

# 2017 Garriock Track Meet

Saturday

|       | 2008 - Today | 2008 JD-9   |           | 2007 JD-10  |           | 2006 JD-11  |           | 2005 JD-12  |           | 2004 JD-13  |           | 2003-2002 Midget 14-15 |           | 2001 - Open 16 and older |           |
|-------|--------------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|------------------------|-----------|--------------------------|-----------|
|       | Track        | Track       | Field     | Track       | Field     | Track       | Field     | Track       | Field     | Track       | Field     | Track                  | Field     | Track                    | Field     |
| 9:00  |              |             |           |             |           |             |           |             |           |             |           |                        |           |                          |           |
| 9:30  |              | 60m Hurdles |           | 60m Hurdles |           | 60m Hurdles | Long Jump | 80m Hurdles |           | 80m Hurdles |           | 80m Hurdles            |           | 100m Hurdles             | Discus    |
| 10:00 |              |             |           |             |           |             |           |             |           |             | Javelin   |                        |           |                          |           |
| 10:30 |              |             |           |             |           |             |           |             |           |             |           |                        |           |                          |           |
| 11:00 |              | 1000m       |           | 1000m       | Discus    | 1000m       |           | 1200m       | Long Jump | 1200m       |           | 1200m                  | Javelin   | 1500m                    |           |
| 11:30 |              |             |           |             |           |             |           |             |           |             |           |                        |           |                          |           |
| 12:00 |              | 100m        |           | 100m        |           | 100m        | Discus    | 100m        |           | 100m        | Long Jump | 100m                   |           | 100m                     | Javelin   |
| 12:30 |              |             |           |             |           |             |           |             |           |             |           |                        |           |                          |           |
| 1:00  | Fun Run      |             |           |             | Javelin   |             |           |             | Discus    |             |           |                        | Long Jump |                          |           |
| 1:30  |              | 4x100m      |           | 4x100m      |           | 4x100m      |           | 4x100m      |           | 4x100m      |           | 4x100m                 |           | 4x100m                   |           |
| 2:00  |              |             |           |             |           |             | Javelin   |             |           |             | Discus    |                        |           |                          | Long Jump |
| 2:30  |              |             |           |             |           |             |           | 300m        |           | 300m        |           | 300m                   |           | 400m                     |           |
| 3:00  |              | RW 800m     | Long Jump | RW 800m     | Long Jump | RW 800m     |           | RW 800m     | Javelin   | RW 1500m    |           | RW 1500m               | Discus    |                          |           |

Female Events

Sunday

|       |  |      |           |      |           |      |           |              |           |              |             |               |             |              |             |
|-------|--|------|-----------|------|-----------|------|-----------|--------------|-----------|--------------|-------------|---------------|-------------|--------------|-------------|
| 9:00  |  |      |           |      |           |      | High Jump |              | Hammer    | 2000m        |             | 2000m         | Triple Jump | 3000m        | Shotput     |
| 9:30  |  |      |           |      |           |      |           |              |           |              |             |               |             |              |             |
| 10:00 |  |      | Shotput   |      | Shotput   |      |           | 200m Hurdles | High Jump | 200m Hurdles | Hammer      | 300m Hurdles* |             | 400m Hurdles |             |
| 10:30 |  |      |           |      |           |      |           |              |           |              |             |               |             |              |             |
| 11:00 |  |      |           |      |           |      | Shotput   |              |           |              | High Jump   | Stple Chse †  | Hammer      | Stple Chse † | Triple Jump |
| 11:30 |  |      |           |      |           |      |           |              |           |              |             |               |             |              |             |
| 12:00 |  | 60m  |           | 60m  |           | 60m  |           |              | Shotput   |              |             |               | High Jump   |              | Hammer      |
| 12:30 |  |      |           |      |           | 200m |           | 200m         |           | 200m         |             | 200m          |             | 200m         |             |
| 1:00  |  |      |           |      |           |      |           |              |           |              | Shotput     |               |             |              | High Jump   |
| 1:30  |  | 600m |           | 600m |           | 600m |           | 800m         |           | 800m         |             | 800m          |             | 800m         |             |
| 2:00  |  |      | High Jump |      | High Jump |      |           |              |           |              | Triple Jump |               | Shotput     |              |             |

† - Steeple Chase will be run by request. Midget (2003-2002) 1500m, Youth (2001-2000) 2000m, Junior (1999-Open) 3000m. Due to track layout hand timing will be used.

\* - New Rule/Event Change 2017

# 2017 Garriock Track Meet

Saturday -

Male Events

|       | 2008 - Today | 2008 JD-9   |           | 2007 JD-10  |           | 2006 JD-11  |           | 2005 JD-12  |          | 2004 JD-13  |             | 2003-2002 Midget 14-15 |             | 2001 - Open 16 and older |                      |
|-------|--------------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|----------|-------------|-------------|------------------------|-------------|--------------------------|----------------------|
|       | Track        | Track       | Field     | Track       | Field     | Track       | Field     | Track       | Field    | Track       | Field       | Track                  | Field       | Track                    | Field                |
| 9:00  |              |             |           |             |           |             |           |             |          |             |             |                        |             |                          |                      |
| 9:30  |              | 60m Hurdles |           | 60m Hurdles |           | 60m Hurdles |           | 80m Hurdles |          | 80m Hurdles |             | 100m Hurdles           |             | 110m Hurdles             |                      |
| 10:00 |              |             | Shotput   |             | Shotput   |             |           |             | Hammer   |             | Triple Jump |                        | High Jump   |                          |                      |
| 10:30 |              |             |           |             |           |             |           |             |          |             |             |                        |             |                          |                      |
| 11:00 |              | 1000m       |           | 1000m       |           | 1000m       |           | 1200m       |          | 1200m       | Hammer      | 1200m                  |             | 1500m                    | High Jump<br>Shotput |
| 11:30 |              |             |           |             |           |             |           |             |          |             |             |                        |             |                          |                      |
| 12:00 |              | 100m        | High Jump | 100m        | High Jump | 100m        | Shotput   | 100m        |          | 100m        |             | 100m                   | Hammer      | 100m                     | Triple Jump          |
| 12:30 |              |             |           |             |           |             |           |             |          |             |             |                        |             |                          |                      |
| 1:00  | Fun Run      |             |           |             |           |             |           |             | Shotput  |             | High Jump   |                        | Triple Jump |                          | Hammer               |
| 1:30  |              | 4x100m      |           | 4x100m      |           | 4x100m      |           | 4x100m      |          | 4x100m      |             | 4x100m                 |             | 4x100m                   |                      |
| 2:00  |              |             |           |             |           |             | High Jump |             |          |             | Shotput     |                        |             |                          |                      |
| 2:30  |              |             |           |             |           |             |           | 300m        |          | 300m        |             | 300m                   |             | 400m                     |                      |
| 3:00  |              | RW 800m     |           | RW 800m     |           | RW 800m     |           | RW 800m     | Highjump | RW 1500m    |             | RW 1500m               | Shotput     |                          |                      |

Sunday -

|       |  |      |           |      |           |      |         |              |           |              |           |               |           |              |           |
|-------|--|------|-----------|------|-----------|------|---------|--------------|-----------|--------------|-----------|---------------|-----------|--------------|-----------|
| 9:00  |  |      |           |      | Discus    |      |         |              | Javelin   | 2000m        |           | 2000m         | Long Jump | 3000m        |           |
| 9:30  |  |      |           |      |           |      |         |              |           |              |           |               |           |              |           |
| 10:00 |  |      |           |      |           |      | Discus  | 200m Hurdles |           | 200m Hurdles | Javelin   | 300m Hurdles* |           | 400m Hurdles | Long Jump |
| 10:30 |  |      |           |      |           |      |         |              |           |              |           |               |           |              |           |
| 11:00 |  |      |           |      |           |      |         |              | Discus    |              | Long Jump | Stple Chse †  | Javelin   | Stple Chse † |           |
| 11:30 |  |      |           |      |           |      |         |              |           |              |           |               |           |              |           |
| 12:00 |  | 60m  | Long Jump | 60m  | Long Jump | 60m  |         |              |           |              | Discus    |               |           |              | Javelin   |
| 12:30 |  |      |           |      |           | 200m |         | 200m         |           | 200m         |           | 200m          |           | 200m         |           |
| 1:00  |  |      |           |      |           |      | Javelin |              | Long Jump |              |           |               | Discus    |              |           |
| 1:30  |  | 600m |           | 600m |           | 600m |         | 800m         |           | 800m         |           | 800m          |           | 800m         |           |
| 2:00  |  |      |           |      |           |      | Javelin |              | Long Jump |              |           |               |           |              | Discus    |

† - Steeple Chase will be run by request. Midget (2003-2002) 1500m, Youth (2001-2000) 2000m, Junior (1999-Open) 3000m. Due to track layout hand timing will be used.

\* - New Rule/Event Change 2017