SPRING FLING

SATURDAY, APRIL 10, 2027
10:00am - 4:00pm
SOUTH SURREY ATHLETIC PARK TRACK

BC ATHLETICS FULLY SANCTIONED MEET

MEET OVERVIEW

TRACK EVENTS

- 100m • 200m • 400/300m • 800/600m
- Mo's Mile • 110/100/80mH • JD 80/60mH

FIELD EVENTS

- Long Jump • High Jump • Pole Vault (1.5m-4.0m)
- Javelin • Shot Put

TRACK RASCALS - 10:00 - 11:30am (Bib pickup 9:45am)

- Eligible birth years: 2021, 2020 and 2019
- Events: 60m • 60m Hurdles • Long Jump • Turbo Javelin

ELIGIBILITY & REGISTRATION

- JD's 2018-2014
- U16
- Open (U18, U20, Seniors, Masters)

- No **DAY OF** entries!!!

REGISTER HERE!

FEES & DEADLINE

- **Regular Deadline $12** per event
- **Late Deadline $18** per event
- **$10** Track Rascal event

- **Regular Deadline:** April 4,2027 at 11:59 pm
- **Late Deadline:** April 7, 2027 at 11:59 pm
- **$5 Extra** for non BC Athletics members

ARRIVAL

- Bib pickup and warmup from 9:45 am



AMENITIES

- Washrooms available; no changerooms or concession

MEET INFORMATION

Everything athletes, coaches and families need to know before arriving.

RESULTS & PROTESTS

- Live results may be available (not guaranteed) - depending on the internet connection. ***RESULTS***
- Results will be posted on the Ocean Athletics website by 5:00 PM on April 11, 2027. ***WEBSITE***
- Timing tent area is **OUT OF BOUNDS** for all athletes, parents and coaches during the meet.
- Track inquiries or protests go to the Finish Line Marshal.
- Field event inquiries or protests go to the Chief of the Field Event.
- Paperwork Requests for records will only be completed at the conclusion of the meet.

SPECTATORS & COACHES

- Only athletes and officials are permitted in competition areas, including high jump, long jump, shot put and discus.
- Check-in for all field events is at the event site. Check-in for all track events is at the start line area for the event. All athletes must check in a minimum of 20 minutes prior to the scheduled start time.
- The high jump apron is open to current competitors and Officials only.
- Coaches may remain in the HJ apron until competition begins.
- High jump spectators and coaches must watch from outside Lane 8.
- Reach the pole vault and long jump bleachers by walking outside Lane 8 at the southern end of the track to the designated viewing area.
- Track Rascal Spectators
    - View 60m and 60mH events from main bleachers
    - View Long Jump from bleachers and grass beside to northern long jump pits
    - View Turbo Javelin from the spectator area in front of the throwing cage.

COMPETITION NOTES

- Events start on time but ***can run up to 30 minutes ahead of the posted schedule***. Arrive early enough to warm up and set marks
- This is a short evening meet; do not attempt too many events.
- Personal implements must be weighed and certified before competition. Weigh-in is 9:15-9:45am in the green building at the southwest corner of the track.
- Practice hurdles will be set up and available on the south end of the track. Please do not remove or move hurdles to the western straightaway (long jump side)

AWARDS

- Awards ONLY for the Annual Mo's Mile event winners.
- Commemorative medal for male and female winners (Mo's Mile #1 and #2)
- Male and female winners' names engraved on the perpetual trophy (Mo's Mile #1 and #2)

COMPETITION SCHEDULE

TRACK EVENTS

- Events can run up to 30min ahead of the posted schedule
- Events run oldest to youngest with females going first in all groupings, except Hurdles

TIME	EVENT	DETAILS
9:55 AM	110mH	39" U20M, 36" U18M (1 heat capped at 7 athletes)
10:00 AM	100mH / 80mH	100mH - 33" U16M / Senior W, U20W (may be combined), 80mH - 30" U16W
10:20 AM	Rascals 60m, 60mH	Track Rascal 60m, Track Rascal 60mH
10:45 AM	JD 80mH / 60mH	80mH (2014, 2015) 60mH (2016, 2017, 2018)
11:30 AM	Mo's Mile	#1: U16+ (W, M), #2: JD (G, B) (4 races total)
12:00 PM	100m	Open, U16, JD 2014-2018
1:40 PM	400m / 300m	Open, U16, JD 2014-2018
2:00 PM	800m / 600m	Open, U16, JD 2014-2018
2:55 PM	200m	Open, U16, JD 2014-2016
3:45 PM	2nd chance 100m	2nd chance 100m if time permits (free for athletes already registered in meet)

FIELD EVENTS

TIME	EVENT / LOCATION	ATHLETES
10:00 AM	Pole vault	Male and Females combined (1.50m to 4.00m)
10:30 AM	Long jump — Pit #1 (Northeast)	Senior, U20, U18, U16 Men
12:00 PM	Long jump — Pit #1 (Northeast)	2015 / 2014 Boys
1:30 PM	Long jump — Pit #1 (Northeast)	2017 / 2016 Boys
2:45 PM	Long jump — Pit #1 (Northeast)	2018 Boys
10:30 AM	Long jump — Pit #2 (Southeast)	Senior, U20, U18, U16 Women
12:00 PM	Long jump — Pit #2 (Southeast)	2015 / 2014 Girls
1:30 PM	Long jump — Pit #2 (Southeast)	2017 / 2016 Girls
2:45 PM	Long jump — Pit #2 (Southeast)	2018 Girls
10:30 AM	High jump — Pit #1 (Eastern)	Open Men (Masters, Seniors, U20/U18/U16)
11:45 AM	High jump — Pit #1 (Eastern)	2018 / 2017 Boys
1:15 PM	High jump — Pit #1 (Eastern)	2016 Boys
2:30 PM	High jump — Pit #1 (Eastern)	2015 / 2014 Boys
10:30 AM	High jump — Pit #2 (Western)	Open Women (Masters, Seniors, U20/U18/U16)
11:45 AM	High jump — Pit #2 (Western)	2018 / 2017 Girls
1:15 PM	High jump — Pit #2 (Western)	2016 Girls
2:30 PM	High jump — Pit #2 (Western)	2015 / 2014 Girls
10:00 AM	Shot put	Open Men & Women combined (Masters, Seniors, U20/U18/U16)
11:00 AM	Shot put	2016 / 2015 / 2014 Boys & Girls - combined
11:45 AM	Shot put	2018 / 2017 Boys & Girls - combined
1:00 PM	Javelin	Open Men & Women combined (Masters, Seniors, U20/U18/U16)
2:10 PM	Javelin	2015 / 2014 Boys & Girls
3:00 PM	Javelin	2017 / 2016 Boys & Girls