

July 11

Track Events

- 100m (heats) top 8 times to final
- Sprint Hurdles (SM-JnrM-YB-MB-OW-YG-MG-BG-BB)
- 100m (final)
- 400m
- 1500m
- 1500m SC / 2000m SC/ 3000m SC

Field Events

- High Jump (women then men)
- Triple Jump (men then women)
- Shot (women then men)
- Hammer (men then women)



July 25

Track Events

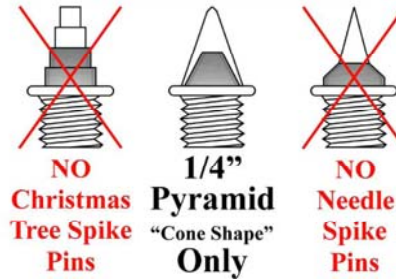
- Intermediate Hurdles (400m/300m/200m)
- 200m
- 800m
- 3000m

Field Events

- Long Jump (women then men)
- Discus(women then men)
- Shot (men followed by women)

Facility

Mondo Super X 400m with 8 lanes on the oval and 9 on the 100m straight away. Only Pyramid spikes may be worn. Maximum length allowed is 6mm on the track and 11mm for high jump and javelin. **(Spikes will be checked)**



Summer Twilight Series

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Twilight Dates

- June 6
- June 20
- July 11
- July 25

York Lions Stadium

York University Track Club

2017 Summer Twilight

INFORMATION

Registration:

Online registration will be done up until 11:59pm the night before the meet. Entries on the day of the meet will be accepted up until 1 hour prior to the event start time. The registration desk will open at 4:15pm.

On line entries done at:

<http://www.yorku.ca/yutc/v2/meetInfo.php>

Just follow the link for the particular meet off our website.

Start Time:

6:00pm

Meet Schedule:

Published by noon on the day off the meet at:

<http://www.yorku.ca/yutc/v2/meetInfo.php>

Where:

York Lions Stadium

Sanctioned:

By Athletics Ontario.

Entry Fees:

Athletics Ontario Registered: \$10.00 per event.

Non Athletics Registered: \$20.00 for first event and **\$10.00** for each additional event.

Late entries \$20.00 per event

INFORMATION

Results:

Finish Lynx and wind readings for sprints and horizontal jumps.

Posted at: www.yorku.ca/yutc

Track Events:

Grouped based on gender and ability (submitted seed time).

All races will be run from **Fast to Slow**.

Women followed by men.

Field Events:

In the throws, age groups will be combined and following the events, results will be sorted by age group.

Throwing implements **are not provided**.

There will be implement weigh in at the event site.



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MEET SCHEDULE

June 6

Track Events

- 🏃 100m (heats) top 8 times to final
- 🏃 Sprint Hurdles (SM-JnrM-YB-MB-OW-YG-MG-BG-BB)
- 🏃 100m (final)
- 🏃 300m/400m
- 🏃 1200m/1500m
- 🏃 1500m SC / 2000m SC/ 3000m SC

Field Events

- 🏃 High Jump (women then men)
- 🏃 Triple Jump (men then women)
- 🏃 Javelin (men then women) **
- 🏃 Shot (men followed by women)
- 🏃 Pole Vault (men followed by women)

June 20

Track Events

- 🏃 Intermediate Hurdles (400m/300m/200m)
- 🏃 150m/200m
- 🏃 800m
- 🏃 2000m (Youth)
- 🏃 3000m

Field Events

- 🏃 Long Jump (women then men)
- 🏃 Discus (women followed by men)
- 🏃 Shot (men followed by women)
- 🏃 Pole Vault (women followed by men)