TCAAA JOINT DEVELOPMENT
TRACK & FIELD MEET 2026

PRIMARY & HIGH SCHOOLS

Saturday, November 28, 2026

National Stadium | 10:00 AM

Registration Deadline: November 24, 2026

Contact: 346-7059 | 245-4133

Purpose

The meet provides primary and high school athletes with a development-focused opportunity to compete in track and field, practise fair play, and gain competitive experience.

Important Entry Limits

Each school may enter a maximum of FIVE (5) participants in each individual event. Athletes may enter a maximum of FOUR (4) individual events and one (1) relay, subject to confirmation by the meet organizers. Relay entry limits and mixed-team composition will be communicated by TCAAA.

Official Event List

Open Distance Races

Category	Event
Primary girls	600m open
Primary boys	800m open
High school girls	1600m open
High school boys	1600m open

80m

Category	Event
Under 9	Girls / Boys
Under 11	Girls / Boys
Under 13	Girls / Boys

400m

Category	Event
Under 15	Girls / Boys
Under 17	Girls / Boys

Under 19	Girls/ Boys

300m

Category	Event
Under 11	Girls / Boys
Under 13	Girls / Boys

800m

Category	Event
Under 15	Girls / Boys
Under 17	Girls / Boys
Under 19	Girls / Boys

150m

Category	Event
Under 9	Girls / Boys
Under 11	Girls / Boys
Under 13	Girls / Boys

200m

Category	Event
Under 15	Girls / Boys
Under 17	Girls / Boys
Under 19	Girls / Boys

Mixed Relays

Category	Event
Primary mixed	4 × 100m open
High school mixed	4 × 400m open

Long Jump

Category	Event
Males	Open
Females	Open
Shot Put **Males/ Females**	Open

General Rules for Athletes and Coaches

1. Registration and Participation

- **Eligibility:** Athletes must meet the age requirements established by the meet organizers for each category. Any athlete found ineligible will be disqualified.
- **Registration:** All athletes must be properly registered by November 24, 2026. Late registrations may not be accepted.
- **School entries:** Each school is allowed a maximum of five (5) participants per individual event.

- **Athlete event limits:** Athletes may be limited to a maximum of four (4) individual events and one relay.

2. Conduct and Sportsmanship

- **Respect:** Athletes, coaches and spectators must show respect for others. Foul language, inappropriate gestures or disruptive behavior will not be tolerated and may result in disqualification.
- **Fair play:** Athletes must compete with integrity and in the spirit of fair competition.

3. Event Rules

- **Start procedures:** Athletes must be at the starting line at least three (3) minutes before the race begins.
- **False starts:** The meet-specific procedure supplied by the organizers is disqualification after two false-start attempts. Officials must clarify how these attempts are counted at the technical briefing, as this is a development-meet modification and may differ from standard World Athletics rules.
- **Long jump:** Athletes must follow the applicable measurement, take-off and technique rules. A foul attempt will receive no mark.
- **Relays:** Athletes must exchange the baton within the designated takeover zone. The organizers will confirm mixed-team composition and number of relay entries per school.

4. Safety and Medical Assistance

- **Medical assistance:** A medical team will be on-site to assist with injuries. Athletes requiring medical attention during an event should raise their hand and wait for assistance when safe to do so.
- **Hydration and rest:** Athletes should stay hydrated and take adequate rest between events.
- **Event areas:** Only authorized athletes and officials may enter active competition areas.

5. Disqualification, Officials and Disputes

- **Disqualification:** Athletes may be disqualified for rule violations or unsportsmanlike conduct.
- **Respect for officials:** Athletes and coaches must respect officials and their decisions. Disputes must be raised through the proper channels, not confrontationally.
- **Protests:** Team representatives should refer concerns to the event referee or designated meet official, following procedures announced at the technical briefing.