ONTARIO TRACK & FIELD FINALE

Wednesday December 30, 2026

This is your last chance to compete in your current age category before athletes move into new categories on Jan 1.

Location:	**Toronto Track & Field Centre** 231 Ian Macdonald Blvd, Toronto, ON M7A 2C5
Hosted by:	Thorold Elite Track & Field Club
Sanctioned by:	Athletics Ontario
Meet Director:	thoroldelitetc@gmail.com
Eligibility:	Athletes registered with Athletics Ontario, Minor Track Association, Ontario Masters Association **Non-member fee: $5.00**
Regular Deadline:	Wednesday December 23, 2026 @ 11:59 pm
Late Deadline:	Tuesday December 29, 2026 @ 12:00 pm Entries received after this deadline may be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.
Entry Fees:	$25.00 first event $20.00 subsequent events An additional $5.00 processing fee applies to all late entries.
Online Registration:	www.trackie.com/event/ONTrackFinale2026 All entries are to be completed online at Trackie
Waiver:	Mandatory for all athletes and to be completed online
Awards:	None. This is a Prep meet/ Developmental meet only.
Age Divisions:	All ages eligible. Most events will be open category with heats designated by seed time.
Number of Attempts:	All athletes in all throws and horizontal jumps will receive six attempts.
Washrooms:	Available on site
First Aid/ Medical:	Available on site

Implements:

- Athletes are requested to bring their own implements;
- Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.

Tentative Schedule:

Note: A Final Schedule will be published and sent out by the end of the night on Monday December 28 and may have significant changes based on the number of entrants/ heats and flights needed. The schedule below is our best expectation only.

Time	Straight	Oval	High Jump	Long Jump	Triple Jump	Throws
9:00 am						
9:15 am		Warm-ups				
9:30 am	Warm-ups	4x800 m 2000/3000 m	Warm-ups	Warm-ups	Warm-ups	Warm-ups
9:45 am						
10:00 am	60 m Hurdles Round 1		Girls Flight 1	Boys Flight 1	Girls Flight 1	Boys Shot put Flight 1
10:15 am						
10:30 am						
10:45 am		200 m				
11:00 am						
11:15 am		800 m				
11:30 am			Boys Flight 1	Girls Flight 1	Boys Flight 1	Girls Shot put Flight 1
11:45 am	60 m Hurdles Round 2					
12:00 pm						
12:15 pm						
12:30 pm	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
12:45 pm	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
1:00 pm	60 m Round 1		Girls Flight 2	Boys Flight 2	Girls Flight 2	Boys Flight 2
1:15 pm						
1:30 pm						
1:45 pm		1500 m Racewalk 300 m 400 m				
2:00 pm						
2:15 pm		1200/ 1500 m				
2:30 pm			Boys Flight 2	Girls Flight 2	Boys Flight 2	Girls Flight 2
2:45 pm	60 m Round 2					
3:00 pm						
3:15 pm						
3:30 pm		4x400 m 4x200 m Sprint Medley				
3:45 pm						
4:00 pm						All Weight Throw
4:15 pm						
4:30 pm						
4:45 pm						
5:00 pm						