Dinos Indoor Track Series

2026-2027

(Updated November 4, 2026)

Hosted by Dinos Track & Field, University of Calgary
Sanctioned by Athletics Alberta

Location: Meet 1: December 6th Jack Simpson track, Kinesiology Building, University of Calgary. Meet 2: January 24th Jack Simpson track, Kinesiology Building, University of Calgary & Olympic Oval.
Meet Enquiries: christine.diane.laverty@gmail.com
Registration Enquiries: matt.deans@ucalgary.ca
Website: calgarytrackcouncil.com

Entry Fees:
$25 per athlete per event
Entry deadline: **Midnight Sunday November 29 for the December 6th meet.**
Midnight Sunday January 17th for the January 24th meet. **Scratches:** up to late entry deadlines
Late Entries:
Late entries can be made on Trackie for a charge of $40/event until **Monday, November 29th (December 6th meet), Monday January 18th (Jan. 24th meet)** at midnight. No entries will be allowed after the late entry deadline.

***Day of Meet Entries will not be accepted.**

Entries: Trackie Registration**: https://www.trackie.com/calendar/**

Athletics Alberta Membership: All participants must be a member of Athletics Alberta. To register with Athletics Alberta, go to: https://athleticsreg.ca/#!/memberships/builder-v2/athletics-alberta-2026-membership

Photo Timing: Fully automatic photo timing (FinishLynx)

Spike Length: Must be cones (no pyramids), a maximum length 6mm

Age Categories: *Ages as of December 31, the year of competition*

- 9 years and under
- 10-15 years (will compete in one-year divisions)
- Under 18 (60m Only & 60m Hurdles)
- Open
- Masters: 35+ years old as the day of meet (results in 5 year increments)

Events

	Dinos Opener	Gramantik Classic
	Sunday, December 6, 2026	**Sunday, January 24, 2027**
	9:30am – 7:00pm	10:00am – 5:30pm
60m	All ages	All ages
150m	13/12/11/10/U9	13/12/11/10/U9
300m	U16/Masters/Open	15/14/13/12/Masters/Open
400m	9/10/11	
600m	Open	Open/13/12/11/10/U9
800m	12/13/14/15	
1000m	Masters/Open	14/15/Open
1200m		
1500m		Open/Masters
60m Hurdles	14 & older (Invitational)	14 & older
High Jump		Invitational
Pole Vault		Invitational
Shot Put	Invitational	

***All events will be timed finals with the exception of the Open 60m**

Schedule: calgarytrackcouncil.com

- **Final Schedule** posted the day before the competition once entries are finalized.
- **Heat Sheets** posted at the main entrance to the Jack Simpson track prior to the meet.
- **Results** posted at the main entrance to the Jack Simpson track and online at calgarytrackcouncil.com. Monday, the PDF versions will be posted online.

Awards:

- Top 6 finishers in each event will receive a ribbon. Masters athletes will receive ribbons per event based upon 5 year increments. ***Ribbons must be collected on-site the day of the event.***

Marshalling:

Track Events- Athletes must check in at the Clerk's Table no later than 20 mins prior to the start of their event. Athletes must be at the start line 10 mins prior to their event.

Field Events- Will check in on-site 30 mins prior to the start of the event.

Spectators:

Space at Jack Simpson track is very tight. Spectators are asked to remain on the red sections of the track, or in the stands (if available). Spectators are not to use the washrooms in Jack Simpson; please use the ones located on second floor, at the top of the stairs. Athletes and Spectators must stay off the gymnasium floor, fitness training equipment, and be aware at all times when crossing the track.

Start Procedures:

Starting Blocks
Athletes 14 years and older must use starting blocks for sprint events.
Athletes 13 years and younger will not have starting blocks for sprint events.

60m
Open Men and Open Women 60m will have heats and A & B final. Athletes choosing not to run the final are asked to notify the results table immediately after the heats to advance the next possible qualifier. Seeding of the final will be based on time only.

150m
All age groups will run the entire race in lanes.
All races are timed finals.

300m
14 years and Older will run the entire race in lanes.
13 and younger will use a waterfall start line.
All races are timed finals.

400m/600m
14 years and older will run the first two corners in lanes and then cut in.
13 years and younger will use a waterfall start line.
All races are timed finals.

800m and longer
Waterfall start or one Corner stagger at the discretion of the Meet Director and the Starters. All races are timed finals.