

NIPISSING INVITATIONAL TRACK AND FIELD MEET

TRACK A.M.			
TIME	EVENT		ROUND
9:00 AM	#15 Women 300M Hurdles Midget		Finals
9:00 AM	#47 Women 300M Hurdles Junior		Finals
9:00 AM	#79 Women 400M Hurdles Senior		Finals
9:15 AM	#16 Men 300M Hurdles Midget		Finals
9:15 AM	#48 Men 300M Hurdles Junior		Finals
9:15 AM	#80 Men 400M Hurdles Senior		Finals
9:45 AM	#97 Women 1500M Steeplechase Open		Finals
10:00 AM	#98 Men 2000M Steeplechase Open		Finals
TIME	EVENT		ROUND
10:25 AM	#2 Men 100M Midget		Heats
10:25 AM	#34 Men 100M Junior		Heats
10:25 AM	#66 Men 100M Senior		Heats
10:55 AM	#1 Women 100M Midget		Heats
10:55 AM	#33 Women 100M Junior		Heats
10:55 AM	#65 Women 100M Senior		Heats
TIME	EVENT		ROUND
11:25 AM	#13 Women 80M Hurdles Midget		Finals
11:25 AM	#45 Women 80M Hurdles Junior		Finals
11:25 AM	#77 Women 100M Hurdles Senior		Finals
11:55 AM	#14 Men 100M Hurdles Midget		Finals
11:55 AM	#46 Men 110M Hurdles Junior		Finals
11:55 AM	#78 Men 110M Hurdles Senior		Finals
TRACK P.M.			
TIME	EVENT		ROUND
12:45 PM	#9 Women 1500M Midget		Finals
12:45 PM	#41 Women 1500M Junior		Finals
12:45 PM	#73 Women 1500M Senior		Finals
1:10 PM	#10 Men 1500M Midget		Finals
1:10 PM	#42 Men 1500M Junior		Finals
1:10 PM	#74 Men 1500M Senior		Finals
1:30 PM	#5 Women 400M Midget		Finals
1:30 PM	#37 Women 400M Junior		Finals
1:30 PM	#69 Women 400M Senior		Finals
2:00 PM	#6 Men 400M Midget		Finals
2:00 PM	#38 Men 400M Junior		Finals
2:00 PM	#70 Men 400M Senior		Finals

TRACK P.M.			
TIME	EVENT		ROUND
2:30 PM	#1 Women 100M Midget		Finals
2:30 PM	#33 Women 100M Junior		Finals
2:30 PM	#65 Women 100M Senior		Finals
2:45 PM	#2 Men 100M Midget		Finals
2:45 PM	#34 Men 100M Junior		Finals
2:45 PM	#66 Men 100M Senior		Finals
3:00 PM	#11 Women 3000M Midget		Finals
3:00 PM	#43 Women 3000M Junior		Finals
3:00 PM	#75 Women 3000M Senior		Finals
3:30 PM	#12 Men 3000M Midget		Finals
3:30 PM	#44 Men 3000M Junior		Finals
3:30 PM	#76 Men 3000M Senior		Finals
4:15 PM	#3 Women 200M Midget		Finals
4:15 PM	#35 Women 200M Junior		Finals
4:15 PM	#67 Women 200M Senior		Finals
4:45 PM	#4 Men 200M Midget		Finals
4:45 PM	#36 Men 200M Junior		Finals
4:45 PM	#68 Men 200M Senior		Finals
5:15 PM	#7 Women 800M Midget		Finals
5:15 PM	#39 Women 800M Junior		Finals
5:15 PM	#71 Women 800M Senior		Finals
5:35 PM	#8 Women 800M Midget		Finals
5:35 PM	#40 Women 800M Junior		Finals
5:35 PM	#72 Women 800M Senior		Finals

NIPISSING INVITATIONAL TRACK AND FIELD MEET

FIELD SCHEDULE

WOMEN

ROUND ONE		
TIME	EVENT	ROUND
9:30 AM #27	Discus Midget	Finals
9:30 AM #61	Javelin Junior	Finals
9:30 AM #89	Shot Put Senior	Finals
ROUND TWO		
TIME	EVENT	ROUND
10:45 AM #17	High Jump Midget	Finals
10:45 AM #53	Long Jump Junior	Finals
10:45 AM #87	Triple Jump Senior	Finals
ROUND THREE		
TIME	EVENT	ROUND
12:00 PM #29	Javelin Midget	Finals
12:00 PM #57	Shot Put Junior	Finals
12:00 PM #91	Discus Senior	Finals
ROUND FOUR		
TIME	EVENT	ROUND
1:15 PM #23	Triple Jump Midget	Finals
1:15 PM #49	High Jump Junior	Finals
1:15 PM #85	Long Jump Senior	Finals
ROUND FIVE		
TIME	EVENT	ROUND
2:30 PM #25	Shot Put Midget	Finals
2:30 PM #59	Discus Junior	Finals
2:30 PM #93	Javelin Senior	Finals
ROUND SIX		
TIME	EVENT	ROUND
3:45 PM #21	Long Jump Midget	Finals
3:45 PM #55	Triple Jump Junior	Finals
3:45 PM #81	High Jump Senior	Finals

MEN

ROUND ONE		
TIME	EVENT	ROUND
9:30 AM #18	High Jump Midget	Finals
9:30 AM #54	Long Jump Junior	Finals
9:30 AM #88	Triple Jump Senior	Finals
ROUND TWO		
TIME	EVENT	ROUND
10:45 AM #30	Javelin Midget	Finals
10:45 AM #58	Shot Put Junior	Finals
10:45 AM #92	Discus Senior	Finals
ROUND THREE		
TIME	EVENT	ROUND
12:00 PM #22	Long Jump Midget	Finals
12:00 PM #56	Triple Jump Junior	Finals
12:00 PM #82	High Jump Senior	Finals
ROUND FOUR		
TIME	EVENT	ROUND
1:15 PM #28	Discus Midget	Finals
1:15 PM #62	Javelin Junior	Finals
1:15 PM #90	Shot Put Senior	Finals
ROUND FIVE		
TIME	EVENT	ROUND
2:30 PM #24	Triple Jump Midget	Finals
2:30 PM #50	High Jump Junior	Finals
2:30 PM #86	Long Jump Senior	Finals
ROUND SIX		
TIME	EVENT	ROUND
3:45 PM #26	Shot Put Midget	Finals
3:45 PM #60	Discus Junior	Finals
3:45 PM #94	Javelin Senior	Finals

Pole Vault events will be scheduled as established by the event official at the beginning of the day.