



Brockville Legion Track and Field Club

Presents

10th Annual Leeds and Grenville Youth Cross Country
Championships

Sunday October 25, 2026

Memorial Park
100 Magedoma Blvd
Brockville ON K6V7J5

Technical Package

Registration

Entry Deadline:

Fees: 11:59pm, Friday, October 23rd, 2026
\$10 per athlete

Late Entries:

Fees: 5:00 pm, Saturday, October 24th, 2026
All ages: \$15

Age Categories:

Offered age groups:

U8 Born in 2019 or after
U10 Born in 2017 or 2018
U12 Born in 2015 or 2016
U14 Born in 2013 or 2014

Eligibility:

Athletes may be entered by school team or club team. Parents are welcome to bring school athletes to this event and pick up bibs for their son/daughter with signed waiver. Those that are not affiliated with a school or club may be entered as "unattached".

Method and Payment:

Trackie Online: <http://www.trackie.com/event/LGXC2026>

All payments are made via Trackie with on-line payment. If mandated by the school, please select "Other payments" and provide cheque at meet. Bibs will not be released without payment.

Confirmation:

As Entries are processed, performance lists will be made available online at the Trackie Reg site. Please check online to confirm your entries following the entry deadline.

Waiver:

Every participant is required to sign the waiver form on Trackie. For athletes under the age of 18, a parent or guardian's signature must appear on the waiver.

Competition Details

Schedule:

9:00 - U8 Boys/Girls
9:15 - U10 Girls
9:30 - U10 Boys
9:45 - U12 Girls
10:10 - U12 Boys
10:30 - U14 Girls
11:00 - U14 Boys

The schedule is subject to minor adjustments. A final schedule will be posted by Oct 24th at noon on Trackie.

Check-In Procedure:

Once you have received your bib number at registration, the athletes are to report to the start line. A call will be made ~ 5 min prior to the race start. Please arrive a minimum of 30min prior to your race to receive your bib number.

Awards:

Shirts will be awarded to the first three finishers in each event.
Water bottles will be awarded to the top team (4 athletes to score/make a team) in each event

Spectators/Coaches:

Spectators and coaches are welcome along the course route to cheer and support the athletes. Athletes warming up, coaches and spectators are asked to stay clear of the course when races are going on.

Technical Details

Event distances:

U8, U10: 1000m
U12, U14: 2000m

Same distances may be run together
depending on numbers (U8/U10,
U12/U14)

Protests:

All protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$25.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

General Informaon

Organizing Commiee

Meet Director

Volunteer Coordinator

Officials Coordinator

Laura Sivers

Janet Wynands

Laura Sivers

Results:

Results will be available following the completion of the meet.
Live results will not be available during the meet.

Photos:

Photos may be captured and posted on the Brockville Legion Track and Field and Athlecs Ontario social media sites (Facebook, Instagram, etc.) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

First Aid:

The closest hospital is:
Brockville General Hospital
75Charles St,
Brockville, ON
K6V1S8
(613) 345-5649

SANCTIONED AND REQUIRED BY:

ATHLETICS ONTARIO

RELEASE, WAIVER AND INDEMNITY

INCONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

10th Annual Leeds and Grenville Youth Cross Country Championships

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario
City of BrockvilleBrockville Legion Track and Field
Club

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all the aforesaid from and against all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event, and I AGREE to withdraw from the race if so, requested by the designated medical officer.

Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below.
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Date	Print Name	Signature of Parent or Guardian or Power of Attorney
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Media Consent

I hereby authorize any images or video footage taken of myself, in whole or in part, individually or in conjunction with other images and video footage, to be displayed on the Athletics Ontario website, and to be used for media purposes including promotional presentations and marketing campaigns for Athletics Ontario. I also authorize any media material created by myself within, or for, Athletics Ontario over the course of the 2026 season.

I waive rights to privacy and compensation, which I may have in connection with such use of my name and likeness, including rights that may be created in connection with video production, editing and promotion therewith.

Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below.
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Date	Print Name	Signature of Parent or Guardian or Power of Attorney
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