

The 310 Devils

THE 1st ANNUAL RUST BUSTER RELAY CHALLENGE
A PeeWee, Mite, Tyke, Atom, and MTA Sr. Track & Field Meet.

Date: Sunday, May 14th, 2017
Time: 9:30 a.m.
Place: Chinguacousy Park 9050 Bramalea Rd, Brampton, ON L6S 6G7
Facilities: All-weather rubberized eight-lane oval track, suitable for pin spikes (6-mm max).
Washroom on site, lunches, drinks, snacks will be sold, and restaurants are nearby.

Competition Directors: Scott Skimming 310running@gmail.com & Kyle Smith coach@bluedevilsac.com
Entries Chairperson: Suzanne Leroux suzanneleroux@rogers.com

PeeWees: Athletes born in 2011, 2012
LJ, SP, 80m

Mites: Athletes born in 2009, 2010 (**Co-Ed Relays ONLY – minimum 2 girls**)
LJ, SP, 80m, 4x200, Sprint Medley (200, 200, 400, 800), Swedish Relay (100, 200, 300, 400)

Tykes: Athletes born in 2007, 2008 (**Co-Ed Relays ONLY – minimum 2 girls**)
LJ, SP, 80m, 4x200, 4x800, Sprint Medley (200, 200, 400, 800), Swedish Relay (100, 200, 300, 400)

Atoms: Athletes born in 2005, 2006 (**Co-Ed Relays ONLY – minimum 2 girls**)
150m, 300m, 1200m, LJ, SP, 4x200, 4x800, Sprint Medley (200, 200, 400, 800), Swedish Relay (100, 200, 300, 400)

MTA Sr.: Athletes born in 2003, 2004 (**Co-Ed Relays ONLY – minimum 2 girls**)
LJ, SP, **150m, 300m 1200m** 4x200, 4x800, Sprint Medley (200, 200, 400, 800), Swedish Relay (100, 200, 300, 400)

Notes:

1. Athletes may compete in as many relays as they want
2. Athletes can compete up an age group to complete a team
3. Age classification as of **December 31st, 2017**.
4. Waiver forms must be filled-out and submitted by **each** athlete or a blanket waiver by coach/administrator with power of attorney (list all athletes). Athletes without signed waiver forms will not be allowed to compete. **NOTE:** supply on event day.
5. Events with less than **five** athletes **may** be combined with another age group.
6. Starting blocks for Atom and MTA Sr. only.

Awards: Medals will be awarded for the first place team in all events with ribbons for 2nd and 3rd place.

Entry Fees: One event: \$10.00 per athlete // Unlimited Events: \$20.00 per person

Note: \$5.00 insurance coverage surcharge per athlete for non-MTA registered athletes. (Gives all day coverage at Track Meet venue)

Deadline: **Deadline for entries is Wednesday midnight, May 10th, 2017**
Late Entries is noon on Friday May 12 2017 (1st event \$15 / unlimited \$30)
ENTRIES WILL NOT BE ACCEPTED ON RACE DAY

**** All emailed entries will be replied to, if you do not get a reply then your entries were not received.**
Make cheques payable to: 310 Running

Entries format: 1. Use Trackie.ca ([Link](#))
2. Use the Excel spreadsheets
Email entries to: Suzanne Leroux at suzanneleroux@rogers.com

DIRECTIONS TO TERRY FOX STADIUM, CHINGUACOUSY PARK

Travelling from Ajax

- Get on ON-401 West from Achilles Road and Salem Road South/Durham Regional Road 41.
- Head north and turn left toward Achilles Road.
- Turn right onto Achilles Road.
- Turn left onto Salem Road South/Durham Regional Road 41.
- Slight right onto the Ontario 401 West ramp to Toronto.
- Take Ontario 401 Express and ON-410 North to Queen St East/Peel Regional Road 107 in Brampton.
- Take the Regional Road 107/Queen Street exit from ON-410 North.
- Merge onto ON-401 West. Keep left at the fork to continue on Ontario 401 Express.
- Merge onto ON-401 West. Keep left to stay on ON-401 W. Use the right 2 lanes to take the exit toward Regional Road 4/ON-410/Dixie Road/Brampton.
- Keep left, follow signs for Hamilton/Brampton. Keep right at the fork, follow signs for ON 410/Brampton.
- Continue onto ON-410 North.
- Use the right 2 lanes to take the Regional Road 107/Queen Street exit. Continue on Queen St East/Peel Regional Rd 107 to your destination.

Travelling from Hamilton

- Take ON-403 E from King Street East/Hamilton Regional Road 8.
- Head west on Young Street toward Catharine Street South.
- Turn right at the 2nd cross street onto John Street South.
- Use the left 2 lanes to turn left onto King Street E/Hamilton Regional Road 8.
- Use the right lane to take the Ontario 403 East ramp to Toronto.
- Continue on ON-403 East to Brampton.
- Take the Regional Road 107/Queen Street exit from ON-410 N.
- Merge onto ON-403 East.
- Keep right at the fork to stay on ON-403 E, and follow signs for Toronto/Ontario 403/Ontario 401/Ford Drive.
- Keep left to stay on ON-403 East.
- Use the right 2 lanes to take the exit toward Brampton. Continue onto ON-410 N.
- Use the right 2 lanes to take the Regional Road 107/Queen Street exit.

Travelling from London

- Take ON-401 East from Hamilton Road and Highbury Avenue North South.
- Head south on Waterloo Street toward Dundas Street
- Turn left at the 2nd cross street onto King Street East.
- Turn right onto Adelaide Street North (signs for Adelaide Street South).
- Turn left onto Hamilton Rd. Turn right onto Highbury Avenue North South.
- Use the right lane to merge onto ON-401 East via the ramp to Toronto.
- Follow ON-401 E to Queen Street East/Peel Regional Road 107 in Brampton.
- Take the Regional Road 107/Queen Street exit from ON-410 N.
- Merge onto ON-401 East.
- Take the exit toward ON-410 North. Keep left to continue toward ON-410 North. Keep right at the fork, follow signs for Route 410 North. Continue onto ON-410 North.
- Use the right 2 lanes to take the Regional Road 107/Queen Street exit. Continue on Queen Street East/Peel Regional Road 107 to your destination.
- Use the right 2 lanes to turn right onto Queen Street East/Peel Regional Rd 107 (signs for Queen Street East).
- Turn left onto Bramalea Road.
- Turn left at Goodwood Road. Destination will be on the left

310 Running and Blue Devils AC

THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED or
BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes)

SANCTIONED & REQUIRED BY:
MINOR TRACK ASSOCIATION (of Ontario)

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the 1st ANNUAL Rust Buster Relay Challenge scheduled for Sunday, May 14th, 2017

I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:

- The Minor Track Association (of Ontario)
- 310 Running Club and/or any of its Directors
- Blue Devils AC and/or any of its Directors
- City of Brampton

And all other association, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Print Name

Date

Signature of Athlete

Print Name

Date

Signature of Parent or Guardian
(If under 18 years)

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SCHEDULE OF EVENTS

This is a tentative schedule and may be advanced 30 minutes or delayed as required

Time	Track	Pit 1-Long Jump	Pit 2 – Long Jump	Shot Put
1200m	Atoms MTA Sr	PW-Boys and Girls		Mites-Girls
4x200m	Mites Tykes Atoms MTA Sr.	MTA Senior Boys	MTA Senior Girls	Mite Boys
80m	PeeWee Mites Tykes	Tyke Boys	Tyke Girls	Tyke-Girls
300m	Atoms MTA Sr			Tyke Boys
4x800m	Tykes Atoms MTA Sr.			Senior Girls
Lunch				
SMR (200, 200, 400, 800)	Mites Tykes Atoms MTA Sr.	Atom Boys	Atom Girls	PW-Girls/Boys
150m	Atom MTA Sr	Mite Boys	Mite Girls	MTA Senior Boys
Swedish Relay (100, 200, 300, 400)	Mites Tykes Atoms MTA Sr.			Atom Girls
				Atom Boys