

University of Victoria Vikes Cross-Country Invitational

October 14th, 2017

Victoria, BC

Race Location: Beacon Hill Park, Victoria BC – Start/Finish on the all weather fields at the corner of Douglas and Dallas Road.

Race Start Time: Women's 8K 12:00 noon /Men's 10K 1:00 pm. There will be a 6K (women's) 8K (Men's) option in each race.

- Athletes must report to the starting line 15 minutes prior to the official race time to check in with the clerk of the course
Team scores will be top 5 to score and maximum 7 per team to displace.

Race Course Description: 2K loops - relatively flat with some slight rolling hills. The surface is mostly grass with start/finish on gravel field. Spikes are recommended.

Entry Fee: \$100 per team (\$200 for combined men's and women's teams); \$15 per individual / unattached runner. Day of race entry fee \$20.

Meet Entries Due: Please submit entries *no later than 5 p.m. Tuesday October 10th, 2017* at <https://www.trackie.com/online-registration/>

Athletic Trainers: There will be an athletic trainer from the University of Victoria at the meet with water and ice available near the start/finish line.

Hotels: Carlton Plaza Hotel 642 Johnson St., Victoria BC, V8W1M6 (250) 388-5513. University of Victoria rate \$91.00 per night.

Meet Directors: Contact assistant coach Hilary Stellingwerff hstellin@uvic.ca or head coach Brent Fougner bfougner@uvic.ca with any questions.

*** Please e-mail Hilary or Brent if you intend to be at our meet. Thank you!*