

Event	Gender	Time
60mH (2 heats)	F	12:00
60mH (2 heats)	M	12:20
1500m (2 heats)	F	12:30
1500m (1 heat)	M	12:45
600m (tetrathlon)	M+F	13:00
600m (2 heats)	F	13:10
600m (2 heats)	M	13:30
60m (Tetrathlon)	M+F	13:40
60m (4 heats)	F	13:50
60m (6 heats)	M	14:10
1000m (1 heat)	F	14:40
1000m (1 heat)	M	14:50
300m (4 heats)	F	15:00
300m (4 heats)	M	15:30
3000m (2heats)	F	16:00
3000m	M	16:30

Event	Gender	Time
High Jump	F	9:00
Long Jump	M	9:00
High Jump	M	10:30
Long Jump	F	10:30
Triple Jump	Combined	12:00
Long Jump (Tetra Combined		14:30
Shot Put (Tetrath Combined		16:00