



MISSISSAUGA OLYMPIANS TRACK & FIELD CLUB PRESENTS Olympians Summer Challenge

Date: Saturday, June 17, 2017

Time: 9:30 a.m.

Meet Director: Carla Warwick 905-997-2713 carla@mississaugaolympians.com

Place: Courtney Park Athletic Fields. (St. Marcellinus Secondary School), 730 Courtneypark Dr. W., Mississauga

Facilities: All-weather Impermeable Rubber IAAF 400 Meter Standard 8 Lane Track, suitable for pin spikes (6-mm max). Washrooms on site, snacks & drinks will be sold on site.

Peewees: Athletes born in 2011-Younger

100m, Long Jump (3 jumps only), Baseball Throw (Only 3 throws)

Mites: Athletes born in 2009-2010

100m, 200m, 400m, 600m, Long Jump, Shot Put

Tykes: Athletes born in 2007-2008

60m Hurdles, 100m, 200m, 400m, 800m, 1200m, Long Jump, Shot Put, 4x200m

Atoms: Athletes born in 2005-2006

60m Hurdles, 100m, 200m, 400m, 800m, 1500m, Long Jump, Javelin, Shot Put, 4x200m, Open 4x800m

MTA Sr: Athletes born in 2003-2004

60m Hurdles, 100m, 200m, 400m, 800 m, 1500 m, Long Jump, Javelin, Shot Put, 4x200m, Open 4x800m

Notes:

1. Athletes may enter in three individual events, of which no more than two may be track events (relay not included)
2. Track events will run girls first, then boys for each age category, starting at the youngest age categories and working our way up through to senior
3. Waiver forms must be filled-out and submitted by each athlete or a blanket waiver by coach with power of attorney (list all athletes). Athletes without signed waiver forms will not be allowed to compete.
4. Events with less than five athletes may be combined with another age group.
5. Starting blocks for Atom and MTA Sr. only.
6. Age classification as of December 31st, 2017

Olympians Summer Challenge

General Rules:

Track events take precedence over field schedules. If the timing of a field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event.

FIELD EVENTS

Long Jump

Less than 10 competitors each competitor gets 3 jumps top 8 gets 2 more
More than 10 each competitor gets 2 jumps top 8 gets 2 more
Seniors Jump from the line.

Throws

Less than 10 competitors each competitor gets 3 throws top 8 gets 2 more
More than 10 each competitor gets 2 throws top 8 gets 2 more

TRACK EVENTS

Sprints/ Hurdles 100m-400m

One Heat: Straight Final
Two Heats or more: 1st in each heat plus next fastest times advance to final.

Awards: Medals will be awarded for the first three places in all events with ribbons for 4th-6th.

Entry Fees: Individual events: \$10.00 per event Relays: \$25.00.

All fees payable by cash, money orders or cheques.

Make cheques payable to: Mississauga Olympians Track & Field Club

Deadline: Wednesday Midnight, June 14th, 2017

ENTRIES WILL NOT BE ACCEPTED ON RACE DAY

Entries can be made by:

Excel Spreadsheet –Emailed to: Suzanne Leroux suzanneleroux@rogers.com or

Online via www.trackiereg.com

Directions

From Hamilton

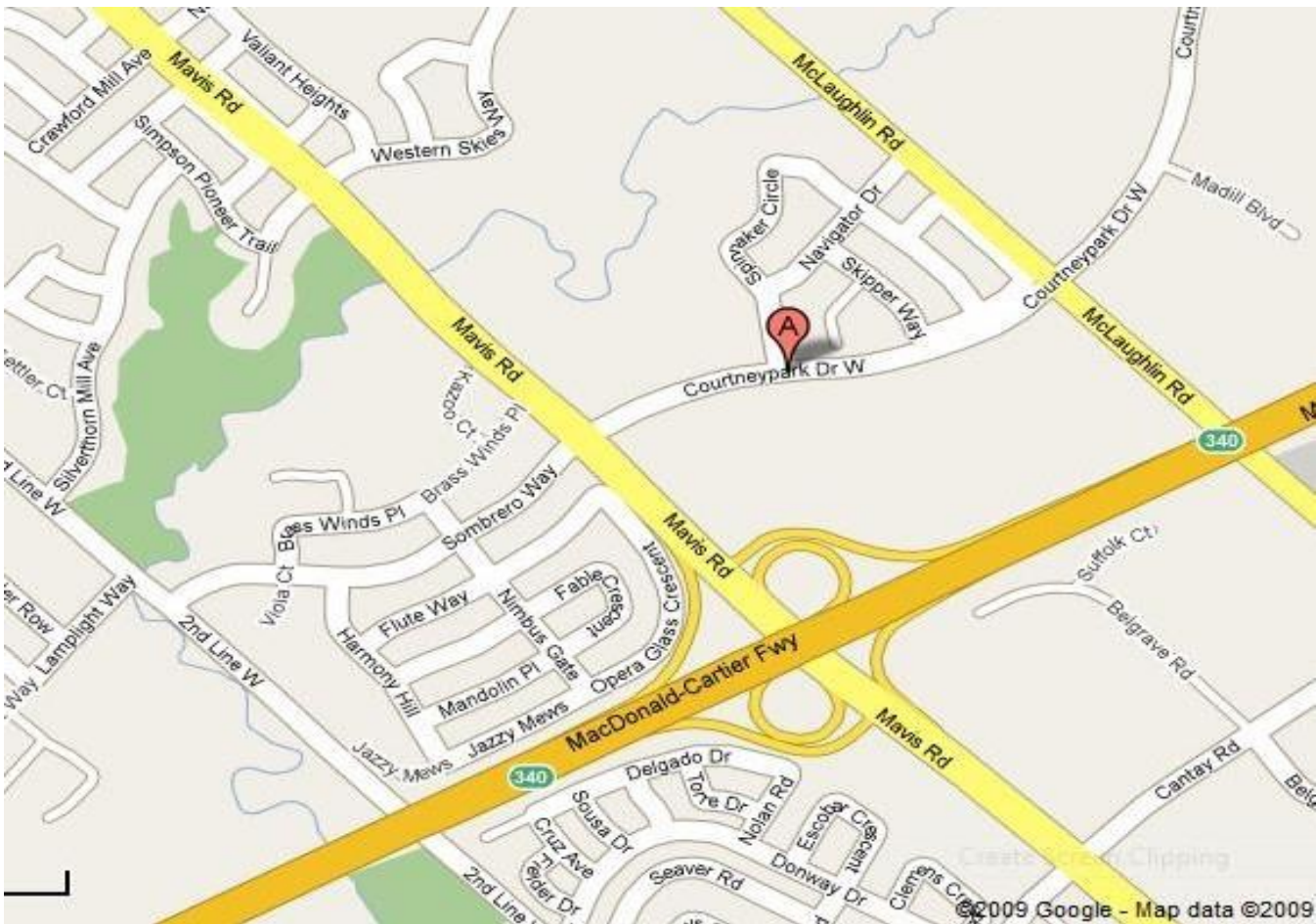
Take the QEW East to Toronto. Take HWY-403 E ramp toward TORONTO. Merge onto PROVINCIAL ROUTE 403 E. Take the MAVIS RD./CENTRE VIEW DR. exit. Take the MAVIS ROAD ramp. Turn LEFT onto MAVIS RD. Turn RIGHT onto COURTNEYPARK DR W.

From London

Take HWY-401 East to Toronto. Take the MAVIS ROAD exit, EXIT 340. Turn LEFT onto MAVIS RD. Turn RIGHT onto COURTNEYPARK DR W.

From Ajax

Take HWY-401 west, toward London. Take the MAVIS ROAD exit, EXIT 340. Turn RIGHT onto MAVIS RD. Turn RIGHT onto COURTNEYPARK DR W.



OLYMPIANS SUMMER CHALLENGE

June 17 2017

Track		Field	LJ	SP/BT	Javelin
9:30	Open 4x800m Time Final	9:30	Pee wee Girls Pee wee Boys	Tyke Girls Tyke Boys	Atom Boys Atom Girls
	100m Heats		Atom Boys Atom Girls		
	1200/ 1500m Time Final			Mite Girls Mite Boys	MTA Sr. Boy MTA Sr. Girl
	400m Time Finals		MTA Sr. Boys MTA Sr. Girls		
	60mh Time Final			Pee wee BT 11:00am	
Lunch					
1:30pm	200m Time Final	1:30pm	Mite Girls Mite Boys	Sr. Boys and Girls	
	800m Time Final				
	100m Final		Tyke Girls Tyke Boys	Atom Boys and Girls	
	4x200m				

This is a tentative schedule and may be advanced up to 30mins or delayed as required, depending on the number of athletes participating

MISSISSAUGA OLYMPIANS TRACK & FIELD CLUB

**THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED or
BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes)**

**SANCTIONED & REQUIRED BY:
ONTARIO TRACK & FIELD ASSOCIATION, MINOR TRACK ASSOCIATION (of Ontario)**

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the
OLYMPIANS SUMMER CHALLENGE
Scheduled for Saturday, June 17th, 2017.

I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE AND FOREVER
DISCHARGE:

- The Minor Track Association (of Ontario)
- Mississauga Olympians Track & Field Club and/or any of its Directors
- City of Mississauga
- Dufferin-Peel Catholic District Board of Education
- Region of Peel

And all other association, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above
WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Print Name

Date

Signature of Athlete

Print Name

Date

Signature of Parent or Guardian
(If under 18 years)