2017 Calgary Indoor Track Series

Location: Jack Simpson Track, Kinesiology Building, U of Calgary

SPIKE LENGTH: Must be Cones or Christmas Trees, Maximum length 6mm

Map of Campus: http://www.ucalgary.ca/map/Hosted by:Calgary Track Council and University of Calgary Track & Field ProgramSanctioned by:Athletics AlbertaWebsites:www.calgarytrackcouncil.com or www.uofcathletics.caCategories:Ages as of December 31 the year of Competition10 years and under11-15 years (will compete in one year divisions)Open: age 16 and overMasters: 35+ years old on day of meetInvitational events:Field sizes will be limited. Athletes are required to submit legitimateperformances for consideration of entry by the entry Deadline.

Invitational events will not be scored for the Series Championship

Events Offered:

	Dino Opener	Jack Simpson Open	Dino Classic
	Sunday, December 4, 2016	Sunday, January 8, 2017	Sunday, January 29, 2017
	10:00am – 7:00pm	10:00am – 5:00pm	10:00am – 5:00pm
60m	All ages	All ages	All ages
150m	13 & under	15 & under	13 & under
200m	14 & older		
300m		16 & older	14 & older
400m		15 & under	
600m	16 & older	16 & older	All ages
800m	All ages		
1000m	16 & older		All ages
1200m		14-15 years	
1500m		16 & older	
Mile			Open/Masters
2000m			
3000m	16 & older		
60m Hurdles	14 & older (Invitational)	14 & older (Invitational)	14 & older (Invitational)
4x200m	All ages	All Ages	15 & under
4x400m			14 & older
High Jump	Invitational		
	Invitational Field Events		
	Saturday December 3, 2016		
	11:00am-4:00pm		
Long Jump	Invitational		
Triple Jump	Invitational		
Pole Vault	Invitational		
Shot Put	Invitational		

Schedules: Tentative schedules are posted on the Website. Final schedules will be posted the day before the competition

Awards:

- For each meet: top 6 in each event Final, will receive ribbons.
- Participant ribbons will be available for all finishers who do not place in the top 6.
- Athletes are expected to pickup their awards at the registration table after final results are posted. Ribbons will not be mailed out.
- Series Championship: top 3 total point winners in each age group will receive medals.
 - o 10&under/11yrs/12yrs/13yrs/14yrs/15yrs/16-17yrs/Open/Masters
 - Points will be accumulated for athletes finishing in the top eight in each event as follows: 10, 8, 6, 5, 4, 3, 2, 1 for 1st, 2nd, 3rd, etc. down to 8th place.

Series T-Shirts

- Series T-shirts will be awarded to every athlete who completes 4 individual events.
- Athletes are asked to indicate their T-Shirt size with their first entry into the series.

ENTRIES:

Trackie Registration:

https://www.trackie.com/online-registration/event/dino-opener/6905/#.WDIKpE8zVFo

Entry Fee is \$13 per athlete per event

\$13 per Relay team (Day of meet entries are OK)

Entry deadline: Entries must be received by the Tuesday prior to the meet.

Changes can be made till Thursday before the meet

Entries may be limited due to space and time constraints and will be processed on a first come first serve basis.

Enquires: Email to <u>uofcathleticsentries@gmail.com</u>

Day of Meet entries will only be accepted at Meet Director's discretion and if space is available

Make cheques payable to "University of Calgary Athletics Club"

Athletics Alberta Membership

All participants must be a members of Athletics Alberta. To register with Athletics Alberta go to: <u>https://www.trackie.com/members/UN-AB.php</u>

"Day of Meet" Membership is available for one meet only (Cost \$5.00).

Go to: <u>https://www.trackie.com/members/UN-AB.php</u> to register online. Check "Athlete", then select "Day Member".

T-SHIRT SIZE – be sure to include your T-shirt size with your first entry, if you expect to **complete 4 Individual** events during the series.

Initial Entry lists will be posted on Wednesday on the Calgary Track Council and UCAC websites.

- Fully automatic phototiming (FinishLynx).
- Youth Girls & Boys 60m –: will have timed section finals. If they wish to run heats to finals, they should request to run in the Open Category.
- **RESULTS:** Results will be posted at the main entrance as soon as possible and Saturday night on the series website.