



## TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •[www.AthleticsManitoba.com](http://www.AthleticsManitoba.com)

### 2017 Athletics Manitoba Age Class Championship / Canada Games Trials

Date: Friday, June 23 & Saturday, June 24, 2017  
Sanction: Athletics Manitoba  
Host: Stride Ahead Tough Track Club  
Venue: University of Manitoba Outdoor Track  
Timing: Omega Photo Timing System

#### Entries:

- All participants must be members of Athletics Manitoba to participate and be recognized for medals; those who are members of another provincial association must indicate their membership number and will receive ribbons if they place in the top three
- Entries must be done online using [Trackiereg.ca](http://Trackiereg.ca) or by using Hy-Tek
- The link to the online registration and the Hy-Tek Meet Event File are posted on the Athletics Manitoba website Event Page
- All track events **must indicate a seed time to ensure fair seeded sections**
- Athletes trying out for the Canada Games in the Multi Events will be included with all Decathlon and Heptathlon competitors
- Entries must be submitted no later than Monday, June 19<sup>th</sup> (midnight).
- Entry fees: \$10.00 for first individual event and \$10.00 for each subsequent individual event  
\$15.00 for relays  
\$25.00 for Multiple Events  
Late fees will be assessed as of June 20<sup>th</sup>, 2017 with \$5 surcharge to fees indicated above.

<b>AGE CLASSES FOR 2017:</b>	PEE WEE:	BORN IN 2006 & LATER
	BANTAM:	BORN IN 2004 & 2005
	MIDGET:	BORN IN 2002 & 2003
	YOUTH:	BORN IN 200 & 2001
	JUNIOR:	BORN IN 1998 & 1999
	SENIOR:	BORN IN 1997 & OLDER
	MASTERS:	BORN 1982 AND EARLIER



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## 2017 Provincial Age Class Championships/ Canada Games Trials Tentative Schedule

Friday, June 23, 2017

### TRACK

5:30 pm **Event #1 100m** Decathlon Men  
5:40 pm **Event #1 100m** Heptathlon Women  
5:55 pm 100m Timed Finals (Midget Men)  
6:05 pm 100m Timed Finals (Midget Women)  
6:15 pm 100m Heats (Youth & older Men)  
6:25 pm 100m Heats (Youth & older Women)  
6:35 pm 100m Heats (**Canada Games Men**)  
6:45 pm 100m Heats (**Canada Games Women**)  
7:00 pm 80m Timed Final (Pee Wee/Bantam Men)  
7:10 pm 80m Timed Final (Pee Wee/Bantam Women)  
7:25 pm 1500m Timed Final (Youth & older Men and **Canada Games**)  
7:40 pm 1500m Timed Final (Youth & older Women and **Canada Games**)  
7:50 pm 300m Timed Final (Bantam/Midget Men)  
8:00 pm 300m Timed Final (Bantam/Midget Women)  
8:15 pm **Event #4 200m** Heptathlon Women  
8:25 pm 100m Finals (Youth & older Men)  
8:35 pm 100m Finals (Youth & older Women)  
8:40 pm 100m Finals (**Canada Games Men**)  
8:45 pm 100m Finals (**Canada Games Women**)  
8:50 pm 1200m Timed Finals (Bantam/Midget Men)  
9:00 pm 1200m Timed Finals (Bantam/Midget Women)  
9:15 pm 400m Timed Finals (Youth & Older Men)  
9:20 pm 400m Timed Finals (Youth & Older Women)  
9:25 pm 400m Timed Finals (**Canada Games Men**)  
9:30 pm 400m Timed Finals (**Canada Games Women**)  
9:40 pm **Event #5 400m** Decathlon Men

### FIELD

5:30 pm Shot Put (Pee Wee/Bantam Men & Women) **3 attempts**  
6:00 pm **Event #2 Long Jump** Decathlon Men **3 attempts**  
6:00 pm **Event #2 High Jump** Heptathlon Women  
6:00 pm Pole Vault (Men, includes **Canada Games**)  
6:00 pm Discus (Midget Men & Older, includes **Canada Games**)  
6:30 pm Shot Put (Midget & Older Women, includes **Canada Games**)  
6:30 pm Standing Long Jump (Pee Wee/Bantam Men & Women) **3 attempts**  
7:00 pm Triple Jump (Midget & Older Men, includes **Canada Games**)  
7:30 pm Discus (Midget & older Women, includes **Canada Games**)  
7:30 pm Pole Vault (Women, includes **Canada Games**)  
7:30 pm **Event #3 Shot Put** Decathlon Men **3 attempts**  
7:30 pm **Event #3 Shot Put** Heptathlon Women **3 attempts**  
8:00 pm Triple Jump (Midget & Older Women, includes **Canada Games**)  
8:30 pm Shot Put (Midget & Older Men, includes **Canada Games**)  
8:15 pm **Event #4 High Jump** Decathlon Men



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## 2017 Provincial Age Class Championships/ Canada Games Trials Tentative Schedule

Saturday, June 24, 2017

### TRACK

9:10 am	<b>Event #1</b> 80mh Pentathlon Women ( Midget)
9:20 am	<b>Event #1</b> 100mh Pentathlon Men (Midget)
9:30 am	<b>Event #6</b> 110mh Decathlon
9:30 am	110mh Timed Final (Junior & older Men includes <b>Canada Games</b> )
9 40 am	100mh Timed Final (Midget Men)
9:45 am	100mh Timed Final (Youth & Older Women includes <b>Canada Games</b> )
9:50 am	80mh Timed Final (Bantam Men, Bantam, Midget)
10:00 am	3000m Timed Final (Youth & older Men)
10:15 am	3000m Timed Final (Youth & older Women)
10:30 am	200m Timed Final (Midget Men)
10:45 am	200m Timed Final (Midget Women)
11:00 am	200m Heats (Youth & older Men)
11:15 am	200m Heats (Youth & older Women)
11:30 am	200m Heats ( <b>Canada Games Men</b> )
11:40 am	200m Heats ( <b>Canada Games Women</b> )
12:00 pm	<b>Event #7</b> 800m Heptathlon Women
12:10 pm	600m Timed Finals (Pee Wee Men & Women)
12:20 pm	1500m Steeple (Midget Men & Women)
12:30 pm	2000m Steeple (Youth Men & Women)
12:40 pm	3000m Steeple (Junior & Older Men and Women, includes <b>Canada Games</b> )
1:00 pm	4x100m Relays (Men & Women)
1:30 pm	200mh Timed Final (Midget Men & Women)
1:40 pm	300mh Timed Final (Youth men & Women)
1:50 pm	400mh Timed Final (Junior & Older Men and Women, includes <b>Canada Games</b> )
2:00 pm	<b>Event #5</b> 800m Pentathlon Women
2:10 pm	<b>Event #5</b> 1000m Pentathlon Men
2:15 pm	<b>Event # 10</b> 1500m Decathlon
2:25 pm	150m Timed Final (Pee Wee, Bantam Men)
2:35 pm	150m Timed Final (Pee Wee, Bantam Women)
2:40 pm	200m Finals (Youth & older Men)
2:45 pm	200m Finals (Youth & older Women)
2:50pm	200m Final ( <b>Canada Games Men</b> )
2:55pm	200m Final ( <b>Canada Games Women</b> )
3:05 pm	800m Timed Final (Bantam, Midget Men)
3:15 pm	800m Timed Final (Bantam, Midget Women)
3:25 pm	800m Timed Final (Youth & up Men, includes <b>Canada Games</b> )
3:35 pm	800m Timed Final (Youth & up Women, includes <b>Canada Games</b> )
3:45 pm	2000m Timed Final (Bantam, Midget Men)
4:00 pm	2000m Timed Final (Bantam, Midget Women)
4:15 pm	4x400m Relays (Men & Women)



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Saturday, June 24, 2017

#### FIELD

9:00 am	Javelin (Midget & Older Men, includes <b>Canada Games</b> )
9:15 am	<b>Event #2</b> High Jump - Pentathlon Women
9:30 am	<b>Event #5</b> Long Jump Heptathlon Women <b>3 attempts</b> <b>Event# 2</b> Long Jump Pentathlon Men <b>3 attempts</b>
9:30 am	<b>Event #7</b> Discus Decathlon Men <b>3 attempts</b>
10:15 am	High Jump (Pee Wee/Bantam Women)
10:15 am	Long Jump (Pee Wee & Bantam Men) <b>3 attempts</b>
10:30 am	<b>Event #6</b> Javelin Heptathlon Women
10:45 am	<b>Event #3</b> <b>Event #3</b> Shot Put Pentathlon Men & Women <b>3 attempts</b>
11:00 am	High Jump (Pee Wee & Bantam Men)
11:15 am	Javelin (Midget & Older Women, includes <b>Canada Games</b> )
11:15 am	Long Jump (Pee Wee/Bantam Women) <b>3 attempts</b>
11:00 am	<b>Event #8</b> Pole Vault Decathlon Men
11:30 am	Ball Throw (Pee Wee/Bantam Men & Women) <b>3 attempts</b>
12:00 pm	<b>Event #4</b> High Jump Pentathlon Men
12:15 pm	<b>Event #4</b> Long Jump Pentathlon Women <b>3 attempts</b>
12:15 pm	Long Jump (Midget & Older Women, includes <b>Canada Games</b> )
12:30 pm	<b>Event #9</b> Javelin Decathlon Men <b>3 attempts</b>
1:00 pm	High Jump (Midget & Older Women, includes <b>Canada Games</b> )
1:00 pm	Long Jump (Midget & Older Men, includes <b>Canada Games</b> )
1:30 pm	Hammer (Men & Women, includes <b>Canada Games</b> )
2:15 pm	High Jump (Midget & Older Men includes <b>Canada Games</b> )