



2nd Annual York University Outdoor High School Track & Field Meet

Friday, April 28th & Saturday, April 29th, 2017

TEACHERS COME AND COACH AND LEAVE THE OFFICIATING TO US!

Location: York Lions Stadium (2015 Pan Am Stadium), 130 Ian MacDonald Blvd, Toronto, ON M3J 1P3

Facilities: 8 lane oval Mondo Super X 400m track with 9 lane 100m straight away
Only Pyramid spikes may be worn. Maximum length allowed is 6mm.
(Spikes will be checked)



We will have Pyramid Spikes available for sale at the meet.

No Showers available. York University and the meet organizers are **NOT** responsible for any loss or theft of personal items.

FACILITIES RULES AND REGULATIONS

- Personal implements will be allowed and are then entered into the competition pool.
- Pole Vault Poles are **NOT** provided.

ELIGIBILITY: Open to high school students only. **Entries must be submitted by the school.**
NO REFUNDS ON ENTRIES THAT ARE ACCEPTED BY THE MEET ORGANIZERS.

ENTRIES: To be done on line via trackie.ca or using hy-tek team manager lite

<https://www.trackie.com/online-registration/register/1st-annual-york-lions-outdoor-hs-track-meet/3571/>

ENTRY FEE: **Individual:** \$6.00 athlete/event **Relay:** \$10.00 per team
TEAM MAX: \$400.00 (Girls and Boys combined) Receipts will be issued with your package.

ENTRY DEADLINE: *Received by* Tuesday, April 25th, 2017 by 9:00pm (E.S.T.)

- **ATHLETES ARE NOT ALLOWED TO COMPETE IN THE SAME EVENT IN DIFFERENT AGE GROUPS.**
- **ABSOLUTELY NO ENTRIES ON THE DAY OF THE MEET WILL BE ACCEPTED.**
- **LIMIT OF 4 FIELD EVENT ENTRIES PER AGE GROUP PER SCHOOL**

SWEAT SUIT RULE: due to the anticipated number of entries, we ask that all athletes have their sweats off (t-shirts, sweats, tights) when they are called to the start line. This will allow us to stay on schedule.

QUESTIONS: Colin Inglis **Phone:** (416) 736-2100 ext: 44669 **Email:** cinglis@yorku.ca
Colleen Dotson **Phone:** (416) 736-2100 ext: 20119 **Email:** colleenr@yorku.ca

START LISTS: Will be posted as of Wednesday, April 26th, 2017 at: <http://www.yorku.ca/yutc> and click on the **(Meet Info)** link on the main page. Please verify your entries and notify us of any errors or omissions you notice by **Thursday, 12 Noon.** By email cinglis@yorku.ca.

RESULTS: Will be posted at: <http://www.yorku.ca/yutc> Click on the link for the results.

SCHEDULE: Please see the attached *tentative schedule* of events. Actual starting times and schedules can be obtained at the meet. **Heats will run slow to fast.**

OFFICIATING: The meet will be officiated by York Lions varsity athletes.

AWARDS: York Lions T-shirts to the top 3 in each event.

HOTELS: For those schools requiring overnight accommodation, a special rate can be arranged at any of the following hotels. Each room can accommodate up to 4 persons. Schools are requested to make their reservations directly, by contacting:

Springhill Suites Vaughn
612 Applewood Crescent, Vaughn
(905) 695-9319 (ask for Bonnie Da Luz)



Ask for the "Sport York" rate when inquiring about room rates for your group

HOW TO GET TO YORK:

From the North: Follow Highway 400 South and exit at Highway 7. Follow Highway 7 east to Jane Street and turn right heading south. Take Jane St down to Steeles Ave and turn left onto Steeles Ave. Go East on Steeles, past Jane Street and turn right at York University entrance at the Founders Road just past the Black Creek Pioneer Village. For parking use the Founders Parking Lot.

From the West: Follow Highway 401 (MacDonald Cartier Freeway) to Highway 400 North. Follow 400 North to Steeles Avenue and exit EAST. Go East on Steeles, past Jane Street and turn right at York University entrance at the Founders Road just past the Black Creek Pioneer Village. For parking use the Founders Parking Lot.

From the East: Follow Highway 401 (MacDonald Cartier Freeway) to Highway 400 North. Follow 400 North to Steeles Avenue and exit EAST. Go East on Steeles, past Jane Street and turn right at York University entrance at the Founders Road just past the Black Creek Pioneer Village. For parking use the Founders Parking Lot.

OR Follow Highway 401 (MacDonald Cartier Freeway) to Keele Street North. Follow Keele Street North to Steeles Avenue. Turn left on Steeles and then turn left into the first York University Entrance Founders Road. For parking use the Founders Parking Lot.

AGE CLASSIFICATIONS: **Midget** – under age 15 as of January 1st, of this school year and in Grade 9
Junior - under 16 & under as of January 1st, of this school year
Senior - under 20 as of January 1st, of this school year.

For many of our track events we will be combining the Juniors and Seniors into an Open Division. In events where there are specific division specifications (hurdles, throwing implements) they will not be combined.

Field event athletes will be given 3 attempts in the preliminary round with the top 8 getting 3 additional trials. Minimum standards may be applied at the discretion of meet directors if entry numbers warrant it.

Seed Times: Timed sections and heats will be drawn on the basis of seed performances submitted by coaches.

Relays: You can enter 2 relay teams in each relay for the women and 2 for the men.

Field Events

Starting Heights or Minimum Distance Measured

EVENTS:	Midget Girls	Midget Boys	Open Girls	Open Boys	
High Jump	1.20m	1.40m	1.25m	1.45m	Bar will go up by 5cm
Long Jump	3.00m	3.50m	3.50m	4.50m	
Pole Vault	1.90m	2.40m	1.90m	2.40m	Bar will go up by 10cm



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TENTATIVE SCHEDULE OF EVENTS - FRIDAY April 28th, 2017

TRACK EVENTS

1:30pm	2000m Steeplechase	OG
	3000m Steeplechase	OB
	100m Heats	MG, MB, OG, OB (Top 18 times to final)
	80mH Timed Finals	MG
	80mH Timed Finals	JG
	100mH Timed Finals	SG
	100mH Timed Finals	MB
	100mH Timed Finals	JB
	110mH Timed Finals	SB
	100m Finals	MG, MB, OG, OB
	400m Timed Finals	MG, MB, OG, OB
	1500m Timed Finals	MG, MB, OG, OB
	800m Invitational	OG, OB
	4x100m Relay	MG, MB, JG, JB, SG, SB

FIELD EVENTS

1:30pm	Long Jump (OG) High Jump (MG)	Pole Vault (OB) Javelin (Girls all age groups combined)	Shot (MG & JG / MB & JB)
3:30pm	Long Jump (OB) High Jump (OG)	Pole Vault (MB) Javelin (MB & JB)	Shot (OG / OB)
5:30pm	Long Jump (MG / MB)	Javelin (OB)	



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TENTATIVE SCHEDULE OF EVENTS - SATURDAY April 29th, 2017

TRACK EVENTS

9:00am	3000m Timed Finals	MG, MB, OG, OB
	Intermediate Hurdles	MG, JG, SG, MB, JB, SB
	800m Timed Finals	MG, MB, OG, OB
	200m	MG, MB, OG, OB
	4x400m Relay	OG, OB

FIELD EVENTS

9:00am	High Jump (MB)	Triple Jump (OB)	Discus (OG)
10:00am	Pole Vault (OG)		
11:15am	High Jump (OB)	Discus (MB/JB)	Triple Jump (OG)
12:45pm	Discus (OB)	Pole Vault (MG)	Triple Jump (MG / MB)