	Windsor Lancers	6.35m
17 Mukonka Siakalenge	York Lions	6.33m
18 Shawn Beaudoin	Guelph Gryphon	6.30m
19 Ryan Mitra	York Lions	6.15m
20 Sam Fennell	Western Mustan;	6.10m
21 Andre Khayat	Windsor Lancers	6.00m

Event 27 Women Triple Jump University (15)

Meet: 12.87m 2012		Patricia Sylvester	
CIS Standard: 11.95m			
Name	Team	Seed Mark	
1 Caroline Ehrhardt	London Weste	13.29m	
2 Julia Stille	UTTC	12.50m	
3 Jordan Bates	Guelph Gryphon	11.90m	
4 Kerry-Ann James	Toronto Blues	11.70m	
5 Jade Peters	Guelph Gryphon	11.50m	
6 Clare Thompson	Guelph Gryphon	11.50m	
7 Vanessa Oliver	Guelph Gryphon	11.50m	
8 Laura Amoi	Toronto Blues	11.40m	
9 Brenna Hamel	Toronto Blues	11.30m	
10 Bailey Francis	York Lions	11.23m	
11 Marissa Dubois	Guelph Gryphon	11.00m	
12 Riley Dane	Western Mustan;	11.00m	
13 Jushvina Mohan	Western Mustan;	10.90m	
14 Annie Maslak	Western Mustan;	10.80m	
15 Paige Doyle	Western Mustan;	10.80m	

Event 28 Men Triple Jump University (8)

Meet: 15.20m 2001		Chris Martin	
CIS Standard: 14.52m			
Name	Team	Seed Mark	
1 Richard Jansen	York U TC	14.60m	
2 Jonathan Balogun	Western Mustan;	14.00m	
3 Riley Bell	Western Mustan;	14.00m	
4 Angelo Bortolin	Windsor Lancers	13.85m	
5 Scott Billings	Western Mustan;	13.50m	
6 Mukonka Siakalenge	York Lions	13.27m	
7 Augustine Soga	Windsor Lancers	13.00m	
8 Andre Khayat	Windsor Lancers	12.50m	

Event 29 Women Shot Put University (22)

Meet: 15.73m 1984		Vivian Fisher	
CIS Standard: 13.61m			
Name	Team	Seed Mark	
1 Sarah Mitton	Windsor Lancers	14.80m	
2 Ashley Connell	Guelph Gryphon	14.50m	
3 Brooke Hoxar-Moore	Western Mustan;	14.30m	
4 Leanna Garcia	Windsor Lancers	13.54m	
5 Stephanie Shepard	Western Mustan;	13.00m	
6 Beth Kester	Windsor Lancers	12.79m	
7 Emily Good	Western Mustan;	12.70m	
8 Kaitlin Brooks	York Lions	12.67m	
9 Ekua Cudjoe	Toronto Blues	12.20m	
10 Kaleigh Hole	Western Mustan;	12.00m	
11 Ashley Amofah	Western Mustan;	12.00m	
12 Hailey Wolfgram	Western Mustan;	11.50m	
13 Ainslie Timmons	Western Mustan;	11.50m	
14 Carolyn Adams	Toronto Blues	10.70m	
15 Jill Van Damme	Windsor Lancers	10.50m	
16 Brindley Jantzi	Western Mustan;	10.50m	
17 Stephanie Sarasellas	Guelph Gryphon	9.00m	
18 Louise Bunce	Western Mustan;	9.00m	
19 Rheanna Bulten	Toronto Blues	8.40m	
20 Emily Bowerman	Guelph Gryphon	8.30m	
21 Madeline Rampton	Western Mustan;	8.00m	
22 Victoria Young	Waterloo	ND	

Event 30 Men Shot Put University (17)

Meet: 17.68m 2013		Tim Hendry	
CIS Standard: 16.38m			
Name	Team	Seed Mark	
1 Eli Pawliw	Windsor Lancers	16.40m	
2 Jared Skeath	Guelph Gryphon	16.00m	
3 Taylor Stewart	London Weste	14.84m	
4 Brett Boersma	Windsor Lancers	14.70m	
5 Mackenzie Josie	Guelph Gryphon	14.50m	
6 Andrew Vermette	Windsor Lancers	14.50m	
7 Ezana Dealkew	Toronto Blues	14.30m	
8 Stuart Cameron	Western Mustan;	14.00m	
9 Rostam Turner	Toronto Blues	13.50m	
10 Matthew Bartoletta	Guelph Gryphon	13.40m	
11 Mark Emode	Guelph Gryphon	13.00m	
12 Nick Earle	Guelph Gryphon	12.60m	
13 Locky Butcher	Western Mustan;	12.00m	
14 Aaron Gebhardt	Guelph Gryphon	11.77m	
15 Michael Paisley	Western Mustan;	11.00m	
16 Sam Fennell	Western Mustan;	11.00m	



36th Annual Can Am Track Classic
St. Denis Centre, University of Windsor
Performance List

Event 30 ... (Men Shot Put University (17))

	Name	Team	Seed Mark
17	Andrius Balsas	Guelph Gryphon	11.00m

Event 31 Women Weight Throw University (14)

Meet: 18.12m 2016		Brittany Crew	
CIS Standard: 17.02m			
	Name	Team	Seed Mark
1	Ekua Cudjoe	Toronto Blues	17.50m
2	Jordana Badley-Castello	Sisu Throws	17.00m
3	Ashley Connell	Guelph Gryphon	16.70m
4	Jill Van Damme	Windsor Lancers	16.35m
5	Sarah Mitton	Windsor Lancers	15.97m
6	Stephanie Shepard	Western Mustang	14.50m
7	Brindley Jantzi	Western Mustang	14.50m
8	Hannah Diebold	Western Mustang	14.50m
9	Cayla Wood	Windsor Lancers	13.50m
10	Ainslie Timmons	Western Mustang	13.00m
11	Emily Good	Western Mustang	12.00m
12	Ashley Amofah	Western Mustang	12.00m
13	Hailey Wolfgram	Western Mustang	11.50m
14	Stephanie Sarasellas	Guelph Gryphon	11.30m

Event 32 Men Weight Throw University (11)

Meet: 19.45m 2013		Daniel Novia	
CIS Standard: 18.22m			
	Name	Team	Seed Mark
1	Jared Skeath	Guelph Gryphon	19.00m
2	Ezana Debalkew	Toronto Blues	16.50m
3	Eli Pawliw	Windsor Lancers	16.15m
4	Nick Earle	Guelph Gryphon	16.00m
5	Mackenzie Josie	Guelph Gryphon	14.50m
6	Stuart Cameron	Western Mustang	14.00m
7	Jeral Doyley	Windsor Lancers	13.50m
8	John Reston	Windsor Lancers	13.50m
9	Andrius Balsas	Guelph Gryphon	12.22m
10	Matthew Bartoletta	Guelph Gryphon	11.00m
11	Aaron Gebhardt	Guelph Gryphon	10.50m

