



Date: **Friday, June 17th, 2016**

Location: University of Toronto Varsity Centre  
Faculty of Kinesiology and Physical Education  
299 Bloor Street M5S 1W2  
(TTC St. George subway station – Bedford exit to Varsity Centre)

Entry Chairperson: Terry Radchenko (t.radchenko@utoronto.ca)

Sanctioned by: Athletics Ontario

Entry Deadline: **Via [www.trackie.ca](http://www.trackie.ca), Wednesday June 15, 2016 at 11:59pm**

**Note: We will be using the Athletics Canada database, since May 1, 2015 to verify all seeds under 2:14 for women and under 1:54 for men. We will also accept times run at non sanctioned HS meets as long as you provide an email with a link to the results.**

Meet begins at 7 pm.

Entry Fee: **AO registered:** \$15.00 per event

**Non-AO registered:** \$20 per event

Meet Schedule:

Women's sections followed by Men's

We will run slow to fast

The 2 fastest Women's and Men's sections will be run at the end of the night

Updated heat list with start times will be posted on Thursday evening