2026 Red & Black Open
Irving Oil Field House
29 McAllister Dr, Saint John, NB E2J 2S7
December 5, 2026

Technical Information: • Spikes must be pyramids, "trees" or "towers" of a maximum length of 7mm; needle spikes will not be permitted. • Some categories may be combined in certain events, but final results will be separated into the age categories. Free registration for the 4x200m relay races for all club and provincial teams. Other relay races may be run upon request; please contact the meet director to make a request.	Information technique: • Les crampons doivent être des pyramides, des « arbres » ou des « tours » de 7mm maximum; les aiguilles ne sont pas permises. • Des catégories peuvent être combinées pour certaines épreuves, mais les résultats seront séparés en catégories d'âge. Les relais de 4x200m sont gratuits pour tous les clubs et les équipes provinciaux. D'autres relais peuvent être organisées sur demande ; veuillez contacter le directeur de la compétition pour faire une demande.
Registration: Categories will be U12 ('14-'15), U14 ('12-'13), U16 ('10-'11), U18 ('08-'09), U20 ('06-'07), Senior ('91-'05) and Master (born '90 or earlier). • Individual events for U14+ are $35 for 1st event and $15 for each additional event, to be paid online. U12 $10 • Registration will be done online at • https://trackie.com/event/2026RBOpen • **Registration deadline is 11:59pm on Tuesday, December 3th, 2026** • Late registrations will be accepted up to 11:59pm on Thursday, November 20, at a cost of $50 for the first event and $20 for each additional event	Inscription: Les catégories d'âge seront U12 ('14-'15), U14 ('12-'13), U16 ('10-'11), U18 ('08-'09), U20 ('06-'07), Senior ('91-'05) et Vétéran (born '90 or earlier) • Épreuves individuelles per U14+ 35$ pour 1ère épreuve et 15$ pour chaque additionnelle, payé en ligne. U12 10$ • Inscription sera en ligne à Trackie.com • https://trackie.com/event/2026RBOpen • **La date limite d'inscription est 23h59, mardi le 3 Decembre 2026** • Des enregistrements en retard seront acceptés jusqu'à 23h59 jeudi le 20 novembre, à un prix de 50$ pour la 1ère épreuve et 20$ pour chaque épreuve additionnelle
Questions can be emailed to: • Bill MacMackin Bill@SJTC.CA • Oyinko Akinola oyinkoakinola@gmail.com • Chris Belof chris.belof@unb.ca	Questions peuvent être envoyé à : • Bill MacMackin Bill@SJTC.CA • Oyinko Akinola oyinkoakinola@gmail.com • Chris Belof chris.belof@unb.ca

Events and specifications / Épreuves et spécifications

	U12	U14	U16	U18	U20	Senior	Master
60mh		**0.76m 30”**	**F - 0.76m / 30” M – 0.84m / 33”**	**F - 0.76m / 30” M – 0.91m / 36”**	**F - 0.84m / 33” M – 0.99m / 39”**	**F - 0.84m / 33” M – 1.07m / 42”**	★
60m	✓	✓	✓	✓	✓	✓	✓
150m		✓					
200m			✓	✓	✓	✓	✓
300m		✓	✓	✓	✓	✓	✓
400m		✓	✓	✓	✓	✓	✓
600m	✓	✓	✓	✓	✓	✓	✓
800m			✓	✓	✓	✓	✓
1000m		✓	✓	✓	✓	✓	✓
1500m			✓	✓	✓	✓	✓
3000m			✓	✓	✓	✓	✓
4x200m			✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓	✓
High Jump		✓	✓	✓	✓	✓	✓
Triple Jump		✓	✓	✓	✓	✓	✓
Pole Vault				✓	✓	✓	✓
Shotput	F - 2kg M - 2kg	F - 2kg M - 2kg	F - 3kg M - 4kg	F - 3kg M - 5kg	F - 4kg M - 6kg	F - 4kg M - 7.26kg	★
Weight Throw			F–7.26kg/16lb M- 7.26kg/16lb	F–7.26kg/16lb M-9.08kg/20lb	F–9.08kg/20lb M–11.34kg/25lb	F–9.08kg/20lb M–15.88kg/35lb	★

★ **-** Masters events will follow CMA specifications where possible.

Les épreuves pour les vétérans vont suivi les spécifications du VCA ou possible.

TENTATIVE FIELD SCHEDULE
HORAIRE TENTATIVE POUR LE PELOUSE

	Long Jump	**Triple Jump**	**High Jump**	**Shotput**	**Pole Vault**	**Weight Throw**
9:00am	Tetrathlon Male/Female U12			Male U14+		
9:30am	Female U14 +		Male U14+			
10:00				Tetrathlon Male/Female U12		
10:30am				Female U14+		
11:00am	Male U14+		Female U14+			
11:30am						Male U16+
12:00pm					Male/Female U16+	
12:30pm		Male U14+ Female U14+				Female U16+
1:00pm						

TENTATIVE TRACK SCHEDULE / HORAIE TENTATIVE POUR LA PISTE

	Event **Épreuve**	**Gender** **Sexe**	**Categories** **Catégories**	**Round** **Série**
9:00	60mh	M	U16+	Uni Prelim / Finals
9:10	60mh	F	U16+	Uni Prelim / Finals
9:15	60m	M&W	U12+	Tet
9:20	60m	M	U12+	Prelim
9:35	60m	F	U12+	Prelim
10:00	1500m	M	U16+	Final
10:05	1500m	F	U16+	Final
10:10	1200m	M/F Mixed	U14-U16	Final
10:20	600m	M/F	U14+	Final
10:30	600m	M&W	U12+	Tet
10:35	60mh	M	University	Finals for Uni races only
10:40	60mh	F	University	Finals for Uni races only
10:55	400m	F	U16+	Final
11:00	400m	M	U16+	Final
11:05	60m	M	U14+	Final
11:20	60m	F	U14+	Final
11:35	2000m	M/F Mixed	U14-U16	Final
11:45	3000m	M/F	U16+	Final
12:10	300m	M	U14+	Final
12:20	300m	F	U14+	Final
12:35	200m	F	U16+	Final
12:45	200m	M	U16+	Final
12:55	800m	M	U16+	Final
13:00	800m	F	U16+	Final
13:15	1000m	M	U14+	Final
13:15	1000m	F	U14+	Final
13:30	4x200m	M/F	U16+	Final