



BC WHEELCHAIR  
SPORTS  
ATHLETICS



## **FREE Coaching Professional Development Sessions!**

### **BCWSA Spring Clinics for Wheelchair Athletics**

**Sat April 16<sup>th</sup> @ 9:30-4:00pm**

**Coquitlam, BC & Burnaby, BC**

*Percy Perry Stadium &  
Fortius Athlete Development Centre*

**Sun April 17<sup>th</sup> @ 9:30-4:00pm**

**Richmond, BC**

*Richmond Minoru Stadium  
7191 Granville Ave, Richmond BC, V6Y 4G2*

***Sign up for 1 or 2 days of FREE practical Coaching Education!!***

**Who:** James Hustvedt (wheelchair racing) is currently the provincial wheelchair athletics coach. James has been coaching for over 10 years with BCWSA and was a Team BC Staff Coach at 3 Canada Summer Games.

Rick Reelie (wheelchair racing) is currently a national team wheelchair athletics coach from Saskatchewan. Rick is a Paralympian who has been involved with wheelchair racing for over 30 years.

Lisa Myers (seated throws) is currently the provincial seated throws athletics coach. Lisa has been coaching seated throws for 4 years and was on the Team BC Staff at the 2013 Canada Summer Games.

Ken Hall (seated throws) is from Ontario and has been a High Performance Coach since 2003 including the National Team Assistant Coach in 2012 for the London Paralympics.

Marni Abbott-Peter (inclusive play) is currently the Director for the BCWBS Let's Play program. She is a Paralympian who has been coaching wheelchair basketball for over 20 years.

**What:** A hands-on introduction to inclusive play and wheelchair athletics (wheelchair racing and seated throws). Coaches will have the opportunity to learn wheelchair movement skills, the rules of wheelchair athletics, try the equipment themselves, and work hands on with expert coaches and athletes with a disability.

**When:** Coaches can attend 2 days, 1 day or even a ½ day.

Saturday April 16<sup>th</sup>, 2016 @ 9:30am- 4:00pm (Percy Perry Stadium in Coquitlam)

- AM - Coach Observation/Mentorship of a Wheelchair Athletics Training Session
- PM - Practical Equipment Session and Coach Observation/Mentorship

Saturday April 16<sup>th</sup>, 2016 @ 1pm-4pm (Fortius Athlete Development Centre)

- PM – Wheelchair Movement Skills Workshop with RJTW and Let's Play

Sunday April 17<sup>th</sup>, 2016 @ 9:30am – 4:00pm (Richmond Minoru Stadium)

- AM - Interactive Training Session and Coach Observation/Mentorship
- PM – Have-A-Go Wheelchair Athletics Session and Canada Games Training Camp

**Why:** A unique professional development opportunity to learn about Wheelchair Athletics and work with Provincial and National team coaches and athletes. Coaches will receive professional development points for attending.

**Cost:** **Free!!** Travel subsidies may be available.

**Register:** Coaches can attend 2 days, 1 day or even a ½ day. [Click here to register!](#)

For more information on this or other courses, please follow this link  
<http://www.bcathletics.org/Education/Sub/upcoming-courses-pro-d-sessions/250/>  
or contact Jennifer Schutz at [jennifer.schutz@bcathletics.org](mailto:jennifer.schutz@bcathletics.org)