

2016 FLYING ANGELS INDOOR CLASSIC TRACK MEET

Toronto Track & Field Centre, York University
231 Ian MacDonald Boulevard
Toronto, Ontario, Canada M3J 3L9
Saturday, February 6, 2016

Hosted by: Flying Angels Track & Field Club
Sanctioned by: Minor Track Association
Website: www.flyingangels.ca
Meet Director: Earl Letford (647) 710-7426 / track@flyingangels.ca
Eligibility: Clubs, Schools, Teams, and Individuals are eligible to compete.
Non-MTA members are required to pay the \$5 MTA daily insurance fee

AGE DIVISIONS

Pee Wee	(PG, PB)	born in 2010 & Younger
Mite	(MG, MB)	born in 2008 & 2009
Tyke	(TG, TB)	born in 2006 & 2007
Atom	(AG, AB)	born in 2004 & 2005
MTA Senior	(SG, SB)	born in 2002 & 2003

DIVISIONS

Pee Wee
Mite
Tyke
Atom
MTA Senior

EVENTS OFFERED

60m, 200m
60m, 200m, 400m, 800m, 60mH (30 cm), LJ, SP (1.5 kg), 4x200
60m, 200m, 400m, 800m, 1200m, 60mH (45 cm), LJ, SP (2.00 kg), 4x200
60m, 200m, 400m, 800m, 1500m, 60mH (60 cm), LJ, TJ, SP (2.78 kg), 4x200
60m, 200m, 400m, 800m, 1500m, 60mH (76 cm), LJ, TJ, SP (3.00 kg), 4x200

ENTRY INFORMATION AND INSTRUCTIONS

Online Entries Complete online entries at www.trackiereg.com

Hy-Tek Entries Complete entries using Hy-Tek Team Manager.
The events file may be found at minortrack.org.
Email the completed entries to entries@flyingangels.ca

No Excel, Mail, or Faxed entries accepted

Entry Deadline Wednesday, February 3, 2016

Entry Fees \$10.00 per individual event
\$25.00 per relay

Late entries are not accepted
Please make cheque payable to **Flying Angels Track & Field Academy**

FLYING ANGELS INDOOR CLASSIC

PACKET PICKUP

Packet pickup is at the registration room upstairs at the Toronto Track & Field Center beginning at 8:00 am.

FACILITY ADMISSION

All entry to the indoor track will be by wrist bands.

Wrist bands for athletes and coaches will be distributed with the team's packet.

Each team will be allotted 1 coaches wrist band for every 8 athletes registered.

All parents and spectators must remain upstairs in the spectator gallery.

EVENT SCHEDULE

A tentative schedule is enclosed.

The meet will operate on a rolling schedule with the morning schedule commencing at 9:30 am and the afternoon session starting at 1:30 pm.

HEAT SHEETS & RESULTS

Performance lists will be posted on the minortrack.org website beginning Thursday, February 4, 2016.

Heat Sheets and results will be posted on the south wall and also upstairs behind the stands.

ATHLETE CHECK-IN

All athletes in running events must first check in at the Check In table prior to the start of their event.

Field event athletes must check in directly to their event when the event is called.

AWARDS

Medals will be presented to the 1st, 2nd, and 3rd place finishers in each event

SCORING

This is not a scoring meet.

FIELD EVENTS

Because of time constraints, all eligible athletes will get three attempts in the Long Jump, Triple Jump, and Shot Put events. The top six athletes after the third round will receive an additional two jumps.

All reasonable attempts will be made to allow athletes who have to leave to compete in a running event to receive their three jumps/throws before they leave.

Athletes who checked in to the field event, but left the competition area because they were CALLED to participate in a track event, must report back to the event immediately after their running event, but before the end of the third round to complete any jumps/throws they missed. Athletes who return after the end of the third round will not be able to replace any jumps/throws they missed.

Only athletes who have jumped/threw prior to the close of the third round may participate in round four and/or round five PROVIDING that they were among the top six that qualified for the additional rounds. Athletes must return before the end of the fifth round to receive their final two jumps/throws.

Only competing athletes are allowed in the Long Jump/Triple Jump competition area. All coaches must remain in the coaching area located between the south wall and the jogging track.

Coaches who encroach the competition area and/or interfere with the competition will be asked to leave the field house or risk the disqualification of their athlete from the event.

DIRECTION TO TORONTO TRACK & FIELD CENTRE

Follow Highway 401 to Highway 400 North

Follow Highway 400 north to the Steeles Avenue exit.

Go East (left) on Steeles, past Jane Street to the second set of lights.

Turn right on Founders Road

Take immediate first left entrance to parking lot.

Follow the sidewalk west to the front of the Track and Field Centre.

**FLYING ANGELS INDOOR CLASSIC
SATURDAY, FEBRUARY 6, 2016**

SCHEDULE OF EVENTS

(Rolling Schedule. Event will start at the completion of the previous event)

9:00 AM – COACHES MEETING @ THE FINISH LINE

TIME	TRACK EVENT	TIME	FIELD EVENT	DIVISION
9:30 am	1200m / 1500 Meter Run (TG - TB - AG - AB – SG – SB)	9:30 am	Long Jump (pit 1)	SG
			Long Jump (pit 2)	SB
			High Jump	TG
			Shot Put	MG
	60 Meter Heats (or finals) (PG–PB-MG-MB-TG-TB-AG-AB–SG–SB)		Long Jump (pit 1)	AG
			Long Jump (pit 2)	AB
			High Jump	TB
			Shot Put	MB
	400 Meter Finals (MG - MB - TG - TB - AG - AB – SG – SB)		Long Jump (pit 1)	TG
			Long Jump (pit 2)	TB
			High Jump	SB
			Shot Put	SG
	60 Meter Finals (MG - MB - TG - TB - AG - AB – SG – SB)		High Jump	AB
			Shot Put	SB
- TRACK BREAK -				
1:30 pm	60 Meter Hurdles Timed Finals (MG - MB - TG - TB - AG - AB – SG – SB)	1:30 pm	Long Jump (pit 1)	MG
			Long Jump (pit 2)	MB
			High Jump	AG
			Shot Put	AB
	800 Meter Run (MG - MB - TG - TB - AG - AB – SG – SB)		Triple Jump	AB & SB
			High Jump	SG
			Shot Put	AG
	200 Meter Run (PG-PB-MG-MB-TG-TB-AG-AB–SG–SB)		Triple Jump	AG & SG
			Shot Put	TG
			Shot Put	TB
	4 x 200 Meter Relay (MG - MB - TG - TB - AG - AB – SG – SB)			



MINOR TRACK ASSOCIATION

SANCTIONED AND REQUIRED BY:

MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2016 Flying Angels Indoor Classic Track Meet

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Minor Track Association
Flying Angels Youth Organization
City of Toronto
Toronto Track & Field Centre
Earl Letford

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Date

Print Name

Signature
(If under 18, parent or guardian or
Power of Attorney to sign below.)

Date

Print Name

Signature of Legal Guardian