

2017 Athletics Nova Scotia Provincial Championships and Club Championships

July 8-9

Beazley Field – Dartmouth, NS



Sanction: Athletics Nova Scotia

Host: Athletics NS

Date: Saturday and Sunday, July 8-9, 2017

Event Site: - Beazley Field, Dartmouth, NS

- 8 Lane synthetic surface
- 2 horizontal Jumps jumps
- Maximum spike length is 7mm for the track and 7mm for javelin and jumping events.
- Washrooms are available on-site.
- Throwing implements will be provided. The Head Throws Official must approve personal implements.

Event Site Directions:

Beazley Field

<https://goo.gl/maps/JiLFYEJ6NXv>

Timing: FinishLynx Photoelectric timing

Categories: Tyke & PeeWee (born 06,07,08,09 Bantam (born 2004-05), Midget (born 2002-03), Youth (born 2000-01) Junior (1998-99), Senior (1997 or later), Masters (35+)

Nova Scotia/Nunavut Legion Team Qualification

Procedures are laid out on our web site at www.athleticsnovascotia.ca

Registration Eligibility

Athletes must be a member of Athletics Nova Scotia or any other provincial association. Non-members may compete with a single day registration fee of \$10.00. Single day, temporary members are **not** eligible to be considered for Team Nova Scotia/Nunavut.

Schedule

· The tentative schedule is subject to change based on entries. The schedule is available at www.trackiereg.ca. The final schedule will be posted by Thursday, July 6th, 2017

Club Championship

A banner will be awarded to the Athletics NS Club that scores the greatest number of points according to the following points system:

Individual Events:

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12+
Points	14	12	10	9	8	7	6	5	4	3	2	1

Relays:

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Points	20	16	12	10	9	8	7	6

Maritime Track League:

The 2017 Athletics NS Provincial championships are a part of the Maritime Track League. Please see below for more details or visit www.maritimetrackleague.ca

WHAT IS MTL?

The Maritime Track League is a series of events that will offer high performance track and field competitions opportunities to athletes from New Brunswick, Nova Scotia, and Prince Edward Island! Athletics New Brunswick, Athletics Nova Scotia, and Athletics PEI have been working on this project for the past few years.

The 2015 inaugural year was a huge success and we are certain that 2017 will be even better.

RULES & ELIGIBILITY

The athlete's overall score will be the sum of the three best performances they have over the course of the selected meets. An athlete can record more than one performance from a single meet, but must still compete in 2 meets plus Atlantic to be eligible for the prizes.

Athletes must be a member in good standing of their provincial branch to be eligible for the League. The ongoing series rankings can be kept and published on this website so the athletes can track their standings in the League.

Performances achieved with no wind reading or with illegal winds will be included. In the case of a tie, the winner will be the athlete with the greater single performance score; if still tied, then the athlete with the single greatest performance by IAAF points will be the winner.

Events:

	T yke &PeeWee	Bantam	Midget	Youth	Junior/Senior	Masters
Running		80m	100m	100m	100m	100m

		150m 800m 1200m	200m 300m 800m 1200m 2000m	200m 400m 800m 1500m 3000m	200m 400m 800m 1500m 5000m	200m 400m 800m 1500m 5000m
Hurdles		80m H 200m H	100m H 200m H 1500m St.	110mH(M)/100mH(F) 400mH 2000m St	110mH(M)/100mH(F) 400mH 2000m/3000m SC	110mH(M)/100mH(F) 400mH 2000m/3000m SC
Throws		Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put
Jumps		High jump Long jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events	Tetrathlon	Tetrathlon (60m, Long Jump, Shot Put, 600m)	Pentathlon (80mH/100mH, Long Jump, Shot Put, High Jump, 800m/1000m)	Heptathlon (F) (100mH, High Jump, Shot Put, 200m, Long Jump, Javelin, 800m)	Heptathlon (F) (100mH, High Jump, Shot Put, 200m, Long Jump, Javelin, 800m)	

Tentative Schedule

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Sunday, July 9th - Day 2 - Beazley Field

	Track	Entries	Heats	High Jump/Pole Vault	Throw Cage	Shot Put	Horizontal Jumps	Javelin
9:00	1500m SC – M/F Midget	No water	Finals				LJ – Hept(5)	Jav-Male-All
9:10	2000m SC-F-Youth-Senior		Finals					
9:20	2000m SC-M-Youth		Finals					
9:35	3000m SC-M-Jun,Sen,Mas		Finals					
9:50	3000m SC-F-Jun,Sen,Mas		Finals					
10:00	60m F/M RJT (1)	No Blocks	Multi				TJ-Male-All	
10:05	150m F – Bantam		Finals					
10:10	150m M – Bantam		Finals					Jav - Hept(6)
10:35	200m F- Mid,Yth,Jun,Sen,Mas		Prelims				LJ - RJT (2)	
11:05	200m M – Mid,Yth,Jun,Sen,Mas		Prelims		Discus-Female-All			
11:20	1500m F-Youth,Jun.,Sen.		Finals					
11:35	1500m M-Youth,Jun.,Sen.		Finals					
11:45	1200m F - Bantam/Midget		Finals					
11:55	1200m M - Bantam/Midget		Finals			SP - RJT (3)	TJ - Female - All	
12:00	200m F – Midget		Finals					
12:05	200m M – Midget		Finals					
12:10	200m F – Youth		Finals					
12:15	200m M – Youth		Finals					
12:20	200m F – Jun,Sen,Mas		Finals		Discus-Male-All			
12:30	200m M – Jun,Sen,Mas		Finals					
12:40	600m - RJT (4)		Multi					
12:55	800m F – Hept(7)		Multi					
13:00	200mh F – Bantam/Midget 30"		Finals					
13:05	200mh M – Bantam/Midget 30"		Finals					
13:15	400mh F - Youth, Jun., Sen. 30"		Finals					
13:25	400mh M - Youth 33"		Finals					
13:40	400mh M-Jun.-Sen 36"		Finals					
13:55	4 x 400 relay – F All		Finals					
14:10	4 x 400 relay – M All		Finals					

Seeding

Please include accurate seed/race times from 2016 – 2017 seasons. Seed times are required. If you do not have a seed time, please use your best judgement.

Sprint races 100-400m and 80/100/110m hurdles:

Lanes will be randomly assigned for heats with mixed age classes in many cases. Athletes will be split into age groups for finals, where applicable. When possible, empty lanes will be removed. Preferred lanes will be assigned by seed times for all Timed Section Finals.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

Scratches

Scratches will be accepted via trackreg until 11:59 p.m, Tuesday, June 4th

Registration:

Entries must be received by 11:59 p.m, Tuesday, July 4th

First event: \$30 for members and \$40 for non-members.

Second event: \$0

Tetrathlon: \$5

No charge for additional events

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Please designate one person from your club to pick up the entry package and pay all fees.

Check in and Bib # Pick-up: Beginning at 11:00 a.m. on Saturday, July 8nd, 2016