



Run Jump Throw Wheel Instructor Course

Saturday July 8 – Sunday July 9, 2017

Rotary Bowl Nanaimo, BC

Hosted by: BC Athletics & Nanaimo Track and Field Club

RunJumpThrowWheel (RJTW) is a national program that uses track and field games and activities to teach the fundamental movement skills of running, jumping, throwing, and wheeling. Regardless of whether you're a sports coach, recreation leader, teacher, or parent, this course will give you the skills to encourage physical literacy in all the youths in your life!

Date:

Saturday July 8 – Sunday July 9, 2017

9am – 6pm

Location:

Rotary Bowl (behind Nanaimo Secondary School)

355 Wakesiah Ave.

Nanaimo, BC

V9R 3K5

Cost:

BC Athletics Members: \$76 (This is a 20% discount!)

Non-BC Athletics Members: \$95

Registration Deadline:

Date: Monday July 3, 2017

Time: 11:59pm

To register, go to:

<https://www.trackie.com/online-registration/event/nccp-run-jump-throw-wheel-instructor-course/17581/#.WURaHesrKpo>

For more information, contact Sabrina Nettey at:

(604) 333 – 3554 or sabrina.nettey@bcathletics.org

Can't wait to see you there!