

Pearlgate Twilight Meet Information

- Start Time:** 6:30 (High jump will start at 6:00)
- Events:** Please see event list below
- Event Entries:** Each athlete can register in up to 3 events per meet
- Registration:** Registration MUST be completed online, there will be no on-site registration.
- Cost:** The cost is \$10 per athlete. Athletes must be members of the NLAA, and if not will be required to pay a \$1 one-day registration fee. The \$10 fee is waived for athletes with a FULL-YEAR Pearlgate membership.
- Schedule:** The schedule of events will be sent to all registrants once meet registration has closed.
- Marshalling:** There will be no marshalling prior to events, but athletes should arrive at least 30 minutes before their first event in the case the events start earlier than scheduled.
- Scoring:** Points will be awarded to the top 8 finishers in each age category as follows:
- 1st place: 8 pts
 - 2nd place: 7 pts
 - 3rd place: 6 pts
 - 4th place: 5 pts
 - 5th place: 4 pts
 - 6th place: 3 pts
 - 7th place: 2 pts
 - 8th place: 1 pt
- Awards:** The top three scorers in each age category who have participated in 3 or more meets and are members of Pearlgate will receive an award at the end of the season.
- Questions:** Please contact Gerard Power (gerardp18@hotmail.com) with any questions.

Meet #1 (May 17)

- Sprint: 200m+WC
- MD: 1200/1500m
- Hurdles: 300/400m
- Jump: M-HJ/ W-LJ**
- Throw: Discus

Meet #2 (May 31)

- Sprint: 100m+WC
- MD: 800m
- Hurdles: 80/100/110m
- Jump: M-LJ**/ W-HJ
- Throw: Shot put/ Hammer*

Meet #3 (June 14)

- Sprint: 300/400m+WC
- MD: 2000/3000/5000m
- Jump: M-HJ/ W-LJ**
- Throw: Javelin

Meet #4 (June 28)

- Sprint: 200m+WC
- MD: 1200/1500m
- Hurdles: 300/400m
- Jump: M-LJ**/ W-HJ
- Throw: Discus

Meet #5 (July 12)

- Sprint: 100m+WC
- MD: 800m
- Hurdles: 80/100/110m
- Jump: M-HJ/ W-LJ**
- Throw: Shot put/ Hammer*

Meet #6 (July 26)

- Sprint: 300/400m+WC
- MD: 2000/3000/5000m
- Jump: M-LJ**/ W-HJ
- Throw: Javelin

* Hammer throw upon request for trained athletes only

** Triple Jump upon request for trained athletes only