

Athletics NS Warm-Up Meet – Saturday, May 13th
Beazley Field, Dartmouth



Hosted and Sanctioned: Athletics Nova Scotia

Meet Director: Jonathan Doucette

Date: Saturday, May 13th, 2017

Event Site: - Beazley Field, Dartmouth, NS

- Eight lane track on the oval with a polyurethane surface.
- All field events accommodated
- Maximum spike length is 7mm
- Washrooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories:

All categories from Bantam to Masters will be offered. Athletes Bantam and younger are able to register for the tetrathlon (60m, Long Jump, Shot Put, 600m)

Events:

80m,100m,150m,200m,300m,400m,800m,1200m,1500m,2000m,3000m , Long Jump, Triple Jump, High Jump, Hammer, Discus, Shot Put, Javelin, tetrathlon

Registration:

Please visit TrackieReg to register Registration deadline is Wednesday, May 10th

Schedule:

The schedule is subject to change based on entries. The schedule is at TrackieReg.ca

Tentative Schedule

Event	Gender	Age	Heats	Time	Event	Gender	Age	Time
60m	M&F	Tetrathlon	Multi	3:00	High Jump	F	Mid,You,Jun,Sen,Mas	3:30
800m	F	Mid,You,Jun,Sen,Mas	TSF	3:25	High Jump	M	Mid,You,Jun,Sen,Mas	4:30
800m	M	Mid,You,Jun,Sen,Mas	TSF	3:40				
800m	M&F	Masters	TSF	3:55	Long Jump	M	Mid,You,Jun,Sen,Mas	3:30
80m	F	Bantam	TSF	4:10	Long Jump	M&F	Tetrathlon	3:30
80m	M	Bantam	TSF	4:15	Long Jump	F	Mid,You,Jun,Sen,Mas	4:30
100m	F	Mid,You,Jun,Sen,Mas	TSF	4:20				
100m	M	Mid,You,Jun,Sen,Mas	TSF	4:40	Triple Jump	M & F	Mid,You,Jun,Sen,Mas	6:00
400m	F	You,Jun,Sen,Mas	TSF	5:05				
400m	M	You,Jun,Sen,Mas	TSF	5:20				
300m	F	Midget	TSF	5:35	Shot Put	Male	Mid,You,Jun,Sen,Mas	3:30
300m	M	Midget	TSF	5:40	Shot Put	Female	Mid,You,Jun,Sen,Mas	4:30
600m	M&F	Tetrathlon	Multi	5:45	Shot Put	M&F	Tetrathlon	4:15
1500m	F	You,Jun,Sen,Mas	TSF	6:05	Javelin	Female	Mid,You,Jun,Sen,Mas	3:30
1500m	M	You,Jun,Sen,Mas	TSF	6:20	Javelin	Male	Mid,You,Jun,Sen,Mas	4:30
1200m	F	Midget	TSF	6:30	Discus	Mixed	Mid,You,Jun,Sen,Mas	5:30
1200m	M	Midget	TSF	6:40	Hammer	Mixed	Mid,You,Jun,Sen,Mas	6:30
150m	F	Bantam	TSF	6:50				
150m	M	Bantam	TSF	6:55				
200m	M	Mid,You,Jun,Sen,Mas	TSF	7:00				
200m	F	Mid,You,Jun,Sen,Mas	TSF	7:20				
2000m	F	Midget	TSF	7:45				
2000m	M	Midget	TSF	7:55				
3000m	M	Youth	TSF	8:05				
3000m	F	Youth-Junior	TSF	8:15				

The final schedule will be posted on Thursday, May 11th

Seeding

Please include accurate seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event to check-in and pick up hip numbers

Failure to check in at the marshaling area at least 20mins prior to your event may result in disqualification.

Scratches

Scratches will be accepted via TrackeReg until the registration deadline.

Registration:

Entries must be received by 11:59 p.m. Wednesday, May 10th, 2017

First event: \$25 for members and \$35 for non-members. Tetrathlon Only \$5

Late Entries will be accepted until 11:59 pm, Thursday, May 4th, 2017 at double the regular rate

No charge for additional events

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Entry fees **must** be paid before an athlete can compete in the meet. Please designate one person from your club to pick up the entry package and pay all fees.

Check in and Bib # Pick-up: Beginning at 9:00 a.m. on Saturday, May 13th

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