



CROSS COUNTRY

4th Annual Badger Invitational

This is a great opportunity for a final tune-up before the Zone 3-4 Championships!!

Date: Thursday, October 6th, 2016

Convenor: Emily Allan, eallan@brocku.ca, 905 688 5550 x6178

Location: Brock University campus, soccer field on the west side of campus. Parking details to follow.

Registration/Packet Pick-up: 8:30-9:30am, east side of soccer fields, behind Village Residence.

Coaches Mtg: 9:30am at the registration/Badger XC tent.

Start Times:

Midget Girls	10:00am	~3km
Midget Boys	10:30am	~5km
Junior Girls	11:15am	~4km
Junior Boys	11:50pm	~6km
Senior Girls	12:30pm	~5km
Senior Boys	1:15pm	~7km

Course: The course is flat and mostly on grass, trails, and some gravel sections. Course maps will be provided at a later date.

Entries: Register will take place on-line this year - link to be sent soon!
\$8 per runner to a maximum of \$280 per school
Pay by cash or cheque at registration (cheques payable to Brock University)

Entries due: **By midnight on Sunday, October 2nd**
*(*note: registration may close earlier if the event reaches capacity)*

Results: Will be posted during the event and emailed to coaches afterwards.

Scoring: The placing of the top four runners will determine each team's score. In the event of a tie, the team whose 4th runner finishes nearest to first will decide the issue.

Awards: Medals will be awarded to the top 3 in each category. Race winners of each category will also receive a prize. An assortment of other paraphernalia will be available as draw prizes throughout the day.

Snacks: Water and Gatorade will be on hand, as well as a limited amount of apples.
**Note, this is a waste-free event - runners need to bring their own refillable bottles.*
The Walker Complex Cafeteria will be open for food and drink purchases.

