



MINOR TRACK ASSOCIATION

MTA OUTDOOR PROVINCIAL CHAMPIONSHIPS

Hosted by

FLYING ANGELS ACADEMY

DATE: July 23-24, 2016.

TIME: 10:00 am start

LOCATION: Toronto Track & Field Centre (York University) – 231 Ian MacDonald Boulevard

SANCTIONED BY: Minor Track Association

MEET DIRECTOR: Earl Letford – track@flyingangels.ca or 416-562-0898

ENTRIES CHAIRPERSON: Suzanne Leroux – suzanneleroux@rogers.com

ENTRIES DEADLINE: **11h59pm on WEDNESDAY, JULY 20, 2016**

MEET FEES: \$10 per individual event, \$20 per relay, \$1.00 MTA fee per ATHLETE
Cheques made payable to: FLYING ANGELS ACADEMY

AWARDS: Medals to the top three finishers, ribbons to fourth to eighth; participation ribbons for the first 500 registrations.

AGE DIVISIONS:

PEEWEE (2010-2011) – 100m, long jump

MITE (2008-2009) – 100m, 200m, 400m, 800m, long jump, shot put, 4 x 100m relay

TYKE (2006-2007) – 100m, 200m, 400m, 800m, 1200m,
long jump, shot put, high jump,
medley relay = 200mx100mx100mx400m

ATOM (2004-2005) - 100m, 200m, 400m, 800m, 1500m, 800m Racewalk, 200m hurdles,
long jump, shot put, discus, javelin, high jump, triple jump,
medley relay = 200mx100mx100mx400m

SENIOR (2002-2003) – 100m, 200m, 400m, 800m, 1500m, 800m Racewalk, 200m hurdles,
long jump, shot put, discus, javelin, high jump, triple jump,
medley relay = 200mx100mx100mx400m

**ORDER OF EVENTS
TRACK EVENTS SCHEDULE
DAY ONE – SATURDAY, JULY 23, 2016**

10:00am start

1200m timed finals (Tykes)

1500m timed finals (Atom/Senior)

100m heats (Pewee/Mite/Tyke/Atom/Senior)

~LUNCH~

1:00pm

400m timed finals (Mite/Tyke/Atom/Senior)

100m finals

TRACK NOTES:

- All athletes must be registered with the MINOR TRACK ASSOCIATION the Monday prior to the meet, July 18.
- Spike length cannot exceed 6mm
- To advance to the 100m final with six or less heats, the top eight times will advance. With seven or more heats, there will be an A&B final using the top 16 times.
- Athletes may enter only in 4 events of which only three may be track. The relay does not count as an event.

FIELD EVENTS SCHEDULE - DAY 1

Horizontal Jump	Javelin/Discus	Shot Put	High Jump
Long Jump – Atom G	Javelin – Atom & Sr. B	Atom G	Tyke G
Long Jump – Atom B		Senior G	Atom B Senior B
Long Jump – Sr G	Javelin – Atom & Sr. G	Atoms B	Atom G
Long Jump – Sr B		Senior B	Tyke B Senior G

Field Event Notes:

- All throws and jumps will have three attempts with the top eight receiving three more attempts.

**ORDER OF EVENTS
TRACK EVENTS SCHEDULE - DAY TWO
SUNDAY, JULY 24, 2016**

10:00am start

200m hurdles timed finals (Atom/Senior)

800m timed finals (Mite/Tyke/Atom/Senior)

200m timed finals (Mite/Tyke/Atom/Senior)

~TRACK BREAK~

1:00pm

800m Racewalk timed finals (Atom/Senior)

4 x 100m Relay (Mite)

Medley Relay – 200X100x100x400 (Tyke/Atom/Senior)

TRACK NOTES:

- All athletes must be registered with the MINOR TRACK ASSOCIATION the Monday prior to the meet, July 18.
- Spike length cannot exceed 6mm
- Athletes may enter only in 4 events of which only three may be track. The relay does not count as an event.

FIELD EVENTS SCHEDULE - DAY 2

Horizontal Jump Pit 1	Horizontal Jump Pit 2	Javelin/Discus	Shot Put
Triple Jump – Atom G	Long Jump – Pee Wee G&B	Discus – Atom B	Mites G
Triple Jump – Sr. G	Long Jump – Mite G&B	Discus – Senior B	Tykes G
Triple Jump – Atom B	Long Jump – Tyke G	Discus – Atom G	Mites B
Triple Jump – Sr. B	Long Jump – Tyke B	Discus – Senior G	Tykes B

Field Event Notes:

- All throws and jumps will have three attempts with the top eight receiving three more attempts.
- All athletes must wear shoes at all times.



MINOR TRACK ASSOCIATION

Sanctioned and Required by:

Minor Track Association of Ontario

Release, Waiver and Indemnity

In consideration of the acceptance of my acceptance of my application and the permission to participate as an entrant or competitor in the

2016 Minor Track Association Provincial Championship

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

MINOR TRACK ASSOCIATION
FLYING ANGELS YOUTH ORGANIZATION OF ONTARIO
CITY OF TORONTO
TORONTO TRACK AND FIELD CENTRE
EARL LETFORD

And all other association, sanctioning bodies and sponsoring companies and all their respective agents, officials, servants, representatives and assigns OF AND FROM ALL claims, demands, damage costs, expense actions and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE TO HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Print Name

Date

Signature of Athlete
(If under 18, parent or
guardian or Power of Attorney
to sign below)

Print Name

Date

Signature of Parent/Guardian