



## TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. Winnipeg, MB. R3B 2Z6 • Tel: 204-925-5744 • Fax: 204-925-5792  
www.athleticsmanitoba.com

### 2016 Manitoba Games Winnipeg Region Qualifier (formerly the Hershey Provincial Final)

Friday & Saturday, June 17<sup>th</sup> and 18<sup>th</sup>, 2016

Sturgeon Heights Collegiate (2665 Ness Ave) - Winnipeg, MB

As this is the Winnipeg Region MB Games Qualifier there is a flat \$10 entry for this competition and athletes will be able to compete in a maximum of 4 individual events.

All participants must register online here - [www.Trackiereg.com/2016-winnipeg-qualifier](http://www.Trackiereg.com/2016-winnipeg-qualifier)

Athletes planning to attend this event from the Central Region – please see Appendix A

#### Events at the Manitoba Games Winnipeg Region Qualifier

##### **Pee Wee Athletes born in 2005, 2006, 2007, 2008:**

60m, 150m, 600m, Standing Long Jump, Softball Throw

\*Traditional Hershey Games events\*

##### **Bantam Athletes born in 2003 or 2004:**

150m, 300m, 800m, 1200m, 2000m, Long Jump, Triple Jump, High Jump, Javelin, Discus, Shot Put

##### **Midget Athletes born in 2001 or 2002:**

150m, 300m, 800m, 1200m, 2000m, Long Jump, Triple Jump, High Jump, Javelin, Discus, Shot Put

Athletes specifically wishing to be considered for the cross country event at MB Games are encouraged to participate in the 2000m if possible. Results achieved in the 1200m will also be considered.

Please Note: Athletes born in 2005/2006/2007/2008 who have achieved any one of the standards listed below are welcome to participate however these athletes are not eligible for selection to the Winnipeg Region Team and may only compete in the PeeWee age category events.

There are no qualifying standards for Bantam and Midget aged athletes.

#### 2016 Qualifying Standards for Athletes born in 2005-2008

Events	Girls (2005-2008)	Boys (2005-2008)
60 meters	10.15	9.50
100 meters	18.00	17.00
150 meters	24.32	24.24
200 meters	33.75	33.85
300 meters	58.19	58.40
400 meters	1:21.50	1:17.45
600 meters	2:16.44	2:09.50
Standing LJ	1.75 m	1.88 m
Softball Throw	33.0 m	38.0 m



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**TENTATIVE COMPETITION SCHEDULE** NOTE : This document WILL be revised based on final entry numbers!

Friday, June 17, 2016

Registration tent will be set up at 3:00pm for all participant to pick up their athlete packages/competitor stickers

Marshaling for both track and field events will begin at 3:45 pm

## TRACK

4:00 PM	60m Heats	PeeWee Girls
4:30 PM	60m Heats	PeeWee Boys
5:00 PM	1200m Timed Finals	Bantam Girls
5:15 PM	1200m Timed Finals	Bantam Boys
6:00 PM	1200m Timed Finals	Midget Girls
6:15 PM	1200m Timed Finals	Midget Boys
6:30 PM	150m Heats	PeeWee Girls
6:45 PM	150m Heats	PeeWee Boys
7:00 PM	150m Heats	Bantam Girls
7:15 PM	150m Heats	Bantam Boys
7:30 PM	150m Heats	Midget Girls
7:45 PM	150m Heats	Midget Boys

## FIELD

4:00 PM	Ball Throw	Bantam Girls
4:00 PM	Triple Jump	Midget Girls
4:00 PM	High Jump	Midget Boys
4:00 PM	Shot Put	Bantam Boys
5:00 PM	Javelin	Midget Boys
5:00 PM	Triple Jump	Midget Boys
5:00 PM	High Jump	Bantam Boys
5:00 PM	Shot Put	Bantam Girls
6:00 PM	Ball Throw	Bantam Boys
6:00 PM	Standing LJ	PeeWee Girls
6:00 PM	Standing LJ	PeeWee Boys
6:00 PM	Shot Put	Midget Girls
7:00 PM	Javelin	Midget Girls
7:00 PM	Shot Put	Midget Boys



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Saturday, June 18, 2016

Registration will begin at 8:45 am for those athletes who did not pick up athlete packages/competitor stickers on Friday.

Marshalling for both track and field events will begin at 9:15am

## TRACK

9:30 AM	2000m Timed Final	Bantam/Midget Girls
9:50 AM	2000m Timed Final	Bantam/Midget Boys
10:10 AM	60m Final	PeeWee Girls
10:15 AM	60m Final	PeeWee Boys
10:20 AM	300m Timed Finals	Bantam Girls
10:35 AM	300m Timed Finals	Bantam Boys
10:50 AM	300m Timed Finals	Midget Girls
11:05 AM	300m Timed Finals	Midget Boys
11:20 AM	80m Hurdle Timed Finals	Bantam Girls
11:40 AM	80m Hurdle Timed Finals	Bantam Boys
12:00 PM	80m Hurdle Timed Finals	Midget Girls
12:20 PM	100m Hurdle Timed Finals	Midget Boys

## FIELD

9:30 AM	Ball Throw	PeeWee Girls
9:30 AM	Long Jump	Bantam Girls
9:30 AM	High Jump	Bantam Boys
9:30 AM	Discus	Midget Girls
10:30 AM	Ball Throw	PeeWee Boys
10:30 AM	Long Jump	Bantam Boys
10:30 AM	High Jump	Bantam Girls
10:30 AM	Discus	Midget Boys
11:30 AM	Long Jump	Midget Girls
11:30 AM	High Jump	Midget Boys
11:30 AM	Discus	Bantam Girls

Lunch break – Marshaling will begin at 1:15 pm

1:30 PM	600m Timed Finals	PeeWee Girls
1:45 PM	600m Timed Finals	PeeWee Boys
2:00 PM	800m Timed Finals	Bantam Girls
2:15 PM	800m Timed Finals	Bantam Boys
2:30 PM	800m Timed Finals	Midget Girls
2:45 PM	800m Timed Finals	Midget Boys
2:55 PM	150m Finals	PeeWee Girls
3:00 PM	150m Finals	PeeWee Boys
3:05 PM	150m Finals	Bantam Girls
3:10 PM	150m Finals	Bantam Boys
3:15 PM	150m Finals	Midget Girls
3:20 PM	150m Finals	Midget Boys
3:30 PM	4x100m Relays	All Girls Teams
3:45 PM	4x100m Relays	All Boys Teams

1:30 PM	Long Jump	Midget Boys
1:30 PM	High Jump	Midget Girls
1:30 PM	Discus	Bantam Boys
2:30 PM	Standing LJ	Bantam Girls
2:30 PM	Standing LJ	Bantam Boys



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### APPENDIX A – IMPORTANT NOTE for all Central Region Qualifiers

Athletes who placed top three in their event at the May 19<sup>th</sup> Carman Track and Field Day OR who have achieved any one of the standards listed below are welcome to join us at the track in Winnipeg this weekend for an additional fun competitive opportunity.

It is important to note however that results from this event will not be considered for selection to the Central Region Manitoba Games Team. Any athletes from the Central Region who wishes to qualify for the Central Region Manitoba Games team MUST attend the selection meet on June 2<sup>nd</sup> in Carman.

Events	9/10 Girls (2005/2006)	11/12 Girls (2003/2004)	13/14 Girls (2001/2002)	9/10 Boys (2005/2006)	11/12 Boys (2003/2004)	13/14 Boys (2001/2002)
60 meters	10.15	N/A	N/A	9.50	N/A	N/A
100 meters	N/A	15.25	15.00	15.50	15.00	14.25
150 meters	24.32	23.79	23.35	24.24	23.35	22.03
200 meters	33.75	33.15	32.45	33.85	31.15	30.00
300 meters	58.19	57.93	55.47	58.40	52.80	50.47
400 meters	1:21.50	1:19.00	N/A	1:17.45	1:14.25	N/A
600 meters	2:16.44	2:12.15	2:10.15	2:09.50	2:04.03	2:02.1
800 meters	N/A	2:45.45	2:44.25	N/A	2:31.30	2:29.50
1200 meters	N/A	4:25.0	4:20.5	N/A	3:55.3	3:49.9
Standing LJ	1.75 m	1.80 m	1.85 m	1.88 m	1.90 m	1.95 m
Softball Throw	33.0 m	35.0 m	36.0 m	38.0 m	40.0 m	42.0 m