

Schedule - approximate times – schedule is rolling - #competitors will affect rate of event completion. Schedule will be adjusted once registration is closed.

Friday:

1:00pm	Senior HS Boys Dec 100m MASTER, SR, JR <u>DEC</u> 100M
1:30pm	Hep 100m Hurdles (33') Gr8/junior boys PENT 100m Hurdles (33) Gr8/Junior Girls PENT 80m Hurdles (30") MASTER, SR, JR <u>HEP</u> SPRINT HURDLES (80mH followed by 100mH)
1:45pm	Senior Boys DEC Long Jump MASTER, SR., JR. DEC LONG JUMP
2:15pm	Senior Girls HEP High Jump Gr8/Junior Boys PENT Long Jump Gr 8/Junior Girls PENT High Jump MASTER, SR, JR <u>HEP</u> HIGH JUMP (will follow whichever HJ finishes first – Sr HS Girls HEP HJ or Gr8/Jr PENT HJ)
3:00pm	Senior Boys DEC Shot Put MASTER, SR, JR <u>DEC</u> SHOT PUT
3:30pm	Grade 8/Junior Boys PENT Shot Put
3:45pm	Senior Girls HEP Shot Put Gr8/Junior girls PENT Long Jump MASTER, SR, JR <u>HEP</u> SHOT PUT
4:00pm	Senior Boys DEC High Jump MASTER, SR, JR <u>DEC</u> HIGH JUMP
5:00pm	Grade8/Junior Boys PENT High Jump
5:00pm	Senior Girls HEP 200m Grade 8/Junior Girls PENT Shot Put MASTER, SR, JR <u>HEP</u> 200M
5:30pm	Senior Boys DEC 400m MASTER, SR, JR <u>DEC</u> 400M
6:00pm	Grade8/Junior Girls PENT 800m
6:15pm	Grade8/Junior Boys PENT 1000m

BC High School Gr8 and Junior Pentathlon Awards to follow once final results tabulated

Saturday

10:00am

Senior Boys DEC 110m Hurdles
MASTER, SR, JR, DEC SPRINT HURDLES
Senior Girls HEP Long Jump
MASTER, SR, JR, HEP LONG JUMP

10:35am

Senior Boys DEC Discus
MASTER, SR, JR DEC DISCUS
(will follow completion of Sr HS Dec Discus)

12noon

Senior Girls HEP Javelin
MASTERS, SR, JR HEP JAVELIN (this group may precede Sr HS Girls if SR HS group is large and have not completed Long Jump, otherwise will follow)

Senior Boys DEC Pole Vault
MASTERS, SR, JR DEC POLE VAULT (it is hoped that this event can be combined for both groups)

2:00pm

Senior Girls HEP 800m
MASTER, SR, JR, HEP 800M

Senior Boys DEC Javelin
MASTER, SR, JR DEC JAVELIN

4:00pm

Senior Boys DEC 1500m
MASTER, SR, JR DEC 1500M

BC High School Championship Decathlon and Heptathlon Awards to follow once final results available.