2017 Royal Canadian Legion District “A”

Track & Field Championships

June 23-24

Robert Carrick Athletic Complex @ Sandwich Secondary School, LaSalle, ON

TRACK SCHEDULE

Friday, June 23rd

6:00 pm Youth Boys 2000 m Steeplechase Final (33”)

 Youth Girls 2000 m Steeplechase Final (30”)

 Midget Boys/Girls 1500 m Steeplechase Final (30”)no water jump

6:30 pm Midget Girls 80 m Hurdles (30”) Timed Final

 Youth Girls 100 m Hurdles (30”) Timed Final

 Midget Boys 100 m Hurdles (33”) Timed Final

 Youth Boys 110 m Hurdles (36”) Timed Final

7:00 pm Midget Girls 300 m Timed Final

 Midget Boys 300 m Timed Final

 Youth Girls 400 m Timed Final

 Youth Boys 400 m Timed Final

7:20 pm Bantam Girls 1200 m Final

 Bantam Boys 1200 m Final

 Midget Girls 1200 m Final

 Midget Boys 1200 m Final

 Youth Girls 1500 m Final

 Youth Boys 1500 m Final

Saturday, June 24th

9:15 am Opening Ceremonies

9:35 am Midget Girls 2000 m Final

 Midget Boys 2000 m Final

 Youth Girls 3000 m Final

 Youth Boys 3000 m Final

10:30 am Tyke Girls 60 m Heats/Finals

 Tyke Boys 60 m Heats/Finals

 Atom Girls 100 m Heats/Finals

 Atom Boys 100 m Heats/Finals

 Bantam Girls 100 m Heats/Finals

 Bantam Boys 100 m Heats/Finals

 Midget Boys 100 m Heats/Finals

 Midget Girls 100 m Heats/Finals

 Youth Girls 100 m Heats/Finals

 Youth Boys 100 m Heats/Finals

 Tyke Girls 100 m Heats/Finals

 Tyke Boys 100 m Heats/Finals

11:30 Atom Girls 300 m Timed Final

 Atom Boys 300 m Timed Final

 Bantam Girls 300 m Timed Final

 Bantam Boys 300 m Timed Final

**TRACK BREAK**

12:45 pm Midget Girls 200 m Hurdles (30”) Timed Final

 Midget Boys 200 m Hurdles (30”) Timed Final

 Youth Girls 400 m Hurdles (30”) Timed Final

 Youth Boys 400 m Hurdles (33”) Timed Final

1:15 pm 60m/100m Finals

1:40 pm Bantam Girls 800 m Final

 Bantam Boys 800 m Final

 Midget Girls 800 m Final

 Midget Boys 800 m Final

 Youth Girls 800 m Final

 Youth Boys 800 m Final

2:20 pm Atom Girls 200 m Timed Final

 Atom Boys 200 m Timed Final

 Bantam Boys 200 m Timed Final

 Bantam Girls 200 m Timed Final

 Midget Girls 200 m Timed Final

 Midget Boys 200 m Timed Final

 Youth Girls 200 m Timed Final

 Youth Boys 200 m Timed Final

Friday, June 23rdFIELD SCHEDULE

6:00 pm Girls Triple Jump (Bantam, Midget, Youth) Boys Triple Jump (Bantam, Midget, Youth)

 Midget Boys Shot Put (4 kg)

 Youth Boys Javelin (700 g)

 Youth Girls Hammer (3 kg)

7:00 pm Midget Girls Shot Put (3 kg)

 Youth Girls Javelin (500 g)

 Youth Boys Hammer (5 kg)

Saturday, June 24th

9:00 am Midget/ Youth Boys Pole Vault

9:15 am Tyke Girls & Boys Long Jump

 Bantam Girls Long Jump

 Youth Girls High Jump

 Bantam Boys Shot Put (3 kg)

 Midget Boys Javelin (600 g)

 Youth Boys Discus (1.5 kg)

10:00 am Bantam Boys Long Jump

 Youth Boys High Jump

 Bantam Girls Shot Put (3 kg)

 Midget Girls Javelin (500 g)

 Youth Girls Discus (1 kg)

10:45 am Atom Girls & Boys Long Jump

 Bantam Girls High Jump

 Midget Girls Long Jump

 Midget/Bantam Boys Discus (1 kg)

 Youth Boys Shot Put (5 kg)

12:00 pm Midget/ Youth Girls Pole Vault

12:15 pm Tyke Girls & Boys Ball Throw

 Atom Girls & Boys Ball Throw

 Midget Girls Discus (1 kg)

 Youth Girls Shot Put

 Midget Boys Long Jump

1:00 pm Midget Girls High Jump

 Youth Girls Long Jump

1:45 pm Midget Boys High Jump

 Youth Boys Long Jump