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**2017**

**Atlantic Athletics Championships**

**Championnats atlantiques d’athlétisme**

**Date:** July 22nd & 23rd, 2014

**Lieu:** Pioneer Coal Athletics Facility - Stellarton, Nouvelle-Écosse

**Sanctionné par:** Athlétisme Nouvelle-Écosse

**Organisé par : Pictou County Athletics**

Installation:

La surface du Beazley Field a été refaite en 2012 et elle a 8 couloirs. Les crampons doivent être des pyramides de 7mm maximum; les aiguilles ne sont pas permises. Des pyramides seront disponibles pour la vente sur le site. Une cantine sera aussi sur les lieux.

Inscription:

Les catégories d’âge seront : minime (2006 ou après); benjamine (’04-‘05); cadet (’02-‘03); jeune (’00-‘01); junior (’98-’99), sénior (’93-‘83, et vétéran (’82 ou avant).

* Enregistrez-vous en ligne à [www.trackiereg.ca](http://www.trackiereg.ca)
* 20$ par athlète, maximum de 5 épreuves
* **La date limite pour s’inscrire est mardi le 18 juillet 2017 à 23h59.**
* **Les inscriptions après ceci seront de 50$/athlète et se termineront le jeudi 20 juillet 2014 à 23h59.**
* Questions ou corrections peuvent être envoyées à Jonathan Doucette à coach@athleticsnovascotia.ca

Information technique:

* Compétition sanctionné par Athlétisme Nouvelle-Écosse, et tous les règlements de compétition de l’IAAF seront utilisés.
* Le chronométrage électronique sera utilisé pour tous les évènements de piste.
* Les blocs de départ ne seront pas utiliser pour les catégories de minime et benjamin.

Classification

* Toutes les performances de classification doivent être accomplit dans la période du 1 mai 2013 au 22 juillet 2014. SVP inscrire les bonnes performances. Les inscriptions qui n’auront pas de performance d’inscrit seront traités comme les plus basses performances et seront traités ainsi.

Chambre d’appel :

* Épreuves de pelouse : Se présenter à l’officiel de l’épreuve au moins 30 minutes avant le début de l’épreuve.
* Épreuves de piste : Se présenter à la chambre d’appel au moins 20 minutes avant le début de l’épreuve.

Horaire :

* **Horaire tentative est si jointe, mais l’horaire finale serait publié mercredi, le 24 juillet.**

Prix : Des prix seront présentés au top 3 athlètes de chaque catégorie d’âge dans chaque épreuve.

**Date:** July 22nd & 23rd, 2014

**Place:** Pioneer Coal Athletics Facility - Stellarton, NS

**Sanctioned by:** Athletics NS

**Organized by: Pictou County Athletics**

Facility: Pioneer Coal Athletics Field

Directions to Facility: Coming from Truro or PEI -take Exit 23 go to the bottom of the ramp and go straight at lights on MacGregor Ave. Follow MacGregor for 1km and then take a right on Auburn Ave. Go 500m and the track driveway is on the left. Track facility is called Pioneer Coal Athletic Field - 483 Auburn Ave.

Coming from Antigonish - Take exit 23 and turn left at the bottom of the ramp. At the set of lights turn left and you are now on MacGregor Ave. see above for remainder of instructions.

The Pioneer Coal Athletics facility is an 8 lane synthetic surface, re-surfaced in 2012. Spikes must be pyramids of a maximum length of 7mm; needle spikes will not be permitted. Pyramid spikes will be available for sale on site. Canteen will be available on site.

Canteen: Available on-site

Registration:

Categories for the meet will be: mosquito (’08-’11) pee wee (’06-’07); bantam (’04-‘05); midget (’02-‘03); youth (’00-‘01); junior (’98-’99); senior (’93-‘83); and, master (’82 and before).

* Register on-line through: [www.trackiereg.ca](http://www.trackiereg.ca)
* $25/athlete. Maximum of 5 events.
* **Registration deadline is 11:59pm on Tuesday, July 18th, 2017.**
* **Late entries will be $50/athlete with the last registration date ending at 11:59pm on Thursday, July 20st, 2017.**
* Questions or corrections can be emailed to Jonathan Doucette: coach@athleticsnovascotia.ca

Run Jump Throw Wheel: All Run Jump Throw Wheel athletes will compete in the Tetrahlon. The tetrathlon is a multi event competition where athletes accumulate points in each of the 4 events (60m, Shot Put, Long Jump, 600m). The winner will be athlete who accumulates the most points in the 4 events. The age catgories are as follows: mosquito (’08-’11) pee wee (’06-’07); bantam (’04-‘05)

Admission: $5.00 per day which includes a program/schedule and parking. $2 per day for seniors over 65 and no charge for youth 16 and under. No admission fees for coaches, officials or athletes.

Technical Information:

* Competition sanctioned by Athletics Nova Scotia, and all IAAF competition rules will be in effect.
* Photo-electric timing will be used for all track events.
* No starting blocks will be used for mosquito, pee wee and bantam categories.

Seeding:

* Please register with accurate performances, all seed performances must have been achieved during the period between May 1 2016 and July 18th, 2017. Unseeded entries will be treated as the lowest seed times and assigned accordingly.

#### Marshalling:

* Field events: Please check in with the official at the event site a minimum of 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling tent a minimum of 20 minutes prior to the start of the event.

Schedule

* **The tentative schedule is attached, but the final schedule will be published Wednesday, July 19.**

Awards: Awards will be presented to the top 3 finishers in each age category.

**Le Championnat atlantique de club**

Il y aura un championnat des clubs et le pointage sera calculé comme suit:

1er - 9 points; 2e - 7 points; 3e - 6 points; 4e - 5 points; 5e – 4 points; 6e - 3 points; 7e - 2 points; 8e - 1 point

Seuls les clubs affiliés avec Athlétisme Canada sont éligibles au pointage par club. Seulement 2 athlètes par épreuves peuvent marquer des points pour leur équipe. Une bannière sera remise au club ayant amassé le plus de points. Cette équipe sera nommée le Champion Atlantique d’athlétisme 2014.

Logement :

Awards: Awards will be presented to the top 3 finishers in each age category.

RJTW will be presented with medals for the top 3 finishers and ribbons for positions 4-6

Meet T-shirts will be available for $20 per shirt

Protests:

All protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the

official announcement or release of the results. If no protest is received within the above-mentioned time limit the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. Cost $50.00 to be returned if the protest is upheld.

**The Atlantic Club Championship**

There will be a club championship and points will be allocated as follows:

1st - 9 points; 2nd - 7 points; 3rd - 6 points; 4th - 5 points; 5th – 4 points; 6th - 3 points; 7th - 2 points; 8th - 1 point

Only clubs registered with Athletics Canada are eligible for club points. Only 2 athletes per event can score points for their team. A banner will be presented to the club having scored the most points. This team will be named 2017 Athletics Atlantic Champion.

Accommodations:

Motels – Blocks of rooms have been set aside until June 21st – Tara Inn - <http://www.taramotel.com/>

Travelodge - <https://www.wyndhamhotels.com/travelodge/new-glasgow-nova-scotia/travelodge-new-glasgow/overview?CID=LC:TL::GGL:RIO:National:47200>

Holiday Inn Express - <https://www.ihg.com/holidayinnexpress/hotels/us/en/stellarton/ytrst/hoteldetail?cm_mmc=GoogleMaps-_-EX-_-CAN-_-YTRST>

There are several smaller motels in the Pictou area as well as many B&B and camping sites. This is a tourist town so book early.

Other: Security will be present on Saturday night. Team tents may be left setup, depending on weather.

No Pets allowed inside the fenced area

**Events and specifications / Épreuves et les spécifications**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Pee Wee / Mosquito** | **Bantam / Benjamin** | **Midget / Cadet** | **Youth / Jeune** | **Junior / Junior** | **Senior / Sénior** |
| 60m | **Tetrathlon** |  |  |  |  |  |
| 80m |  | **🗸** |  |  |  |  |
| 100m |  |  | **🗸** | **🗸** | **🗸** | **🗸** |
| 150m | **🗸** | **🗸** |  |  |  |  |
| 200m |  |  | **🗸** | **🗸** | **🗸** | **🗸** |
| 300m |  |  | **🗸** |  |  |  |
| 400m |  |  |  | **🗸** | **🗸** | **🗸** |
| 600m | **Tetrathlon** |  |  |  |  |  |
| 800m |  | **🗸** | **🗸** | **🗸** | **🗸** |  |
| 1000m | **🗸** |  |  |  |  |  |
| 1200m |  | **🗸** | **🗸** |  |  |  |
| 1500m |  |  |  | **🗸** | **🗸** | **🗸** |
| 2000m |  |  | **🗸** |  |  |  |
| 3000m |  |  |  | **🗸** | **🗸** | **🗸** |
| 5000m |  |  |  |  | **🗸** | **🗸** |
| 80m/100m/110m  Hurdles / Haies |  | F – 80m 76cm  M – 80m 76cm | F – 80m 76cm  M – 100m 84cm | F – 100m 76cm  M – 110m 91cm | F – 100m 84cm  M – 110m 99cm | F – 100m 84cm  M – 110m 107cm |
| 200m/300m/400m  Hurdles / Haies |  | F – 200m 76cm  M – 200m 76cm | F – 200m 76cm  M – 200m 76cm | F – 300m 76cm  M – 300m 84cm | F – 400m 76cm  M – 400m 91cm | F – 400m 76cm  M – 400m 91cm |
| 1500m/2000m/3000m  Steeple Chase |  |  | 1500m 76cm | F – 2000m 76cm  M – 2000m 84cm | F – 2000m 76cm  M – 3000m 91cm | F – 3000m 76cm  M – 3000m 91cm |
| 4x100m | **🗸** | **🗸** | **🗸** | **🗸** | **🗸** | **🗸** |
| 4x400m |  |  |  | **🗸** | **🗸** | **🗸** |
| Medlay Relai s  (400-200-200-800m) |  |  | **🗸** |  |  |  |
| High Jump / Hauteur | **🗸** | **🗸** | **🗸** | **🗸** | **🗸** | **🗸** |
| Long Jump / Longueur | **Tetrathlon** | **🗸** | **🗸** | **🗸** | **🗸** | **🗸** |
| Triple Jump / Triple-saut |  |  | **🗸** | **🗸** | **🗸** | **🗸** |
| Pole Vault / Perche |  |  | **🗸** | **🗸** | **🗸** | **🗸** |
| Shot Put / Poids | **Tetrathlon**  F & M - 2kg | F – 3kg  M – 3kg | F – 3kg  M - 4kg | F – 3kg  M – 5kgg | F – 4kg  M – 6kg | F – 4kg  M – 7.26kg |
| Discus / Disque |  | F – 750g  M – 750g | F – 1kg  M – 1kg | F – 1kg  M – 1.5kg | F – 1kg  M – 1.75kg | F – 1kg  M – 2kg |
| Javelin / Javelot |  | F – 400g  M – 400g | F – 500g  M – 600kg | F – 500g  M – 700g | F – 600g  M – 800g | F – 600g  M – 800g |
| Hammer / Marteau |  |  | F – 3kg  M - 4kg | F – 3kg  M – 5kg | F – 4kg  M – 6kg | F – 4kg  M – 7.26kg |
| Multi Event | **Tetrathlon**  **(60m-LJ-SP-600m)** | **Tetrathlon**  **(80m-LJ-SP-800m)** | Pentathlon | F-Hept  M- Oct | F-Hept  M-Dec | F-Hept  M-Dec |

**Masters will follow CMAA specifications where possible. / Les veterans suivront les specifications CMAA ou possible.**

**TENTATIVE SCHEDULE OF EVENTS (Subject to change based on entries Final Schedule available on July 31st)**

**HORAIRE PRÉLIMINAIRE DES ÉPREUVES (Sujet à des modifications)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SATURDAY, July 23** | | | | | | |
| **Time** |  | **Event** | **Round** | **Gender** | **Category** | **Note** |
| 14:00 | 0:05 | 1200m | F | F | Bantam, Midget |  |
| 14:05 | 0:10 | 1200m | F | M | Bantam, Midget |  |
| 14:15 | 0:05 | 100m | Dec | M | Youth, Junior, Senior |  |
| 14:20 | 0:05 | 80m H | F | F | Bantam | 30" |
| 14:25 | 0:05 | 80m H | F | M | Bantam | 30" |
| 14:30 | 0:05 | 80m H | F | F | Midget | 30" |
| 14:35 | 0:05 | 80m H | Pent | F | Midget | 30" |
| 14:40 | 0:05 | 100m H | F | F | Youth | 30" |
| 14:45 | 0:05 | 100m H | Hept | F | Youth | 30" |
| 14:50 | 0:05 | 100m H | Hept | F | Junior, Senior | 33" |
| 14:55 | 0:05 | 100m H | Pent | M | Midget | 33" |
| 15:00 | 0:05 | 100m H | F | F | Junior, Senior | 33" |
| 15:05 | 0:05 | 100m H | M | M | Midget | 33" |
| 15:10 | 0:05 | 110m H | M | M | Youth | 36" |
| 15:15 | 0:05 | 110m H | M | M | Junior | 39" |
| 15:20 | 0:10 | 110m H | M | M | Senior | 42" |
| 15:30 | 0:15 | **Opening Ceremonies and Medal Presentations** | | | |  |
| 15:45 | 0:15 | 1500m | F | F | Youth, Junior, Senior, Masters |  |
| 16:00 | 0:15 | 1500m | F | M | Youth, Junior, Senior, Masters |  |
| 16:15 | 0:05 | 80m | F | F | Bantam |  |
| 16:20 | 0:05 | 80m | F | M | Bantam |  |
| 16:25 | 0:30 | 100m | P | F | Mid, You, Jun, Sen, Mas |  |
| 16:55 | 0:05 | 100m | P | F | Special |  |
| 17:00 | 0:30 | 100m | P | M | Mid, You, Jun, Sen, Mas |  |
| 17:30 | 0:05 | 100m | P | M | Special |  |
| 17:35 | 0:10 | 300m | F | F | Midget |  |
| 17:45 | 0:10 | 300m | F | M | Midget |  |
| 17:55 | 0:15 | 400m | F | F | Youth, Junior, Senior, Masters |  |
| 18:10 | 0:15 | 400m | F | M | Youth, Junior, Senior, Masters |  |
| 18:25 | 0:05 | 400m | Dec | M | Youth, Junior, Senior |  |
| 18:30 | 0:05 | 100m | F | F | Midget |  |
| 18:35 | 0:05 | 100m | F | F | Youth |  |
| 18:40 | 0:05 | 100m | F | F | Junior |  |
| 18:45 | 0:05 | 100m | F | F | Senior |  |
| 18:50 | 0:05 | 100m | F | F | Masters |  |
| 18:55 | 0:05 | 100m | F | F | Special |  |
| 19:00 | 0:05 | 100m | M | M | Midget |  |
| 19:05 | 0:05 | 100m | M | M | Youth |  |
| 19:10 | 0:05 | 100m | M | M | Junior |  |
| 19:15 | 0:05 | 100m | M | M | Senior |  |
| 19:20 | 0:05 | 100m | M | M | Masters |  |
| 19:25 | 0:05 | 100m | M | M | Special |  |
| 19:30 | 0:05 | 200m | Hept | F | Youth, Junior, Senior |  |
| 19:35 | 0:10 | 800m Medley | F | F | Midget |  |
| 19:45 | 0:10 | 800m Medley | F | M | Midget |  |
| 19:55 | 0:10 | 4x400m | F | F | Youth, Junior, Senior, Masters |  |
| 20:05 | 0:10 | 4x400m | F | M | Youth, Junior, Senior, Masters |  |
| 20:15 | 0:05 | 800m | Pent | F | Midget |  |
| 20:20 | 0:05 | 1000m | Pent | M | Midget |  |
| 20:20 |  | **Medal Presentations** | | | |  |
|  |  |  |  |  |  |  |
| **SUNDAY, July 24** | | | | | | |
| **Time** |  | **Event** | **Round** |  | **Category** | **Note** |
| 8:00 | 0:25 | 10,000m | F | M | Senior, Masters |  |
| 8:25 | 0:20 | 5000m | F | F/M | Junior, Senior, Masters |  |
| 8:45 | 0:10 | 1500m SC | F | M/F | Midget | 30", No Water |
| 8:55 | 0:10 | 2000m SC | F | F | Youth | 30" |
| 9:05 | 0:10 | 2000m SC | F | M | Youth | 33" |
| 9:15 | 0:15 | 3000m SC | F | F | Junior, Senior | 30" |
| 9:30 | 0:15 | 3000m SC | F | M | Junior, Senior | 36" |
| 9:45 | 0:10 | 110mH | Dec | M | Youth, Junior, Senior | 36",39",42" |
| 9:55 | 0:10 | 800m | F | F | Bantam, Midget |  |
| 10:05 | 0:05 | 800m | F | F | Youth |  |
| 10:10 | 0:10 | 800m | F | F | Junior, Senior, Masters |  |
| 10:20 | 0:10 | 800m | F | M | Bantam, Midget |  |
| 10:30 | 0:05 | 800m | F | M | Youth |  |
| 10:35 | 0:10 | 800m | F | M | Junior, Senior, Masters |  |
| 10:45 | 0:05 | 200m H | F | F | Midget | 30" |
| 10:50 | 0:05 | 200m H | F | M | Midget | 30" |
| 10:55 | 0:05 | 400m H | F | F | Youth, Junior, Senior, Masters | 30" |
| 11:00 | 0:05 | 400m H | F | M | Youth | 33" |
| 11:05 | 0:05 | 400m H | F | M | Junior, Senior | 36" |
| 11:10 | 0:10 | 200m | P | F | Midget, Youth |  |
| 11:20 | 0:10 | 200m | P | F | Junior, Senior, Masters |  |
| 11:30 | 0:05 | 200m | P | F | Special |  |
| 11:35 | 0:10 | 200m | P | M | Midget, Youth |  |
| 11:45 | 0:10 | 200m | P | M | Junior, Senior, Masters |  |
| 11:55 | 0:05 | 200m | P | M | Special |  |
| 12:00 | 0:30 | **Lunch - Medal Presentations** | | | |  |
| 12:30 | 0:05 | 800m | Hept | F | Youth, Junior, Senior |  |
| 12:35 | 0:10 | 2000m | F | F | Midget |  |
| 12:45 | 0:10 | 2000m | F | M | Midget |  |
| 12:55 | 0:15 | 3000m | F | F | Youth, Junior,Senior |  |
| 13:10 | 0:15 | 3000m | F | M | Youth, Junior,Senior |  |
| 13:25 | 0:10 | 1500m | Dec | M | Youth, Junior,Senior |  |
| 13:35 | 0:05 | 150m | F | F | Bantam |  |
| 13:40 | 0:05 | 150m | F | M | Bantam |  |
| 13:45 | 0:05 | 200m | F | F | Midget |  |
| 13:50 | 0:05 | 200m | F | F | Youth |  |
| 13:55 | 0:05 | 200m | F | F | Junior |  |
| 14:00 | 0:05 | 200m | F | F | Senior |  |
| 14:05 | 0:05 | 200m | F | F | Masters |  |
| 14:10 | 0:05 | 200m | F | F | Special |  |
| 14:15 | 0:05 | 200m | M | M | Midget |  |
| 14:20 | 0:05 | 200m | M | M | Youth |  |
| 14:25 | 0:05 | 200m | M | M | Junior |  |
| 14:30 | 0:05 | 200m | M | M | Senior |  |
| 14:35 | 0:05 | 200m | M | M | Masters |  |
| 14:40 | 0:05 | 200m | M | M | Special |  |
| 14:45 | 0:10 | 4x100m | F | F | Midget, Youth, Junior, Senior, Masters |  |
| 14:55 | 0:10 | 4x100m | F | M | Midget, Youth, Junior, Senior, Masters |  |
| 15:05 |  | **Medal Presentations** | | | |  |



|  |  |  |  |
| --- | --- | --- | --- |
| **Atlantic Hershey Run Jump Throw Wheel** | | | |
| **July 22/17, Stellarton, Nova Scotia** | | | |
| **Time** | **Gender** | **Age** | **Event** |
| 10:00 | F | Mosquito | 60m |
| 10:10 | F | Pee Wee | 60m |
| 10:20 | F | Bantam | 60m |
| 10:30 | M | Mosquito | 60m |
| 10:40 | M | Pee Wee | 60m |
| 10:50 | M | Bantam | 60m |
| 11:00 | F | All | Shot Put |
| 11:30 | M | All | Shot Put |
| 11:40 | F | All | Long Jump |
| 12:10 | M | All | Long Jump |
| 12:20 | F | Mosquito | 600m |
| 12:30 | F | Pee Wee | 600m |
| 12:40 | F | Bantam | 600m |
| 12:50 | M | Mosquito | 600m |
| 13:00 | M | Pee Wee | 600m |
| 13:10 | M | Bantam | 600m |