



2026 Christmas Challenge Indoor Track Meet

Hosted by the Kamloops Track and Field Club

Sanctioned by BC Athletics

Saturday December 12, 2026

Location:

Tournament Capital Centre (TCC), 910 McGill Rd., Kamloops, BC.

Facility:

Track: 6 lanes - 200m oval, 8 lanes - 60m, Mondo surface, fully automatic timing. Complete jumps and shot put areas. Change rooms available.

Meet Director:

Wayne Elke:

Ph: (250) 554-4240

Email: wcelke@shaw.ca

Meet Manager:

Judy Armstrong:

Ph: (250) 319-6321

Email: judy54armstrong@gmail.com

Eligible Athletes:

- 2026/2027 BC Athletics members.
- ***Any athlete who is NOT a 2026 member of BC Athletics must purchase a Non Member Event License for \$5.00.*** Follow this [link](#) to get information about what a Non Member Event License is, what it covers, and what it does not cover. (This is the last section on the page.)
- Master's athletes' age is determined as of the first day of the meet – December 12, 2026
- For all other athletes, the age is calculated as of December 31, 2026

Meet Registration:

Entries Chairperson:

Brian Beck

Ph: 250-319-1900

Email: kftcregistrar@gmail.com

Regular Entry ends on November 28, 2026 @ 11:59 pm (Local Time)

- \$15.00 for each event.

Late Entry ends on December 5, 2025 @ 11:59 pm (Online Registration Closes)

- \$25.00 for each event.

Non-Member Licence

Fee Applies to all non-member athletes

- \$5.00

Administration/Officials Fee

- \$5.00 per athlete

NOTE: Late Entries may be accepted at the meet subject to space in the events so that new heats/flight do not have to be created.

Relay teams and entries can be made on Saturday and will be accepted up to 1 hour prior to the event. They will not be considered late.

Registration Method & Pavement:

All entries **must** be submitted to Brian by the following method:

- **Trackie.com** – Register online and payment may be made using a credit card:
<https://trackie.com/event/2026KAMLxmaschallenge>

COMPETITION RULES AND OTHER INFORMATION

COMPETITION NUMBERS:

Payment must be received before the competition numbers are released. Clubs must designate a responsible person who will pick up, completely pay for the club package, and assume responsibility for the package (the Meet Secretary will not look after partial club packages).

Competition numbers must be worn on the front for all track events, and front or back for field events (at the discretion of the official). Hip numbers, if issued, must be visible worn on the right-side hip and on the upper left chest area. This is important so that assigned lane numbers can be seen by the cameras at the finish line. These will be issued at the start line or at marshalling.

COMPETITION CATEGORIES:

2026
U10 (2017), U12 (2015 - 2016), U14 (2013 - 2014), U16 (2011 - 2012), U18 (2009 - 2010), U20 (2007 - 2008), Senior (1992 - 2006), Master (1991 and earlier - 35yrs of age+)

AWARDS:

Ribbons will be awarded to athletes placing 1st - 6th on Oval races and 1st - 8th in field events and straight away races for individual events only. Awards will be available for pickup usually half an hour after events are completed and posted. They must be picked up by the end of the meet and will be available 30 minutes after the event results have been posted. **No mail-outs.**

MARSHALLING:

Check-in for all field events is at the event site. Check-in for all track events is at the start line area for the event. All athletes must check in a minimum of 20 minutes prior to the scheduled start time.

IMPLEMENTS:

Indoor shot puts will be supplied by the meet organizers. Athletes may use their own implements which must meet World Athletics standards and be suitable for throwing on hardwood flooring. They must be weighed in and measured at least 45 minutes prior to competition. The weigh-in station will be located near the throws area, inside the track just past the finish line.

SPIKE LENGTH:

The maximum spike length allowed is 7 mm for all events. No needle spikes will be allowed. All spikes must be either Christmas tree or pyramid.

ORDER OF EVENTS:

All track events will be run from youngest to oldest, female, then male (exception hurdles), and may start up to 30 minutes earlier than the scheduled time. **Please pay attention to announcements regarding time changes for events.**

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as in the schedule. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

TRACK EVENTS:

All Track events will be run as **timed finals**. Sections will be consolidated where possible. Events may run up to 30 minutes earlier than the scheduled time.

****NOTE – We have added a 3000m for U18 and U20 athletes. A minimum of 4 athletes are required for this event, and athletes not finished the run by 10:00am will be marked as DNF.**

FIELD EVENTS:

The Tentative List of Events Offered and the Tentative Schedule are posted on <http://www.trackie.com/event/2026KAMLxmaschallenge>. Please check back for updated schedules closer to the date of the event.

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club/team uniform.

PROTESTS: Following current WA rule #TR8

After immediate oral discussion with the start referee or the track referee at the start of races, or the track referee or the field referee, any further protest must be submitted in writing to the Meet Director and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$50.00 protest fee is to accompany all protests that are advanced to the Jury. If the protest is upheld, then the protest fee will be returned

JURY OF APPEAL:

A Jury of Appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

MEDICAL:

St. John's Ambulance will be on site.