



**CALTAF in collaboration with the CEPR is pleased to host the
2026 Alberta Cross-Country Running Championships
Saturday, November 7, 2026
Sanctioned by Athletics Alberta**

Location

West Confederation Park aka Canmore Park
2020 Chicoutimi Drive NW

Course

Canmore Park is a rolling course over grass with some paved path crossings. There are no change facilities or shelters on site. Portable toilets will be on site.

There will be a lead cyclist for the U10/U12/U14 races. The course will be marked with pin flags. Stakes are no longer permitted, and athletes are reminded to always stay between the pin flags. Marshals will be stationed throughout the course.

On-Site

- First Aid
- Portable toilets

Spectators

We ask that non-racers stay off the course once the competition begins.

Bibs

- Bib Pick up – AT STARTLINE/Registration Table

Entries

Due: 10:00 p.m. on Saturday, October 31, 2026. Please submit all entries using TrackieReg:

<https://www.trackie.com/event/athletics-alberta-cross-country-provincial-championships/1039322/>

Athletics Alberta Membership

All competitors must be members of Athletics Alberta. **No exceptions** -- please see <https://www.athleticsalberta.com/aa-membership/>. (Note: "Day of Meet" memberships are **no longer available**. Membership must be registered before the meet entry deadline of October 31. **No Out of Province entries allowed.**

Entry Fee

\$35.00 per participant (includes Alberta Championship fee and Trackie fee). All entry fees need to be paid on Trackie at time of registration.

Late entry deadline is November 2nd at 12:00 p.m. with a late fee of \$45.00.

CONTACTS

Meet Director: Samantha Read sam.trackandfieldcoach@gmail.com & Paula McKenzie paula@caltaf.com

Events

Age Category	Year of Birth	Race Distance	Start Time
Senior Women	2006 or earlier	8000m	11:00 am
Master Women	1991 or earlier	8000m	11:00 am
U20 Women	2007 – 2008	8000m	11:00 am
Senior Men	2006 or earlier	8000m	12:00 pm
Master Men	1991 or earlier	8000m	12:00 pm
U20 Men	2007 – 2008	8000m	12:00 pm
U10 Girls	2017 or later	1000m	1:00 pm
U10 Boys	2017 or later	1000m	1:15 pm
U12 Girls	2015 – 2016	1000m	1:30 pm
U12 Boys	2015 – 2016	1000m	1:45 pm
U14 Girls	2013 – 2014	2000m	2:10 pm
U14 Boys	2013 – 2014	2000m	2:30 pm
U16 Girls	2011 – 2012	4000m	2:50 pm
U16 Boys	2011 – 2012	4000m	3:15 pm
U18 Girls	2009 – 2010	6000m	3:45 pm
U18 Boys	2009 – 2010	6000m	4:15 pm

Awards

- There will be an awards ceremony after each event for Top 3 finishers and Top 3 teams.
- Provincial Championship Medals to **top 3 Individuals and teams** (scoring members).
- Ribbons will be awarded to U10, U12, U14 places fourth(4th) to tenth(10th) Individuals.

Athletics Alberta Team Championships

Teams are 6 runners with 4 to score. If a club does not designate their team members prior to the start of the race, the first 6 athletes finishing will be considered the team.

Scoring: First place scores 1, second place 2, third 3, etc. Lowest total wins.

In accordance with Athletics Alberta policy, for runners to be considered for the end-of-year recognition as cross-country runner of the year in the Under-10 through Under-18 divisions, they must compete in their appropriate age group in this championship.

Results

Results will be available on AthleticsLIVE and will be posted on the Calgary Track Council website: Calgary Track Council website:

Results: www.calgarytrackcouncil.com

Athletics Alberta Branch Teams at ACXC 2026

Athletics Alberta

Athletics Alberta does not send a provincial team to the national XC championships. Athletes are responsible for their own accommodations and individual registrations through their club.

We are pleased to provide all Athletics Alberta athlete registered for nationals with a gift as with previous editions. The 2026 gift will be a neck buff and can be collected from Athletics Alberta Coach Representative Samantha Read at the course.

****Coach Samantha will be at the race course walkthrough (Friday), and both race days (Saturday and Sunday). Specific hours and her contact information will be provided closer to the event.***

Club and Branch Teams at ACXC

Club and Branch teams are not required to be declared prior to racing at ACXC in the age group competitions. An Athlete may run in the individual race and have their results count for both their club and the branch teams. Scores will automatically be tabulated from the results of the individual race.

ACXC Club Championship

- Clubs are NOT required to declare the composition of their team(s) in advance of the competition at the time of registration. All competitors on a Club team must be bona fide paid members of the same club.
- There is no limit to the team size: clubs may enter an unlimited number of athletes with the top four (4) athletes scoring (and all other finishers acting as displacers) for all divisions.

ACXC Branch Championship

- Branches are NOT required to declare the composition of their team(s) in advance of the competition at the time of registration. All competitors on a Branch team must be bona fide paid members of the same Branch.
- There is no limit to the team size: clubs may enter an unlimited number of athletes with the top four (4) athletes scoring (and all other finishers acting as displacers) for all divisions.

For more information on awards and scoring, please see the ACXC event page link below:

<https://athletics.ca/events/canadian-cross-country-championships-2026/>

Mixed Relay Race at ACXC

Club and Branch Mixed Relay teams at ACXC must be entered ahead of time with orders be declared onsite, no later than one hour prior to the start of the race. Athletics Alberta will enter Branch relay teams in those prior to the competition based on declared athletes at the link below. As many teams as possible will be entered based upon declarations.

Please note - as the race occurs at the same time you will not be able to compete for a club team and branch team in the mixed relay competition. Athletes, please be sure to communicate with your clubs prior to submitting your declaration at the link below:

Declaration form linked here (due by 11:59 pm on Wed Nov 11)

Teams will be created based on order of finish at Athletics Alberta XC Championships on November 7 in Calgary. Times will be compared for athletes contesting different race sections.

<https://www.trackie.com/event/athletics-alberta-cross-country-provincial-championships/1039322/>

Declared U16 and U18 athletes will be considered for U18 teams.

Declared U20 and Senior athletes will be considered for Senior teams.

Teams may be combined as needed based on interest.

Onsite at ACXC

Samantha Read (CALTAF) will manage Athletics Alberta Branch Teams in Quebec, QC and submit the final order of runners per the ACXC notes below. Athletics Alberta

singlets will be provided for those who don't have them based on best available sizes. Information collected in the declaration form above.

Team Declaration and Technical Notes:

- To be submit online to events@athletics.ca or in person at the Accreditation Desk (Coach Samantha)
- The composition of a team and the order of running for a relay shall be officially declared no later than one hour before the start of the race (i.e. 12:00 p.m. ET).
- The team shall compete as named and in the declared order. If a team does not follow this Rule, it shall be disqualified.
- All relay team members need to wear the same uniform top.
- Teams can collect their relay team wristband (which includes the timing chip) at the Accreditation Desk.

Team Composition Notes

- Each team shall consist of four athletes. The number of male athletes permitted per team shall not exceed two (2). Teams may therefore be composed of any combination up to a maximum of two (2) male athletes and the remaining positions filled by female athletes (e.g., 2M/2F, 1M/3F, or 0M/4F).
- Running order and Distance: Male, Female, Male, Female - 4 x 2km