

19th Annual **PEACE HILLS X-COUNTRY MEET**

Saturday September 16, 2017

Location: Peace Hills Park, Wetaskiwin, AB

Hosts: Spruce Ave JHS (Edmonton)

Awards:

- A race T-shirt to the top 6 finishers in each race
- Team medals and plaques
- Medals to 1st, 2nd, 3rd and ribbons 4 -10 & participants
- Overall plaques to top HS, JHS and Elementary
- Plaques to top guys and girls for combined teams.
- **NEW – Record breakers 2/3 thru HS Snr get \$25 gift cards!**

Schedule of Events

Walk Throughs:

9:00 am – Elementary and Jr. High

11:20 am – High School Only

(Some races may begin before others are completed)

09:00 **Walk Through – Elementary and Jr. High (Please note Jr Hi walk through is NOW, NOT later)**

09:35 Grade 1 Boys – 1 km

09:45 Grade 1 Girls – 1 km

09:55 Grade 2 & 3 Boys – 1 km

10:15 Grade 2 & 3 Girls – 1 km

10:25 Grade 4 & 5 Boys – 2 km

10:40 Grade 4 & 5 Girls – 2 km

10:55 Grade 6 & 7 Boys – 3 km

11:20 Grade 6 & 7 Girls – 3 km

11:21 Walk Through – High School Only

11:40 Grade 8 & 9 Boys – 4 km

12:05 Grade 8 & 9 Girls – 3 km

12:25 HS Junior Men – 4 km

12:50 HS Junior Women – 3 km

1:10 HS Intermediate Men – 5 km

1:35 HS Intermediate Women – 4 km

2:00 HS Senior Men – 6 km

2:00 *Open Men & Women's – prizes separate – 6 km*

2:15 HS Senior Women – 4 km (note overlapping start time)

Award presentations:

- All individual awards and race teams will be awarded 15 minutes after each race
- Over-all trophies at approx:
 - 11:25 am Elementary
 - 12:15 am Junior High
 - 2:55 pm High School

Age groups:

- Grades as indicated
- HS Junior - under 16 as of September 1, 2017
- HS Intermediate - under 17 as of September 1, 2017
- HS Senior - under 19 as of September 1, 2017

Cost: \$10 per competitor - Sorry no team discount.

(Clubs - please enter athletes under school)

Make cheques payable to Peace Hills X-Country or see trackiereg below

Deadline for entries is Tuesday September 12th by 6:00 pm, post entries

\$15.00 each

We are pleased to announce that again this year our registration and timing will be handled by **Ellis Timing** and if you have ever stood in line trying to register you will be happy to know that on line registration and payment is now being handled by **Trackie Inc.**

Enter by going to <http://www.trackiereg.com/PeaceHillsXC>

For more information please contact: Pete Wright at (780) 479-1860 or (780) 619-9690 (cell) or by email at peacehills.xcountry@gmail.com

Concession and portable washrooms on site.

A very limited # of the meet T'shirts will be on sale for \$30 each.