



2017 Twilight Package

Website – www.speedrivertfc.ca

Venue – **University of Guelph Alumni Stadium** – 26 Powerhouse Lane, Guelph, Ontario, N1G 2W1 –
Track and runways - Beynon BSS2000

Speed River Twilight One – May 25th

Events – 200m, 400m, 800m, 1500m, High Jump, Long Jump

Meet Start Time – 5:15pm

200m
1500m
400m
800m

All events run fast to slow, women followed by men. Men's LJ starts at 5:00pm women to follow, women's HJ starts at 5:30 with men to follow.

Registration Site: <https://www.trackie.com/online-registration/event/speed-river-twilight-one/15975/#.WQpKEIgrLIU>

Entry Fee \$20 for first event, \$10 thereafter. Deadline May 22nd at 11:59pm

Contact Meet Director – Shane Ferth – sferth@gmail.com

Speed River Inferno Pre-Meet – June 14th

Meet Website – www.speedriverinferno.com

National Program – 200m, 800m, 1500m

International Program – 400mH, 800m, 100mh, 110mH, 1500m, Para 200m, 200m, 3000mSC (M), 10km

Meet Start Time – 6:00pm (tentative)

National Program Standards:

Men/Women

200m: 23.00/26.50

800m: 2:00.00/2:20.00

1500m: 4:08.00/4:50.00

Registration Site: <https://www.trackie.com/online-registration/event/speed-river-inferno-pre-meet/15251/#.WPYg5IgrJQJ>

Entry Fee \$20 for first event. Deadline June 11th at 11:59pm

International Program contact Reid Coolsaet at guelphrunner@hotmail.com



2017 Twilight Package

Speed River Twilight Two – July 14th

Events – 100m, 100/110mH, 400m, 800m, 1500m, 3000mSC, 3000/5000m, High Jump, Long Jump

Meet Start Time – 6:00pm

100mH

110mH

100m

1500m

100mH - Final

110mH - Final

100m - Final

400m

800m

3000mSC

3000m(on route)/5000m

All events run fast to slow, women followed by men. Field events start at 6:30pm with men's HJ, and women's LJ, opposite gender to follow.

Registration Site: <https://www.trackie.com/online-registration/event/speed-river-twilight-two/15977/#.WQpNX4grLIU>

Entry Fee \$20 for first event, \$10 thereafter. Deadline July 12th at 11:59pm

Meet Director – Shane Ferth – sferth@gmail.com