



2017 Summer Jam Meets

University Stadium, U of Manitoba, Winnipeg

Tentatively - Selkirk Regional High School for July 26th Meet

Summer Jam 1A -Tuesday,May 23,2017

Events - 400mH (300mH Youth),(200mH - Midget),100m(80 PeeWee),400,(300m Midget and under), 1500m(1200 Midget)(1000 Bantam and under),
Women LJ (Men TJ) , Men HJ (Women PV), Discus, Javelin

Summer Jam 1B -Thursday,May 25,2017

Events - Sprint H, 200m(150 Bantam & under),800,(600m Bantam & under), 3000m(2000 Midget)
W TJ (M LJ) , M PV (W HJ), Shot, Hammer

Summer Jam 2A -Thursday,June 15,2017

Events -400mH (300mH Youth),(200mH - Midget),100m(80 PeeWee),400, (300m Midget and under), 1500m(1200 Midget)(1000 Bantam and under) TJ, PV, Shot, Hammer

Summer Jam 2B -Wednesday,July 26,2017 – Please note this may be moved to Selkirk Track

Events -Sprint H, 200m(150 Bantam & under),800,(600m Bantam & under),3000m(2000 Midget),
LJ,HJ,Discus,Jav

Eligibility:

Age Group Competition

** Heats and flights will be seeded based on entry marks and then separated into the appropriate age groups when results are produced

Entry Fee:

Entry fees will be \$10.00 per event

Entries:

Entries are to be done using the Trackie.reg site.

The entry deadline for Summer Jam 1A – Sunday, May 21, 2017 at 11:59 PM

The entry deadline for Summer Jam 1B – Sunday, May 21, 2017 at 11:59 PM

The entry deadline for Summer Jam 2A – Monday, June 12, 2017 at 11:59 PM

The entry deadline for Summer Jam 2B – Monday, July 24, 2017 at 11:59 PM

Meet Contact:

Please direct all questions regarding these meets to:
Gee-ef Nkwonta at: gknkwonta@gmail.com or
Wayne McMahon at email: gwaynemcmahon@gmail.com

Schedule:

A Tentative Schedule for each of the meets is pasted below.
A Final Schedule will be set once all entries have been received.

	Summer Jam Day 1A Tuesday, May 23, 2017 Track
5:15 AM	200mH/300mH/400mH 100m followed by 80m 300m Midget & Under 400m 1000 Bantam & Under 1200m Midget 1500m Field
5:30 PM	Pole Vault - Women Long Jump - Women High Jump - Men Javelin - All
6:15 PM	Discus - All Triple Jump - Men

	Summer Jam 1B Thursday, May 25, 2017 Track
5:15 AM	110mH/100mH/80mH 150m Bantam & Under 200m 600m Bantam & Under 800m 2000m Midget 3000m Field
5:30 PM	Long Jump - Men
5:30 PM	Pole Vault - Men
5:30 PM	High Jump - Women Shot - All
6:15 PM	Triple Jump - Women
6:15 PM	Discus- Men Hammer - All

	Summer Jam Day 2A Thursday, June 15, 2017 Track
5:15 AM	200mH/300mH/400mH 100m followed by 80m 300m Midget & Under 400m 1000 Bantam & Under 1200m Midget 1500m Field
5:30 PM	Pole Vault - All Triple Jump - Women High Jump - Men Javelin - All Shot - All
6:15 PM	Triple Jump - Men Hammer - All

	Summer Jam 2B Thursday, July 26, 2017 Track
5:15 AM	110mH/100mH/80mH 150m Bantam & Under 200m 600m Bantam & Under 800m 2000m Midget 3000m Field
5:30 PM	Long Jump - Men
5:30 PM	Discus- All
5:30 PM	High Jump - Women
6:15 PM	Long Jump - Women
6:15 PM	High Jump - Men Javelin - All