

**Athletics NS Provincial Championships**  
**Saturday July 2nd - Day 1 - Metropolitan Field**



Time	Track	Entries	Heats		High Jump	Throw Cage	Shot Put	Horizontal Jumps	Javelin
1:00	80mH F – Midget 30"	8	1	Prelims			SP-Female-Ban.,Mid. (8)		
1:05	100mH F – Youth 30"	5	1	Prelims					
1:10	100mH F – Jr-Sen 33"	2	1	Prelims					
1:15	100mH M- Midget 33"	3	1	Prelims					
1:25	110mH M- Youth 36"	5	1	Prelims					
1:30	110mH M – Junior 39"	1	1	Prelims	HJ - Male-All (10)			LJ-Female-Ban./Mid. (14)	
1:35	110mH M – Senior 42"	2	1	Prelims					
1:45	80mH F – Bantam 30"	3	1	Finals			SP-Female - You.,Jun.,Sen.,Mas. (12)		
1:50	80mH M – Bantam 30"	1	1	Finals					
1:55	80mH F – Midget 30"	8	1	Finals					
2:05	100mH F – Heptathlon 30"	7	1	Multi					
2:15	100mH F – Youth 30"	5	1	Finals					
2:20	100mH F – Jr-Sen 33"	2	1	Finals					
2:25	100mH M- Midget 33"	3	1	Finals					
2:35	110mH M- Youth 36"	5	1	Finals			SP-Female -Seated (1)		
2:40	110mH M – Junior 39"	1	1	Finals					
2:45	110mH M – Senior 42"	2	1	Finals					
2:55	400m F Youth	7	1	Finals					
3:00	400m F Junior,Senior	5	1	Finals	HJ - Female - Hep. (2)			LJ-Female-You.,Jun.,Sen.,Mas. (16)	
3:05	400m M Youth	7	1	Finals			SP-Male-Ban.,Mid. (7)		
3:10	400m M Junior,Senior, Masters	5	1	Finals					
3:15	400m M Wheelchair	3	1	Finals					
3:20	300m F – Midget	5	1	Finals					
3:25	300m M - Midget	4	1	Finals					
3:30	100m F – Midget	16	2	Prelims					
3:40	100m F – Youth	7	1	Prelims					
3:45	100m F – Junior, Senior, Masters	8	1	Prelims			SP-Male-You.,Jun.,Sen.,Mas. (12)		
3:50	100m M – Midget	8	1	Prelims					
3:55	100m M – Youth, Junior	14	2	Prelims	HJ- F-Ban./Mid.-(6)				
4:05	100m M - Senior, Masters	6	1	Prelims			SP - Hept(3)	LJ-Male-Ban.,Mid (7)	
4:10	100m M - Wheelchair	3	1	Prelims					
4:15	<b>Track Break</b>								
4:45	800m F – Bantam, Midget, Youth	10	1	Finals					
4:50	800m M- Bantam, Midget	10	1	Finals	HJ-F-You.,Jun.,Sen.-(10)				
4:55	800m M- Youth, Junior, Senior, Masters	11	1	Finals		Hammer-Female-All (10)			
5:05	800m M- Wheelchair	3	1	Multi					
5:10	200m F Heptathlon(4)	2	1	Multi					
5:15	80m F – Bantam	7	1	Finals					
5:20	80m M – Bantam	2	1	Finals				LJ-Male-You.,Jun.,Sen.,Mas (14)	
5:25	100m F – Midget	8	1	Finals					
5:30	100m F – Youth	3	1	Finals					
5:35	100m F – Junior, Senior, Masters	6	1	Finals		Hammer - M- All (7)			
5:40	100m M – Midget	3	1	Finals					
5:45	100m M – Youth, Junior	7	1	Finals					
5:50	100m M - Senior, Masters	8	1	Finals					
5:55	100m M - Wheelchair	7	1	Finals					

6:00	2000m F – Midget	10	1	Finals					
6:10	2000m M – Midget	7	1	Finals					
6:20	3000m F – All	5	1	Finals					Jav- Female-All (15)
6:35	3000m M - All	13	1	Finals					
6:50	5000m M - Junior, Senior	3	1	Finals					
7:15	4 x 100 relay – F All	12	2	Finals					
7:35	4 x 100 relay – M All	12	2	Finals					

**Athletics NS Provincial Championships  
Saturday July 3rd - Day 2 - Metropolitan Field**

	Track	Entries	Heats	Finals	High Jump/Pole Vault	Throw Cage	Shot Put	Horizontal Jumps	Javelin
9:00	1500m SC - 30" – F Midget	4	1	Finals				LJ – Hept(5)	Jav-Male-Ban.,Mid.You. (13)
9:05	1500m SC - 30" – M Midget	3	1	Finals					
9:15	2000m SC - 30"-F-Youth - M-Masters	2	1	Finals					
9:30	2000m SC - 33"-M-Youth	5	1	Finals					
9:45	3000m SC-36"-M-Jun,Sen,Mas	1	1	Finals					
10:00	60m F - Iykes - RJTW (1)	4	1	Multi				IJ-Male-All (14)	
10:05	60m F - Mosquito - RJTW (1)	6	1	Multi					
10:10	60m F - PeeWee, Bantam - RJTW (1)	8	1	Multi					
10:15	60m M-Iykes, Mosquito - RJTW (1)	6	1	Multi					Jav - Hept(6)
10:20	60m M-PeeWee,Bantam - RJTW (1)	7	1	Multi					
10:25	200m F- Midget	12	2	Prelims					
10:35	200m F- Youth	11	2	Prelims				LJ - RJT (2)	
10:45	200m F- Junior, Masters	7	1	Prelims					Jav-Male-Jun.,Master,Para. (8)
10:50	200m M – Midget	8	1	Prelims					
10:55	200m M – Youth	12	2	Prelims					
11:05	200m M – Junior, Senior, Masters	8	1	Prelims					
11:10	200m M –Wheelchair	3	1	Prelims					
11:20	1500m F-Youth,Junior, Senior	8	1	Finals				IJ - Female - All (13)	
11:30	1500m M-Youth,Junior, Senior, Masters	11	1	Finals					
11:35	1500m M-Wheelchair	2	1	Finals		Discus-Male-Ban.,Mid.,You. (16)			
11:45	1200m F - Bantam/Midget	13	2	Finals			SP - RJT (3)		
11:55	1200m M - Bantam/Midget	14	2	Finals					
12:05	800m F – Hept(7)	2	1	Multi					
12:05	<b>Track Break</b>								
12:20	150m F – Bantam	6	1	Finals					
12:25	150m M – Bantam	3	1	Finals					
12:30	200m F- Midget	8	1	Finals					
12:35	200m F- Youth	8	1	Finals					
12:40	200m F- Junior, Masters	7	1	Finals		Discus-Female-All (17)			
12:50	200m M – Midget	8	1	Finals					
12:55	200m M – Youth	8	1	Finals					
13:00	200m M – Junior, Senior, Masters	8	1	Finals					
13:05	200m M –Wheelchair	3	1	Finals					
13:10	600m F - Iykes, Mosquito - RJTW (1)	10	1	Multi					
13:15	600m F - PeeWee, Bantam - RJTW (1)	8	1	Multi					
13:20	600m M-Iykes, Mosquito - RJTW (1)	6	1	Multi					
13:30	600m M-PeeWee,Bantam - RJTW (1)	7	1	Multi					
13:35	200mh F – Bantam/Midget 30"	5	1	Finals					
13:40	200mh M – Bantam/Midget 30"	4	1	Finals		Discus-Male-Jun.,Sen.,Mas.,Para (8)			
13:45	400mh F - Youth, Jun.,Sen. 30"	6	1	Finals					
13:55	400mh M - Youth 33"	6	1	Finals					
14:00	400mh M-Jun.-Sen 36"	3	1	Finals					
14:10	4 x 400 relay – F All	13	2	Finals					