

## 2017 AC Indoor Open Saturday February 18<sup>th</sup> and Sunday February 19<sup>th</sup>



The 2017 AC Indoor Open is a two-day competition with youth and junior age categories only. Midget aged athletes are eligible to compete but must compete at the youth age group.

Youth - 2000, 2001, 2002, 2003

Junior - 1998, 1999

**Cost is dependent on the # of events that the athlete is entering in:**

\$335: transportation to and from Montreal, 2 nights' accommodation (quadruple occupancy), and 1 event entry.

\$385: all of the above and two event entries

\$400: all of the above and three event entries. An additional \$15 per event.

**ADSP Athletes will receive a discount subject to their level until January 30th. Contact Gabriel LeBlanc ([leblancgab@gmail.com](mailto:leblancgab@gmail.com)) to receive your promo code.**

Registration deadline is Monday **FEBRUARY 6<sup>th</sup>** and is subject to bus capacity (47 seats). Seats are not secured until registration and payment has been completed.

### **How to Register:**

Registration will take place online via TrackieReg @

<https://www.trackie.com/online-registration/event/anb-to-2017-hershey-indoor-championships/7164/#.WFQz7NUrKM>

Your spot on the bus is not secured until registration has been completed.

### **Tentative Itinerary**

#### **Friday February 17<sup>th</sup>, 2017**

5:30am Depart Moncton (Coliseum 377 Killam Drive)

7:30am Depart Fredericton (Lincoln Big Stop 415 Nevers Rd, Waasis, NB E3B 9E1)

*\*Saint John individuals must travel to Fredericton to get on the bus*

10:30am-11:30am Edmundston lunch and athlete pick up (KFC 180 Boulevard Hebert)

Appx 6:00pm Arrive Montreal

Upon arrival athletes, will get settled in hotel, eat dinner, and relax before a team meeting approximately 8:30pm (location TBD)

#### **Saturday February 18<sup>th</sup>, 2017**

Compete – Coaches will discuss with athletes on departure times from hotel and warm up procedures on the trip up to Montreal. Athletes will be responsible for taking the complimentary shuttle from the hotel to the track venue.

#### **Sunday February 19<sup>th</sup>, 2017**

9:30am - All athletes must check out of the hotel and head to the track. Those athletes who must leave prior to this will pack up and bring bags to coach's room and take meet shuttle to the track.

~Athletes should be prepared to shower and change at the competition venue (bring towel)

~Approx. 4:30pm - Depart Montreal

~11:30pm - Arrive in Edmundston

~1:15am - Arrive in Fredericton (Monday the 20<sup>th</sup>)

~3:15am - Arrive in Moncton (Monday the 20<sup>th</sup>).

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**Coaches on the team will coordinate and communicate shuttle schedules and transportation logistics during the course of the trip.**

### Accommodations

Courtyard Marriott - 7000 place Robert Joncas, Montreal, H4M 2Z5 (514) 339-5333

\*Athletes will stay 4 to a room

\*Shuttle to competition venue (Claude-Robillard)

\*Includes hot breakfast buffet. Other amenities include: Wifi, Pool, Hot Tub, and there is a restaurant on site.

### Notes:

\*Athletes are encouraged to bring snacks and other food. The rooms are *supposed* to have mini-fridges.

\*There are numerous restaurants that are walkable in the area of the hotel.

\*Athletes should dress for the weather ie. be prepared to walk 5-10minutes for food if desired.

\*Seed performances will be taken from the AC Rankings from January 1, 2016 to February 12, 2017.

\*Final schedule will be made available on Friday February 17<sup>th</sup>. Scratches are due at the TIC by Friday February 17<sup>th</sup> 12:00pm. Athletes failing to scratch by the deadline who do not show at their first event will be removed from all events for the remainder of the meet.

\*Bibs will be picked up Friday night at the hotel between 5:00-9:00m.

*Athletes are expected to conduct themselves in an appropriate manner and be positive ambassadors for the province of New Brunswick, their hometowns, and clubs that they are representing. Failure to conduct themselves appropriately will result in negative punishments.*

### Competition Venue

Complexe Sportif Claude-Robillard

1000 avenue Emile Journault, Montreal, QC, H2M 2E7

- 200m indoor (banked) - one six lane straight available for warm up after check in
- Lanes - 8 lane straight, 4 lanes banked, Surface - Mondo
- 1 long jump/triple jump runway. 13m triple jump board with 9 and 10m painted lines
- 1 high jump apron, 1 pole vault runway, 1 circle and cage for shot put and weight throw
- Spike Length - 7mm pyramids —No Christmas Trees and No pin!

