Session: 1 Track Day 1 Day 1 - Saturday 23/07/2016 - Starts at 02:00 PM

	Evei	nt	Round
2:00 PM	#1	Female 12-15 1200 Meter Run	Finals
2:05 PM	#2	Male 14-15 1200 Meter Run	Finals
2:15 PM	#3	Female 12-15 80 Meter Hurdles 0.76m 30"	Finals
2:20 PM	#200	Outdoor Pentathlon: #1 Female 12-15 80 Meter Hurdl	Finals
2:25 PM	#5	Female 16-17 100 Meter Hurdles 0.76m 30"	Finals
2:30 PM	#201	Heptathlon: #1 Female 16-17 100 Meter Hurdles 76cm	Finals
2:35 PM	#7	Female 18-19 100 Meter Hurdles 0.84m 33"	Finals
2:35 PM	#9	Female 20-34 100 Meter Hurdles 0.84m 33"	Finals
2:40 PM	#4	Male 12-15 100 Meter Hurdles 0.84m 33"	Finals
2:45 PM	#6	Male 16-17 110 Meter Hurdles 0.91m 36"	Finals
2:50 PM	#8	Male 18-19 110 Meter Hurdles 0.99m 39"	Finals
2:55 PM	#10	Male 20-34 110 Meter Hurdles 1.07m 42"	Finals
3:05 PM	#13	Female 14-99 1500 Meter Run	Finals
3:10 PM	#14	Male 14-99 1500 Meter Run	Finals
3:30 PM	#15	Female 12-99 100 Meter Dash	Prelims
3:40 PM	#16	Male 12-99 100 Meter Dash	Prelims
4:05 PM	#17	Female 12-15 300 Meter Dash	Finals
4:10 PM	#18	Male 12-15 300 Meter Dash	Finals
4:15 PM	#19	Female 16-99 400 Meter Dash	Finals
4:20 PM	#20	Male 16-99 400 Meter Dash	Finals
4:40 PM	#15	Female 12-99 100 Meter Dash	Finals
4:50 PM	#16	Male 12-99 100 Meter Dash	Finals
5:05 PM	#201	Heptathlon: #4 Female 16-17 200 Meter Dash	Finals
5:15 PM	#21	Female 14-15 400 Sprint Medley	Finals
5:20 PM	#22	Male 14-15 400 Sprint Medley	Finals
5:30 PM	#23	Female 14-99 4x400 Meter Relay	Finals
5:40 PM	#24	Male 14-99 4x400 Meter Relay	Finals
5:50 PM	#200	Outdoor Pentathlon: #5 Female 12-15 800 Meter Run	Finals

Session: 2 Field Day 1 Day 1 - Saturday 23/07/2016 - Starts at 02:00 PM

	Evei	nt	Round
1:00 PM	#174	Male 12-15 Javelin Throw 600g	Finals
1:00 PM		Male 16-17 Javelin Throw 700g	Finals
2:00 PM		Female 12-99 Long Jump	Finals
2:00 PM		Female 12-15 Shot Put 3kg	Finals
2:00 PM		Female 16-17 Shot Put 3kg	Finals
2:00 PM		Female 18-19 Shot Put 4kg	Finals
2:00 PM	#114	Female 20-34 Shot Put 4kg	Finals
2:00 PM	#115	Female 35-49 Shot Put 4kg	Finals
2:00 PM		Female 60-69 Shot Put 3kg	Finals
2:15 PM	#176	Male 18-19 Javelin Throw 800g	Finals
2:15 PM	#177	Male 20-34 Javelin Throw 800g	Finals
2:15 PM	#178	Male 35-49 Javelin Throw 800g	Finals
2:15 PM	#179	Male 50-59 Javelin Throw 700g	Finals
2:15 PM	#181	Male 70-79 Javelin Throw 500g	Finals
3:00 PM	#200	Outdoor Pentathlon: #2 Female 12-15 High Jump	Finals
3:00 PM	#201	Heptathlon: #2 Female 16-17 High Jump	Finals
3:15 PM	#165	Female 12-15 Javelin Throw 500g	Finals
3:15 PM	#166	Female 16-17 Javelin Throw 500g	Finals
3:15 PM	#167	Female 18-19 Javelin Throw 600g	Finals
3:15 PM	#168	Female 20-34 Javelin Throw 600g	Finals
3:15 PM	#169	Female 35-49 Javelin Throw 600g	Finals
3:15 PM	#170	Female 50-59 Javelin Throw 500g	Finals
3:15 PM	#171	Female 60-69 Javelin Throw 500g	Finals
3:30 PM	#102	Female 18-99 Long Jump	Finals
3:30 PM	#103	Male 12-99 Long Jump	Finals
4:00 PM	#108	Male 12-99 High Jump	Finals
4:15 PM	#129	Female 14-15 Hammer Throw 3kg	Finals
4:15 PM	#130	Female 16-17 Hammer Throw 3kg	Finals
4:15 PM	#131	Female 18-19 Hammer Throw 4kg	Finals
4:15 PM	#132	Female 20-34 Hammer Throw 4kg	Finals
4:15 PM	#133	Female 35-49 Hammer Throw 4kg	Finals
4:15 PM	#134	Female 50-59 Hammer Throw 3kg	Finals
4:15 PM	#135	Female 60-69 Hammer Throw 3kg	Finals
4:15 PM	#200	Outdoor Pentathlon: #3 Female 12-15 Shot Put 3kg	Finals
4:15 PM		Heptathlon: #3 Female 16-17 Shot Put 3kg	Finals
5:00 PM		Male 18-99 Long Jump	Finals
5:00 PM	#200	Outdoor Pentathlon: #4 Female 12-15 Long Jump	Finals
5:15 PM	#138	Male 14-15 Hammer Throw 4kg	Finals
5:15 PM		Male 16-17 Hammer Throw 5kg	Finals
5:15 PM		Male 18-19 Hammer Throw 6kg	Finals
5:15 PM		Male 20-34 Hammer Throw 7.26kg	Finals
5:15 PM		Male 35-49 Hammer Throw 7.26kg	Finals
5:15 PM	#143	Male 50-59 Hammer Throw 6kg	Finals

Session: 2 Field Day 1 Day 1 - Saturday 23/07/2016 - Starts at 02:00 PM

Event		Round
5:15 PM	#144 Male 60-69 Hammer Throw 5kg	Finals
5:15 PM	#145 Male 70-79 Hammer Throw 4kg	Finals
5:30 PM	#107 Female 12-99 High Jump	Finals

Session: 3 Track Day 2
Day 2 - Sunday 24/07/2016 - Starts at 09:00 AM

	Evei	nt	Round
8:00 AM	#25	Male 18-99 10000 Meter Run	Finals
9:00 AM	#26	Female 16-99 5000 Meter Run	Finals
9:00 AM	#27	Male 18-99 5000 Meter Run	Finals
9:30 AM	#28	Female 14-15 1500 Meter Steeplechase 0.76m 30"	Finals
9:30 AM	#29	Male 12-15 1500 Meter Steeplechase 0.76m 30"	Finals
9:40 AM	#30	Female 16-17 2000 Meter Steeplechase 0.76m 30"	Finals
9:50 AM	#32	Female 16-99 3000 Meter Steeplechase 0.76m 30"	Finals
10:00 AM	#31	Male 16-17 2000 Meter Steeplechase 0.91m 36"	Finals
10:10 AM	#33	Male 16-99 3000 Meter Steeplechase 0.91m 36"	Finals
10:20 AM	#34	Female 12-99 800 Meter Run	Finals
10:35 AM	#35	Male 14-99 800 Meter Run	Finals
10:50 AM	#36	Female 14-15 200 Meter Hurdles 0.76m 30"	Finals
10:50 AM	#37	Male 14-15 200 Meter Hurdles 0.76m 30"	Finals
10:55 AM	#38	Female 16-17 400 Meter Hurdles 0.76m 30"	Finals
10:55 AM	#40	Female 18-19 400 Meter Hurdles 0.76m 30"	Finals
10:55 AM	#42	Female 20-34 400 Meter Hurdles 0.76m 30"	Finals
11:00 AM	#39	Male 16-17 400 Meter Hurdles 0.84m 33"	Finals
11:05 AM	#41	Male 18-19 400 Meter Hurdles 0.91m 36"	Finals
11:05 AM	#43	Male 20-34 400 Meter Hurdles 0.91m 36"	Finals
11:15 AM	#46	Female 12-99 200 Meter Dash	Prelims
11:30 AM	#47	Male 14-99 200 Meter Dash	Prelims
12:40 PM	#201	Heptathlon: #7 Female 16-17 800 Meter Run	Finals
12:45 PM	#50	Female 14-15 2000 Meter Run	Finals
12:55 PM	#51	Male 14-15 2000 Meter Run	Finals
1:05 PM	#52	Female 16-99 3000 Meter Run	Finals
1:20 PM	#53	Male 16-99 3000 Meter Run	Finals
1:35 PM	#46	Female 12-99 200 Meter Dash	Finals
1:45 PM	#47	Male 14-99 200 Meter Dash	Finals
2:10 PM	#54	Female 14-99 4x100 Meter Relay	Finals
2:20 PM		Male 14-99 4x100 Meter Relay	Finals

Session: 4 Field Day 2 Day 2 - Sunday 24/07/2016 - Starts at 09:30 AM

	Eve	nt	Round
9:00 AM	#201	Heptathlon: #5 Female 16-17 Long Jump	Finals
9:30 AM	#156	Male 14-15 Discus Throw 1kg	Finals
9:30 AM	#160	Male 35-49 Discus Throw 2kg	Finals
9:30 AM	#161	Male 50-59 Discus Throw 1.5kg	Finals
9:30 AM	#163	Male 70-79 Discus Throw 1kg	Finals
10:00 AM		Male 14-99 Triple Jump	Finals
10:30 AM	#201	Heptathlon: #6 Female 16-17 Javelin Throw 500g	Finals
11:00 AM	#157	Male 16-17 Discus Throw 1.5kg	Finals
11:00 AM	#158	Male 18-19 Discus Throw 1.75kg	Finals
11:00 AM	#159	Male 20-34 Discus Throw 2kg	Finals
11:30 AM	#105	Female 14-99 Triple Jump	Finals
12:30 PM	#147	Female 14-15 Discus Throw 1kg	Finals
12:30 PM	#151	Female 35-49 Discus Throw 1kg	Finals
12:30 PM		Female 50-59 Discus Throw 1kg	Finals
12:30 PM		Female 60-69 Discus Throw 1kg	Finals
12:45 PM		Female 20-34 Discus Throw 1kg Wheelchair	Finals
12:45 PM		Male 20-34 Discus Throw 1kg Wheelchair	Finals
12:45 PM		Female 20-34 Javelin Throw 600g Wheelchair	Finals
12:45 PM		Male 20-34 Javelin Throw 600g Wheelchair	Finals
12:45 PM		Female 20-34 Shot Put 3kg Wheelchair	Finals
12:45 PM		Male 20-34 Shot Put 4kg Wheelchair	Finals
12:45 PM		Female 14-99 Pole Vault	Finals
12:45 PM		Male 14-99 Pole Vault	Finals
12:45 PM		Male 12-15 Shot Put 4kg	Finals
12:45 PM		Male 35-49 Shot Put 7.26kg	Finals
12:45 PM		Male 50-59 Shot Put 6kg	Finals
12:45 PM		Male 60-69 Shot Put 5kg	Finals
12:45 PM		Male 70-79 Shot Put 4kg	Finals
2:00 PM		Female 16-17 Discus Throw 1kg	Finals
2:00 PM		Female 18-19 Discus Throw 1kg	Finals
2:00 PM		Female 20-34 Discus Throw 1kg	Finals
2:15 PM		Male 16-17 Shot Put 5kg	Finals
2:15 PM		Male 18-19 Shot Put 6kg	Finals
2:15 PM	#123	Male 20-34 Shot Put 7.26kg	Finals