



# 2016 BC Athletics Track & Field Championships Jamboree

Nanaimo, BC – July 15-17, 2016

Hosted by the Nanaimo & District Track & Field Club

## 1.0 WELCOME TO NANAIMO 2016



BC Athletics and The Nanaimo District Track & Field Club would like to welcome you to Nanaimo, British Columbia on July 15-17<sup>th</sup>, 2016 for the 2016 BC Athletics Track & Field Championships Jamboree. We are excited to be bringing the BC Championships again to Vancouver Island, and we look forward to seeing BC's best Midget, Youth, Junior and Senior Open athletes compete to earn the right of BC's best! These championships will also serve as the selection trials for the 2016 BC/Yukon Command Legion Midget and Youth Team. We wish all our competitors the best of luck at this year's meet.

## 2.0 CHAMPIONSHIP CONTACTS

The 2016 BC Athletics Track & Field Championships Jamboree contacts are as follows:

**Meet Director**  
Al Johnston  
[allen\\_955@yahoo.ca](mailto:allen_955@yahoo.ca)  
(250) 732-3216  
(250) 667-1455 (cell)

**Meet Manager**  
Tyler Heisterman  
[tyler@cinnabarfarms.com](mailto:tyler@cinnabarfarms.com)  
(250) 715-5053

**Entries Manager**  
James Mitchell  
[james@5ems.ca](mailto:james@5ems.ca)  
(250) 729-5529

**BC Athletics**  
Garrett Collier  
[garrett.collier@bcathletics.org](mailto:garrett.collier@bcathletics.org)  
(604) 333-3555

## 3.0 ACCOMMODATIONS

Due to multiple events in Nanaimo during the competition dates, athletes and coaches are encouraged to please make arrangements at their earliest convenience. The Host Organizing Club has booked a block of rooms at the following hotels under, "Nanaimo Track & Field."

Click here for more information: <http://www.nanaimotrackandfield.com/jamboreeaccommodation>

## 4.0 COMPETITION INFORMATION

### 4.1 Competition Venue

- a. Location  
Nanaimo Rotary Bowl

360 Wakesiah Avenue  
Nanaimo, BC

**b. Facility**

- 8 lane 400m Polyurethane Oval track;
- 8 lane 150m Polyurethane Sprint track;
- Finish Lynx Timing system;
- 1 High Jump apron (outside oval);
- 1 Pole Vault runway (outside oval);
- 2 Long Jump/Triple Jump runways with 4 pits (outside oval);
- 1 Shot Put facility (outside oval);
- 1 Hammer facility (inside oval);
- 2 Discus facilities (inside oval);
- Change Rooms available;
- Concession available.

**4.2 Eligibility**

All competitors wanting to compete in the BC Track & Field Championships Jamboree must have one of the following:

- a. 2016 Competitive BC Athletics Athlete Membership; or
- b. 2016 Athletics Canada Branch Competitive Athlete membership (i.e. Athletics Alberta); or
- c. 2016 IAAF Member Federation Competitive Athlete membership (i.e. USATF).

**4.3 Age Categories**

All athletes participating in the BC Championships Track & Field Jamboree must compete in their designated age groups (categories). Age groups are defined by an athletes age as of December 31, 2016 and are identified as follows: Midget (born 2002 & 2001); Youth (born 2000 & 1999); Junior (born 1998 & 1997) and Senior (born 1996 and later).

**4.4 Entry System**

**a. Registration**

Entries/Registration for the 2016 BC Athletics Track & Field Championships Jamboree can be completed using one of two (2) methods. These methods are as follows:

- Online through [trackie.reg](http://trackie.reg) (credit card payment required); or
- Using Hi-Tek Team Manager (an events file will be available on the [Championship Website](#)).

**b. Entry Fees & Deadlines \*Important**

Entries received by:	Individual Events	Combined Events	Relays
SUNDAY July 3, 2016	\$10.00 CDN	\$30.00 CDN	\$20.00 CDN
SUNDAY July 10, 2016	\$20.00 CDN	\$40.00 CDN	\$30.00 CDN

Please note, no entries will be accepted after July 10, 2016 - NO EXCEPTIONS

**4.5 Schedule of Events**

The preliminary schedule can be found on the [Championships Website](#). The final schedule will be posted on the Championships Website on Monday, July 11<sup>th</sup> by 5:00pm. The schedule will be condensed based on entries. No changes will occur to the schedule once the final schedule is posted.

#### 4.6 Technical Information

The Technical Meeting will take place at 1:00 PM on Friday, July 15, 2016. The meeting will take place in one of the meeting rooms, Room A – Nanaimo District Secondary School. We realize that not all coaches will be able to attend, so a summary sheet of information will be available at registration package pick-up.

#### 4.7 Implements

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 45 minutes prior to competition. The weigh-in station will be located in the equipment room at the east end of the first set of bleachers.

#### 4.8 Competition Numbers and Uniforms

Competition numbers must be worn on the front for all track events, and front or back for field events (at the discretion of the officials). All athletes are encouraged to wear their club uniform.

#### 4.9 Registration Package

Registration Package pick up will be located at the east end of the stadium (main entrance). Payment must be received before package is released. Payment can be made at the meet. Make all cheques payable to "Nanaimo & District Track and Field Club."

### 5.0 COMPETITION PROCEDURES

#### 5.1 Warm Up

There will be a warm-up area located next to the stadium consisting of a grass field. Warm-up for field events will be located at the competition venue. Athletes in these events will be marshalled to the area 30 minutes prior to the start of the event for warm-up time.

#### 5.2 Marshalling

All athletes must marshal in the ACC (Athlete Control Centre) located in the Field at the East end of the stadium.

**NOTE: NO ELECTRIC DEVICES OF ANY SORT WILL BE ALLOWED IN THE ACC OR COMPETITION AREAS.**

Events	ACC Open	ACC Closes	Entry to Event
Track	30 minutes	20 minutes	10 minutes
High Jump	60 minutes	50 minutes	40 minutes
Pole Vault	80 minutes	70 minutes	60 minutes
Other Field Events	50 minutes	40 minutes	30 minutes

### 5.3 Scratches

Scratch by:	Event Time	Scratch by:	Event Time
12:00 PM FRIDAY, JUNE 15 as the results tent.	FRIDAY afternoon/evening	8:00 PM FRIDAY, JULY 15 at the results tent.	SATURDAY, morning to 12:00 PM
11:00 AM SATURDAY, JULY 16 at the results tent.	SATURDAY afternoon from 12:00PM	4:00 PM SATURDAY, JULY 16 at the results tent.	SUNDAY, morning to 12:00 PM.
10:30 AM SUNDAY, JULY 17 at the results tent.	SUNDAY afternoon from 12:00 PM.		

### 5.4 Track Events

Athletes running heats and/or semi-finals which have 8 or fewer competitors will automatically advance to the final and compete at the scheduled final time.

### 5.5 Qualifying for Finals

- a. Field Events: Athletes who finish in the top 8 after three rounds will advance to the final and receive 3 attempts. Athletes must have a legal mark in the initial 3 rounds to advance to finals;
- b. Track Events: Athletes will advance according to IAAF Rules.

### 5.6 Conflicting Events

Track events will go ahead as scheduled. Athletes must notify the officials at all field events that are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

### 5.7 Spike Length

The maximum spike length allowed is 7mm for all events except high jump and javelin. Maximum is 9mm for high jump and javelin.

### 5.8 Medical

A qualified first aid attendant will be on site. Nanaimo Regional Hospital is 5 minutes away.

### 5.9 Protests and Appeals

As per IAAF Rule 146, a \$50.00 protest fee is to accompany all protests. If the protest is upheld then the protest fee will be returned. A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

## 6.0 RESULTS

Results will be posted onsite next to the concession stand on the Nanaimo Rotary Bowl fieldhouse. Additionally, the final results will be posted online at the [Championships Website](#) no later than Monday July 11, 2016 by 5:00pm.

## 7.0 BC/YUKON COMMAND LEGION TEAM

The BC Athletics Track & Field Championships Jamboree will be the selection trials for BC/Yukon Command Youth and Midget 15 Teams. Please see below for important information.

#### 7.1 Important Reminders

All athletes wishing to be considered for the BC/Yukon Command Legion Youth and Midget Team, must complete the [BC Athletics Online Athlete Declaration Form](#) before the published deadline. This information as well as additional information regarding selection team information, selection guidelines, selection criteria and team standards can be found at the BC Athletics website under BC Teams [\[click here\]](#).

#### 7.2 BC Athletics Tent

All Top 2 finishers in the Youth and Midget age group events must check in at the BC Athletics Tent. Athletes will receive further team information and be required to fill out and submit the Legion Athlete Profile Form required by Legion Command. Information for this form will include contact information, health care card number, and dietary, allergies and medication information.

### 8.0 QUESTIONS

For any questions pertaining to the competition (i.e. accommodations, meet schedule, facilities etc.) please contact the Meet Director (see: Section 2.0).

For any questions pertaining to team selection, please contact the Technical Manager for Track & Field Garrett Collier at [garrett.collier@bcathletics.org](mailto:garrett.collier@bcathletics.org) or (604) 333-3555.