

Second Annual Universal Track & Field Meet



July 2-3, 2016

Hosted by *Universal Athletics Club*

Sanctioned by BC Athletics

Entry Deadline, Midnight June 27, 2016

Meet Director: Jessie Dosanjh, unisports2000@hotmail.com

Meet Manager: Sue Kydd, kskydd@shaw.ca

Meet Venues: All events will be held at Bear Creek Park, 13750 88th Ave, Surrey

Entry Information:

- To enter use <http://www.trackie.com/online-registration/> click on “Find Event.”
- \$8.00 per Junior Development event. \$10.00 per Midget/Youth/Junior/Open event.
- No refunds or changes once registered
- Athletes must register by event.
- Athletes will be seeded by performances listed within online entry form.
- Late Entries/Fees must be done at the meet and paid for at time of registration. Fees are \$15.00 for all. No late e-mail entries will be taken before meet. Late entries will be cutoff 2 hr. prior the event being registered for except 9am events, 60 min before. Late entries may not be seeded.
- Relay registrations will be taken by 12 pm the day of race. \$15.00 per relay team.
- Events may be moved up by 30 minutes
- Non BCA members may only be Elementary, Middle and High School students, \$3.00 fee

Age Divisions:

- JD Athletes aged 9-13 will be awarded in single age groups, some events may be combined.
- Midgets, Youth Junior and Open will compete in their respective categories for awards but competitive events may be combined. Masters may compete as Open athletes, there will be no designated Masters events
- Male and female will not compete together

Package Pick-up:

- Packages will be available for pick-up after 8:00 a.m. Saturday July 2nd, and Sunday July 3rd, 2015 at the track. Late fees must be paid before package can be picked up.

Coaches Meetings:

- To be held Saturday and Sunday, 8:45 a.m. in front of the concession

Awards:

- Medals for 1st, 2nd, 3rd. Ribbons for 4th to 8th. Podium awards for 9-15 yr. old medalist
- Awards may be picked up 30 minutes after results are posted.
- Unclaimed awards will not be mailed out.

Results:

- Posted at meet and available on [Universal Athletics Club](http://www.universalathletics.ca) and [BC Athletics](http://www.bcathletics.org) websites after meet

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Meet Rules:

- IAAF rules with BC Athletics Junior Development variations.

Competition Areas/Uniforms:

- The infield (inside the track,) is OUT OF BOUNDS except for the High Jump apron.
- Only Athletes and officials are permitted in the competition areas.
- Competition numbers to be worn on the front at all times.

Equipment:

- All equipment will be supplied by Universal Athletics.
- Athletes wishing to use their personal throwing equipment must have implements weighed in by a BCA official 45 minutes prior to the event. Any personal equipment weighed in becomes the property of the event and can be used by any athlete during that event.

Marshalling:

- All field events will marshal at their venue.
- All track events must check in at the Athlete Call Room tent at north end of the track and will be taken to the start line as a group.

Conflicting Events:

- Be advised there will be conflicts with some age groups between track and field events.
- To avoid missing field events or races, athletes should report to BOTH field event and call room.
- BCA officials will **TRY** to facilitate athletes doing both events. Athletes cannot “catch up” on missed rounds of field events, nor move into different heats/races and/or compete with other age groups because of missed events.

Facilities:

- Spike lengths are 7mm with the exception of 9mm for javelin and high jump.
- Synthetic/Polyurethane track, jump and javelin run ups.
- Concrete throwing surfaces
- Finish Lynx Electronic Timing System
- Concession on site, operated by Universal Athletics.

Protests/Appeals:

- Athletes or a representative of athletes should attempt to verbally resolve the concern with the event chief, If not resolved, the concern will be taken to the field/track referee. If still not resolved it may become a formal protest/appeal to the Jury of Appeal.
- Results officials shall be advised there is a protest/appeal immediately so awards will not be given out.
- A formal protest/appeal may be made by an athlete or representative of an athlete affected by a result and must be received within 30 minutes of the posting of an event result. The protest/appeal must be in writing and must be accompanied by \$50.00 cash. If the protest/appeal is upheld, the fee will be returned.

Jury of Appeal:

- A jury, comprised of two BC Athletics official, and the Meet Director or Meet Manager will be asked to resolve any protest/appeal during the meet. The Jury's decision will be final.

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Field Events

Throws:

- Each Junior Development, (9-13) athlete is permitted 3 throws.
- All other events will be 3 throws per athlete with the top 8 in each age group receiving 3 more.

Horizontal Jumps:

- Each Junior Development athlete is permitted 3 jumps.
- All other events will be 3 jumps per athlete with the top 8 in each age group receiving 3 more.
- There shall be no more than 2 takeoff boards in Triple Jump

Vertical Jumps:

- 3 consecutive failed attempts eliminates an athlete.
- The bar is to be raised by 5 cm in HJ.
- Starting height will be determined at the start of the event by the BCA official in charge.

Track Events:

Scheduling of Track Events:

- All Track Events except for Hurdles will be run Oldest to Youngest with Females going first. The Hurdle schedule is below.
- Age groups for distance events may be combined, but males and females will not compete together.

Seeding:

- Athletes will be seeded for heats and timed finals according to provided seed times. In the case of timed finals, sections will be seeded with the fastest seeds in the same section and the fastest section competing last. **IT IS THE RESPONSIBILITY OF THE CLUB REGISTRARS or CLUB COACHES TO FILL OUT SEED TIMES ON THE ENTRY FORM, AND THAT SEED TIMES ARE ACCURATE.** Athletes without seed times may be placed in unseeded heats.

Preliminary Heats:

- Heats will be held in the 60 M and 100M events. All other Track events will be run as timed finals.
- If there are 8 or less athletes in a heat, that heat will be run as final at the time of the heat.

Relays:

- Clubs may form teams from various age groups from within that club but the team must run in the age category of the oldest member. Males and females may not be combined on relay teams
- \$15.00 per relay team payable by 10 am the day of the race

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Field Events for Saturday July 2nd, 2016

Time	High Jump		Long Jump	Triple Jump	Shot Put	Javelin	Discus	Hammer
	Pit #1	Pit #2	E Pit #1	W Pit #2				
9:00 AM	Midget W		11 Yr W	Y/J/O W	9 Yr W	12 Yr W		All Women
10:00 AM	Midget M				9 Yr M	12 Yr M		12 to Y/J/O
10:30 AM			11 Yr M	Y/J/O M				All Men
11:00 AM		9 Yr W			10 Yr W	11 Yr W		12 to Y/J/O
11:30 AM	12 Yr W							
12:00 PM			10 Yr W	Midget W	10 Yr M	11 Yr M	13 Yr W	
12:30 PM		9 Yr M						
1:00 PM	12 Yr M				Y/J/O W		13 Yr M	
1:30 PM			10 Yr M	Midget M		13 Yr W		
2:00 PM		10 Yr W			Y/J/O M		11 Yr M	
2:30 PM	Y/J/O W		13 Yr W			13 Yr M		
3:00 PM					Midget W		10/11 Yr W	
3:30 PM		10 Yr M						
4:00 PM	Y/J/O M		13 Yr M		Midget M		10 Yr M	

Field Events for Sunday July 3rd, 2016

Time	High Jump	Long Jump		Triple Jump	Shot Put	Javelin	Discus
	Pit #1	E Pit #1	W Pit #2	W Pit #2			
9:00 AM	13 Yr W	9 Yr W	Midget W		11 Yr W	Y/J/O W	12 Yr W
10:00 AM		9 Yr M	Midget M		11 Yr M	Y/J/O M	12 Yr M
10:30 AM	13 Yr M						
11:00 AM		12 Yr W	Y/J/O W		13 Yr W	Midget W	Y/J/O W
12:00 PM			Y/J/O M		13 Yr M	Midget M	Y/J/O M
12:30 PM	11 Yr W	12 Yr M					
1:00 PM				13 Yr M	12 Yr W	10 Yr W	Midget W
2:00 PM	11 Yr M			13 Yr W	12 Yr M	10 Yr M	Midget M

Ages are determined by the athlete's age as of December 31st of the year of competition

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Track Events for Saturday July 2, 2016

Time	Events	Age Group	Comments
9:00 AM	1500m	Open, Junior, Youth Women/Men	Timed Finals
	1200m	Midget to 12 Yr Women/Men	Timed Finals
	1000m	11 Yr to 9 Yr Women/Men	Timed Finals
10:30 AM	100m	Open to 9 Yr Women/Men	Heats
	60m	11 Yr to 9 Yr Women/Men	Heats
1:30 PM	400m Hurdles	Open/Junior/Youth Women/Men	Timed Finals
	200m Hurdles	Midget to 12 Yr Women/Men	Timed Finals
2:30 PM	100m	Open to 9 Yr Women/Men	Finals
	60m	11 Yr to 9 Yr Women/Men	Finals
3:30 PM	400m	Open, Junior, Youth Women/Men	Timed Finals
	300m	Midget to 12 Yr Women/Men	Timed Finals

Medal Presentations after 60 M and 300M

Track Events for Sunday July 3, 2016

Time	Event	Age Group	Comments
9:00 AM	3000m	Open, Junior, Youth Women/Men	Timed Finals
	2000m	Midget, 13 Yr Women/Men	Timed Finals
9:45 AM	200m	Open to 11 Yr Women/Men	Timed Finals
11:00 AM	800m	Open to 12 Yr Women/Men	Timed Finals
	600m	11 Yr to 9 Yr Women/Men	Timed Finals
1:00 PM	110m Hurdles	Open/Junior/Youth Men	Timed Finals
	100m Hurdles	Open/Junior/Youth Women, Midget Men	Timed Finals
	80m Hurdles	Midget Women 13 Yr to 12 Yr Women/Men	Timed Finals
	60m Hurdles	11 Yr to 9 Yr Women/Men	Timed Finals
Lollipop Race for Girls/Boys 8 Yrs and younger after 60m Hurdles			
3:00 PM	4x100m Relay	Open to 9 Yr Women/Men	

Medal Presentations after 600 M and 4x100m

Track events will run Oldest to Youngest except for Hurdle Events

Ages Groups are determined by the athlete's age as of December 31st of the year of competition

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Order of races and heights for hurdle events Colour markings are for Bear Creek Park track

Heights Between H Colour

110 Meter

Open M	42"/1.067m	9.14M	Dark Blue
30 to 49 M	39"/.991m	9.14M	Dark Blue
Jun M	39"/.991m	9.14M	Dark Blue
Youth M	36"/.914m	9.14M	Dark Blue

100 Meter

50 to 59 M	36"/.914m	8.5M	Yellow
35 to 40 W	33"/.838m	8.5M	Yellow
Open W	33"/.838m	8.5M	Yellow
Jun W	33"/.838m	8.5M	Yellow
Midget M	33"/.838m	8.5M	Yellow
Youth W	30"/.762m	8.5M	Yellow
60 to 69 M	33"/.838m	8.0M	??

80 Meter

40 to 59 W	30"/.762m	8.0M	Black
Midget W	30"/.762m	8.0M	Black
70 to 79 M	30"/.762m	7.0M	White
60+ W	30"/.762m	7.0M	White
80+ M	27"/.686m	7.0M	White
13 Yr M	30"	8.0M	Black
13 Yr W	30"	7.5M	Grey
12 Yr W/M	27"	7.0M	White

60 Meter

11 Yr W/M	24"	6.5M	Lt. Purple
10 Yr W/M	24"	6.5M	Lt. Purple
9 Yr W/M	21"	6.5M	Lt. Purple

Heights To 1st H

400 Meter

Open M	0.914m/36"	45m
30 to 49 M	0.914m/36"	45m
Junior M	0.914m/36"	45m
50 to 59 M	0.838m/33"	45m
Youth M	0.838m/33"	45m
30 to 49 W	0.762m/30"	45m
Open W	0.762m/30"	45m
Junior W	0.762m/30"	45m
Youth W	0.762m/30"	45m

300 Meter

60 to 69 M	0.762m/30"	50m
50 to 59 W	0.762m/30"	50m
60 to 69 W	0.686m/27"	50m
70 to 79 M	0.686m/27"	50m

200 Meter

70+ W	0.686m/27"	20m
80+ M	0.686m/27"	20m
Midget W/M	0.762m/30"	20m
13 Yr W/M	0.686m/27"	20m
12 Yr W/M	0.610m/24"	20m

Distance hurdles use "Green" marks

Midgets and above use weighted hurdles

9 to 13 year olds use the practice/kick away/scissor hurdles

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Map of Bear Creek Park Track and Field Facility

