



Presents

**Ontario Bantam Midget Youth
Championships and Junior/Senior
Combined Events Championships**

**July 22-24, 2016
Windsor, Ontario**

Technical Package

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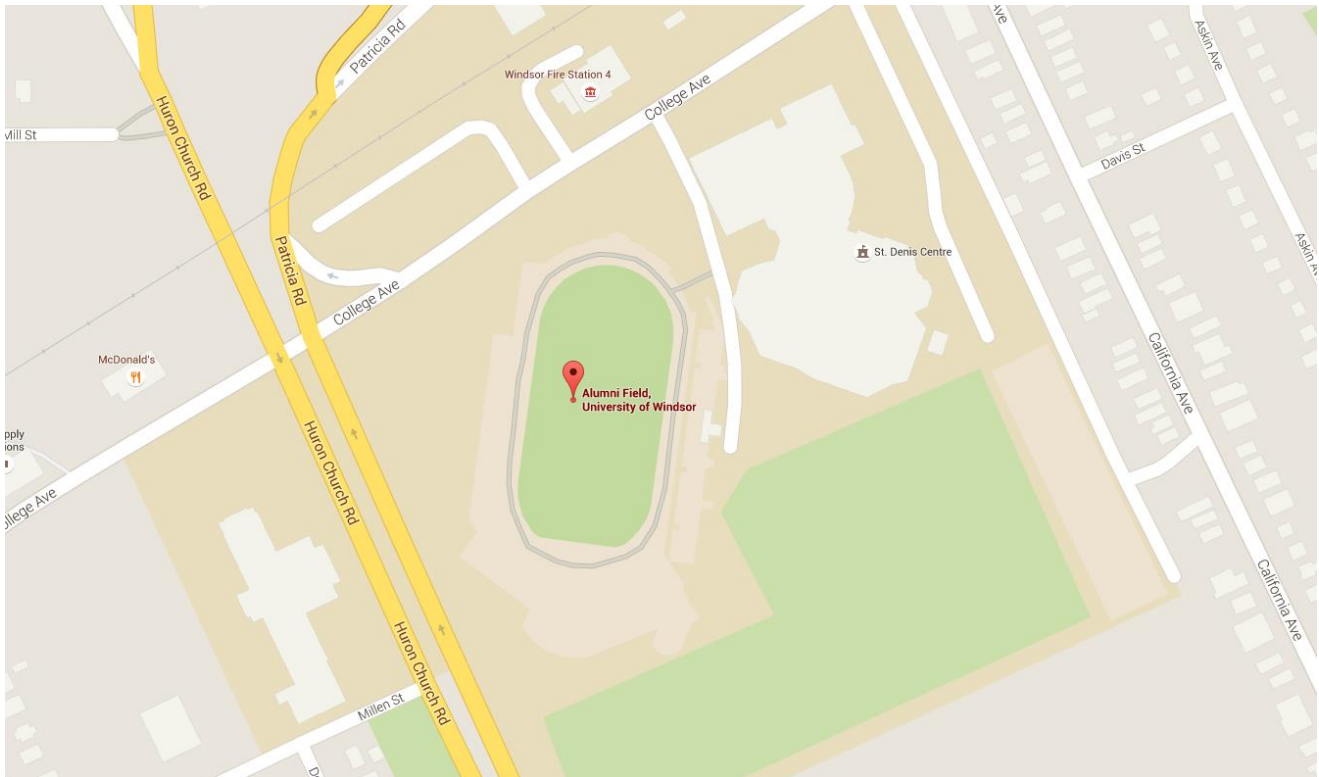
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General Information

Location:

University of Windsor Stadium
2555 College Avenue
Windsor, Ontario, Canada
N9B 3P4



Host Organizing Club:

University of Windsor Athletics Club



Organizing Committee

Meet Director:
Technical Director:
Officials Coordinator:
Volunteer Coordinator:
Athlete Check In Coordinator:
Awards Coordinator:
Registration Coordinator:
Hurdles Crew Chief:
Equipment & Facility Manager:

Brett Lumley/Gary Malloy/Richard Johnston
Randolph Fajardo
Helen Vasilic
Jesse Dupuis
Caitlin McClurkin
Anna Patterson
Richard Johnston
Austin Roth
Ben Warnock

Food: Food and refreshments will be available for purchase on site for cash only.

Host Hotels: **Holiday Inn Hotel & Suites Windsor (Ambassador Bridge)**

1855 Huron Church Rd.

Windsor, Ontario

N9C 2L6

Ph# (519) 966-3274 Fax# (519) 966-7280

Contact Kim MacDonald (Group Sales Manager) 519-966-3274

Blocked rooms are available under the group of AO Bantam Midget and Youth Track and Field

- Thursday – 45 rooms
- Friday – 125 rooms
- Saturday – 125 rooms

Rates

- Standard Room - \$115/night
- Executive Room - \$125/night

Facility Rules and Regulations:

Results: Results will be posted on Monday July 25, 2016 by 10am EST
Please follow this link for the meet results:

Photos: Photos captured by the Athletics Ontario team will be posted on the Athletics Ontario social media sites (Facebook and Twitter) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

Facebook page: <https://www.facebook.com/Athletics-Ontario-135196239850966/?fref=ts>

Quest for Gold: All Athletics Ontario athletes looking to qualify for Quest for Gold funding must participate at the provincial championships. Updates to eligibility criteria will be updated in April.

More information on Quest for Gold at: <http://athleticsontario.ca/quest-for-gold/>

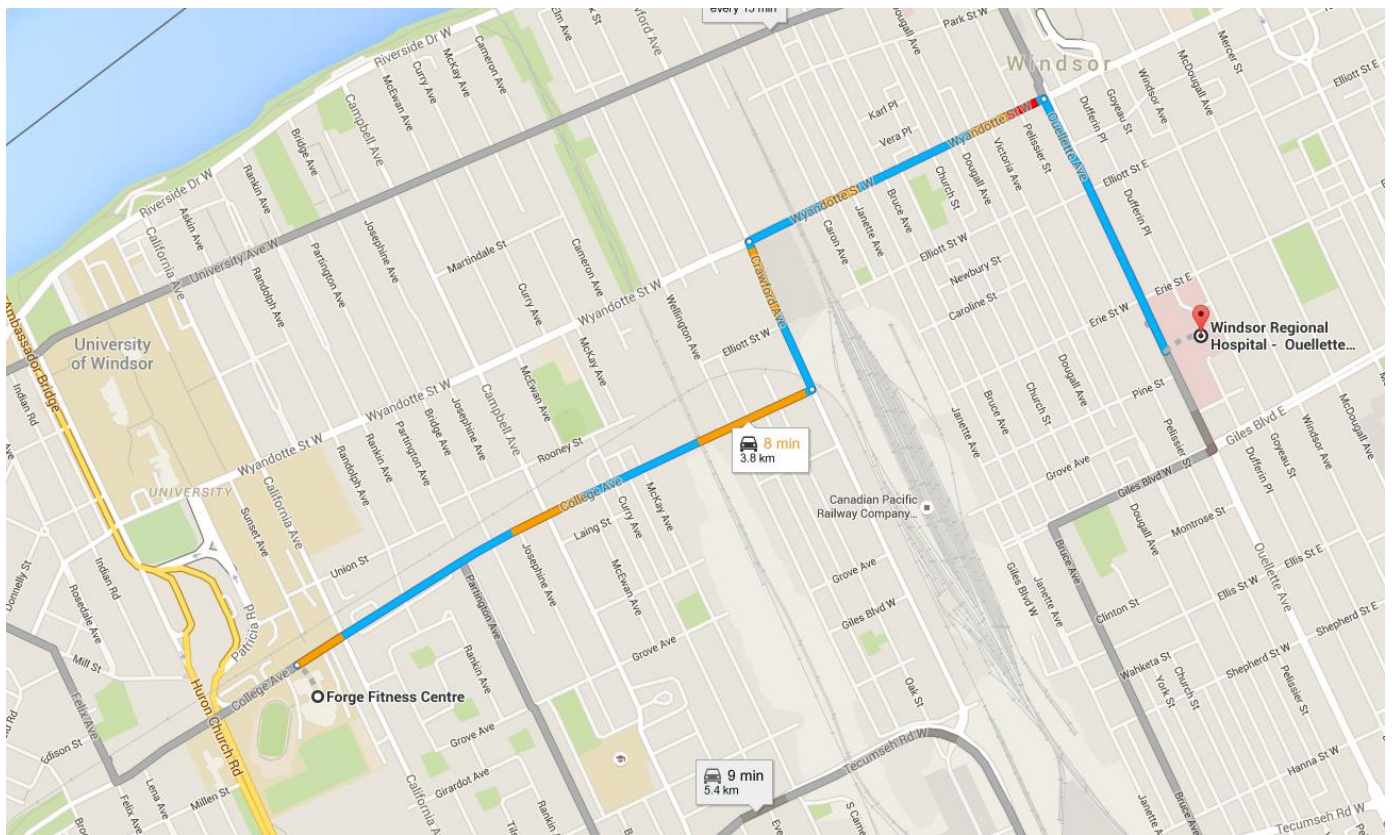
Espoir/ CSG: Canada Summer Games will be held in Moncton, New Brunswick. Track and field competition is on August 6-7th, 2016. For more information on criteria, eligibility, and the technical package please go to: <http://athleticsontario.ca/athlete-resources/>

Directions from University of Windsor Stadium to Windsor Regional Hospital

From:
2555 College Avenue
Windsor, Ontario, Canada
N9B 3P4

1. Head northeast on College Ave towards California Ave 1.6km
2. Turn left onto Crawford Ave 0.45km
3. Turn Right onto Wyandotte St W 0.90km
4. Turn right onto Hwy 3B/Oullette Ave 0.80km

Windsor Regional Hospital
1030 Oullette Ave.
Windsor, ON
N9A 1E1



Registration

Entry Deadline: **11:59 pm, Monday, July 18, 2016**

Age Categories:

Bantam (BG/BB)	born in 2003 or later
Midget (MG/MB)	born in 2001 or later
Youth (YG/YB)	born in 1999 or later
Junior (JW/JM)	born in 1997 or later
Senior (SW/SM)	open to all

Eligibility: There are no entry standards for this meet.

Athletes residing in Ontario must be registered and their clubs affiliated for 2016 with Athletics Ontario by the Entry Deadline.

Athletes not registered with Athletics Ontario by the entry deadline will be subject to a \$50 late registration fee, in addition to the regular membership fee, payable to Athletics Ontario prior to picking up their bib number.

Athletes registered with Athletics Ontario as “Unattached” or “Disassociated” do not require a club affiliation.

Athletes residing in Ontario but representing a club from outside the province must be registered with their association and must be entered by their respective clubs.

Athletes residing outside of Ontario must be registered for 2016 with their provincial or state associations.

Fees:

		Before Deadline	After Deadline
Championship	Individual	\$25.00	\$50.00
	Relay	\$35.00	\$60.00
Combined Events Championship	Heptathlon	\$32.00	\$50.00
	Decathlon	\$35.00	\$50.00

* Non-Members add \$5
 ** All fees include HST
 HST# 104002357RT

Method: TRACKIE online: Link to come
No entries are to be dropped off at the Athletics Ontario (AO) office
No telephone entries. No faxed entries. NO REFUNDS.

Payment: Via Trackie with on-line payment. Please contact Athletics Ontario if another form of payment must be made.

Late: Entries will be accepted after the deadline on Monday, July 18th 11:59pm EST but fees will be increased as stated above. The deadline for late entries will be Wednesday, July 20th at 3:00pm EST. To be eligible for post entry, athletes must have been registered with the provincial branch by the time of the entry. See "Eligibility" from page 11. Entries in Ontario Championship events received after this deadline will be accepted at the discretion of Athletics Ontario and only if it does not cause a disruption to the conduct of the meet.

Confirmation: As entries are processed, the start lists will be made available online at the Athletics Ontario website at <http://athleticsontario.ca/ao-bmy-championships/>. Please check online to confirm your entries following the entry deadline.

Waiver: Every participant is required to sign the waiver form attached. For athletes under the age of 18, a parent or guardian's signature must appear on the waiver. The waiver form must be submitted at the registration desk on the day of the competition.

Competition Details

Schedule:

The schedule is subject to minor adjustments. If there are changes to this schedule, a revised FINAL schedule will be posted, online at: <http://athleticsontario.ca/bmy-championships/> by July 20th at 4:00pm EST.

Track	Final Schedule – Day 1 – Friday July 22, 2016			
	Sections will run from SLOW to FAST.			
Time	Event	Check In Window	Round	Age Group
4:00	100m	2:30 – 3:30	Decathlon	JM (1) – SM (3)
4:15	100mH	2:45 – 3:45	Heptathlon	JW (5) – SW (2)
7:30	200m		Heptathlon	JW (5) – SW (2)
8:30	400m		Decathlon	JM (1) – SM (3)
Field	Final Schedule – Day 1 – Friday July 22, 2016			
Time	Event		Age Group	
4:45	Long Jump		Decathlon JM (1) – SM (3)	
5:00	High Jump		Heptathlon JW (5) – SW (2)	
5:45	Shot Put		Decathlon JM (1) – SM (3)	
6:45	Shot Put		Heptathlon JW (5) – SW (2)	
7:00	High Jump		Decathlon JM (1) – SM (3)	

Track	Final Schedule – Day 2 – Saturday July 23, 2016			
	Sections will run from SLOW to FAST.			
Time	Event	Check In Window	Round	Age Group
10:00	1500mSC	8:30 – 9:30	Timed Final	MG (3) – MB (1)
	2000mSC	8:30 – 9:30	Timed Final	YG (5) – YB (10)
10:30	80mH	9:00 – 10:00	Prelims	BB (6) – BG (1) – MG (18)
	100mH	9:00 – 10:00	Prelims	MB (6) – YG (17)
	110mH	9:00 – 10:00	Prelims	YB (20)
11:00	110mH		Decathlon	JM (1) – SM (3)
11:15	1200m	9:45 – 10:45	Timed Final	BG (12) – BG (14) – MG (26) – MB (42)
	1500m	9:45 – 10:45	Timed Final	YG (28) – YB (44)
Track Break				
1:30	80m	12:00 – 1:00	Prelims	BG (13) – BB (5)
	100m	12:00 – 1:00	Prelims	MG (20) – MB (32) – YG (32) – YB (42)
2:30	110mH		Final	YB
	100mH		Finals	YG – MB
	80mH		Finals	MG – BB – BG
3:00	800m		Heptathlon	JW (5) – SW (2)
3:15	80m		Finals	BG – BB
	100m		Finals	MG – MB – YG – YB
3:40	400m	2:10 – 3:10	Timed Finals	YG (38) – YB (34)
	300m	2:10 – 3:10	Timed Finals	MG (23) – MB (18)
4:45	1500m		Decathlon	JM (1) – SM (3)

5:00	4x100m	3:40 – 4:40	Timed Finals	BG – BB – MG – MB – YG – YB
5:25	4x400m	4:05 – 5:05	Timed Finals	YG – YB
Field	Final Schedule – Day 2 – Saturday July 23, 2016			
Time	Event	Age Group		
10:30	Long Jump	YB (18)		
	Discus	MG (7)		
	Shot Put	BB (1) – MB (5)		
	Javelin	YB (13)		
	Pole Vault	YG (9)		
11:30	Long Jump	MB (17)		
	Javelin	YG (5)		
	High Jump	BG (1) + MG (10)		
	Long Jump	HEP JW (5) – SW (2)		
	Discus	DEC JM (1) – SM (3)		
12:30	Long Jump	BB (5)		
	Long Jump	Para W (1) – Para M (3)		
	Discus	YG (15)		
1:30	Pole Vault	DEC JM (1) – SM (3)		
2:00	Long Jump	BG (11)		
	Discus	YB (16)		
	Javelin	HEP JW (5) – SW (2)		
	High Jump	MB (5)		
3:00	Long Jump	MG (20)		
	Shot Put	MG (5)		
	High Jump	BB (3)		
3:30	Javelin	DEC JM (1) – SM (3)		
4:00	Long Jump	YG (21)		
	Discus	BB (1) - MB (5)		
	Shot Put	BG (6)		
	Pole Vault	YB (1)		

Track	Final Schedule – Day 3 – Sunday July 24, 2016			
	Sections will run from SLOW to FAST .			
Time	Event	Check In Window	Round	Age Group
9:30	2000m	8:00 – 9:00	Timed Finals	BG (6) – BB (5) – MG (14) – MB (19)
10:10	3000m	8:40 – 9:40	Timed Finals	YG (12) – YB (20)
11:00	200mH	9:30 – 10:30	Timed Finals	BG (5) – MG (15) – MB (8)
11:15	400mH	9:45 – 10:45	Timed Finals	YG (23) – YB (23)
Track Break				
12:30	800m	11:00 – 12:00	Timed Finals	BG (10) – BB (7) – MG (27) – MB (30) – YG (31) – YB (41)
1:45	150m	12:15 – 1:15	Timed Finals	BG (10) – BB (5)
2:00	200m	12:30 – 1:30	Timed Finals	MG (28) – MB (36) – YG (40) – YB (60)
3:30	SMR	2:00 – 3:00	Timed Final	YG – YB
3:40	4 x 800m	2:10 – 3:10	Timed Final	BG – BB – MG – MB – YG – YB

Field	Final Schedule – Day 3 – Sunday July 24, 2016	
Time	Event	Age Group
9:30	Triple Jump	MG (13)
	Hammer Throw	MB (4)
	Javelin Throw	BB (2)
	Shot Put	YG (12)
	Pole Vault	MB (3)
11:00	Triple Jump	YG (11)
	Hammer Throw	YB (8)
	Javelin Throw	BG (1) -MG (4)
	High Jump	YB (18)
1:30	Triple Jump	YB (9)
	Hammer Throw	YG (12)
	Javelin Throw	MB (4)
	Pole Vault	MG (5)
3:00	Triple Jump	MB (11)
	Hammer Throw	MG (4)
	Shot Put	YB (11)
	High Jump	YG (10)

Check-In Procedure:

The standard check-in procedure used at Athletics Ontario Championships will be in use at this meet. Athletes entered in track events must check in at the designated check-in area separately for each event no sooner than 90 minutes and no later than 30 minutes prior to the scheduled or re-scheduled start time of the race.

Athletes entered in field events must check in at their event site before the start of the first trial for any competitor in the event.

Athletes who fail to check-in as required will not be allowed to compete in the event. Please allow extra time for bad weather, traffic problems, etc. Picking up bib numbers does not constitute a check-in.

Technical Details

Events Offered:

Championship Events (Bantam, Midget and Youth)
80m, 100m, 150m, 200m, 300m, 400m, 800m, 1200m, 1500m, 2000m,
3000m, 80mh, 100mh, 110mh, 200mh, 300mh, 1500m SC, 2000m SC,
800m RW, 1500m RW
High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus Throw,
Hammer Throw, Javelin Throw

4x100m, 4x800m, 4x400m (Youth Only), Sprint Medley (Youth Only)

Championship Combined Events (Junior and Senior)
Heptathlon, Decathlon

Implements:

All throwing implements will be provided by the meet management.
Personal implements will be allowed and once checked in, will be entered
into the competition equipment pool.

Specifications for Events:

For all implement specifications, please refer to the Policies & Procedures
for the Staging of Provincial Championships. This can be found here:

Lane & Heat Assignments:

Lanes, Heats, and Sections will be assigned according to the rules of the
IAAF/AO.

Following the check-in period, a list of heat and lane assignments will be
posted at the start area for each event.

Scoring:

The top 8 Ontario athletes in each event and category will earn point for
their clubs as follows: 1st – 10 points, 2nd – 8, 3rd – 6, 4th – 5, 5th – 4, 6th – 3,
7th – 2, 8th – 1.

Seed Times:

Best indoor/outdoor performances achieved from May 1, 2015 to July 20,
2016 will be used for seeding purposes. Only performances that appeared
or will appear in the Athletics Canada rankings will be accepted. Also,
please note:

- Wind-assisted* jumps or sprint event performances will not be used
for seeding purposes.

- Conversions from related events (e.g., 1500m and 1200m) will not be accepted.
- There will be no appeals allowed for consideration of special circumstances such as injury during the eligible period, etc.

Sweat suit Rule:

To help the meet stay on schedule, athletes must have removed their sweat suits, leggings, etc. and be ready to run by the time they are called to the start line.

Sportsmanship:

Proper conduct extends to all athletes on and off the field during the meet and to parents, friends, and coaches especially at the meet site.

Protests:

All Protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$25.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

SANCTIONED AND REQUIRED BY: ATHLETICS ONTARIO

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2016 AO Outdoor Bantam Midget and Youth Championships with J/S Combined Events, July 22-24, 2016

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario
Athletics Ontario Officials

University of Windsor Athletics Club
Brett Lumley

Windsor University
University of Windsor Stadium

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event and I AGREE to withdraw from the race if so requested by the designated medical officer.

Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below
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Date	Print Name	Signature of Parent or Guardian or Power of Attorney
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Media Consent

I hereby authorize any images or video footage taken of myself, in whole or in part, individually or in conjunction with other images and video footage, to be displayed on the Athletics Ontario website and other official channels, and to be used for media purposes including promotional presentations and marketing campaigns. I also authorize any media material created by myself within, or for, Athletics Ontario over the course of the 2016 season.

I waive rights to privacy and compensation, which I may have in connection with such use of my name and likeness, including rights that may be created in connection with video production, editing and promotion therewith.

Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below
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Date	Print Name	Signature of Parent or Guardian or Power of Attorney
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