



2026 CANADA WEST CROSS COUNTRY CHAMPIONSHIP
Bulletin #2 - as of Oct 05th, 2026

Race Location: St. Mary's University | Calgary, AB
14500 Bannister Rd SE, Calgary, AB T2X 3J3
Saturday, October 31, 2026

1. ORGANIZING COMMITTEE

Host: University of Calgary

Position	Name	Phone	Email
Race Director	Matt Deans	403-305-7012	matt.deans@ucalgary.ca
Dinos Head Coach	Jessica Zelinka	403-921-0593	Jessica.zelinka@ucalgary.ca
Event Manager	Marinya Marcichiw	368-338-9254	marinya.marcichiw@ucalgary.ca
Communications	Lance McKenzie	403-993-8122	lance.mckenzie@ucalgary.ca
Medical	Bonnie Sutter	403-220-7975	bsutter@ucalgary.ca

2. SCHEDULE OF EVENTS

Wednesday, October 28, 2026

2:00 - 3:00 pm Technical Meeting (Online)

Thursday, October 29, 2026

10:00 am - 6:00 pm Course Open for Teams

***Plan is to mark the course Thursday afternoon, but it is open to run on**

Friday, October 30, 2026

10:00 am - 6:00 pm Course Open for Teams

5:00 - 6:00 pm Coaches Meeting (St. Mary's (Office TBD))

Saturday, October 31, 2026

10:00 am Alumni Race 6km or 8km & maybe 4x2km included

12:00 pm Canada West Championship Men's Race

1:00 pm Canada West Championship Women's Race

~2:00 pm Awards (to follow final race)

3. MEETINGS

Technical Meeting

Date: Wednesday, October 28, 2026
Site: Online
Time: 2:00 pm

Coaches Meeting

Date: Friday, October 30, 2026
Site: On Site (St.Mary's)
Time: 5:00 pm

4. CHAMPIONSHIP HOTELS

Delta Hotels Calgary South

- **Block Name**
 - **Canada West Cross Country**
- **Booking:**
 - **Contact Name: Paige Dairon**
 - Reservations can be made directly with Paige Dairon, Sales Manager: PDairon@deltacalgarysouth.com
 - Please ensure bookings are made by **October 1st, 2026.**
- **Location:**
 - 135 Southland Dr. SE, Calgary, AB, T2J 5X5
***Under a 10-minute drive from the course**
- **Rate:**
 - *Deluxe Queen (Room Two Queens) \$179/Night*
 - *Deluxe King Room \$179/Night*
 - *Club King Room \$179/Night*
- **Includes:**
 - Complimentary parking
 - Wi-Fi
 - Hot Breakfast

5. TRANSPORTATION

TRAVEL TO THE CHAMPIONSHIP

Teams are responsible for their transportation to the championship. YYC Calgary International Airport offers direct flights to all major Canadian cities. The competition site is at St. Mary's University, which is a 30 min drive south of the University of Calgary.

ON-SITE TRANSPORTATION

Teams are responsible for their own transportation on-site.

RENTAL VEHICLES

Enterprise is the preferred supplier of the University of Calgary. If teams wish to book ground transportation with Enterprise, they may use the University of Calgary booking system to do so.

[UNIVERSITY OF CALGARY](#)

Questions, and to arrange vehicle pickup/drop-off, please contact Enterprise Account Support Representatives and/or University of Calgary account manager Anil Makhani

Dedicated Account Support Team:

Assistance with your day-to-day business rental needs

Email: CanadaAccountSupport@em.com

Phone Number: 833-369-1128.

Anil Makhani

Senior Corporate Account Manager, Alberta

403-690-2645

Anil.Makhani@em.ca

COACH BUS TRANSPORTATION

Universal Coach Lines is the exclusive bus provider for the University of Calgary

Contact: infoab@universalcoach.ca

6. TEAM ENTRY

Teams will be required to enter their teams via Trackie registration:

<https://trackie.com/event/2026-XC-CW>

*Entry fees will be invoiced at the conclusion of the event

CANWEST Promo Code: VARSITY26

Canada West Regulations – 4.2, Entries

Team Entries can include a maximum of sixteen (16) athletes per team, per gender. Those teams entering greater than fourteen (14) athletes per team, per gender, will be required to submit their final declarations at the technical meeting, whose time & place will be determined by the host, and be communicated via the Championship Bulletin.

At the discretion of the host, entry fees can be charged in order to off-set the cost of hosting the Championship. A maximum amount of \$25 per athlete, up to a maximum of \$200 per team, per gender, may be charged by the host.

7. TECHNICAL INFORMATION

- **Regulations:** The meet will be regulated according to the Canada West Cross Country Race Regulations.
- **Technical Meeting:** A technical meeting will take place at 2:00 pm – (online) – on Wednesday, October 28, 2026. The meeting is for both men's and women's teams.

8. COURSE

Address: 14500 Bannister Rd SE, Calgary, AB T2X 3J3

The course features a 2 km grass loop, a wide start area, and a separate finish line. The course includes wide straights, a few turns, challenging hills, a few fast downhill sections, and a stretch through the trees. The course will be marked and flagged.

Approx. Elevation:

Total Ascent - 5m

Total Descent – 8m

Min Elevation – 1,036m

Max Elevation – 1,051m

PLEASE NOTE – minor modifications to the course map may happen.

PARKING: Enter off 146th Ave SE



9. MEDICAL

During the championship, a representative from the host institution will be on site in accordance with Canada West Policy #14: Medical Services Support.

Dinos Head Athletic Therapist, Bonnie Sutter, will contact schools with more information.

If you are not travelling with an athletic therapist and wish to hire one for the event, please contact Bonnie ASAP to enquire – bsutter@ucalgary.ca

10. AWARDS

Awards will be handed out immediately following the conclusion of the Women's race on October 31, 2026. We have a room on campus booked for all awards. We will share the location later.

Canada West First and Second Team All-Stars, Canada West Athlete of the Year (Male Competition and Female Competition), Canada West Rookie of the Year (Male Competition and Female Competition), and the Canada West All-Rookie Team will be determined by results as outlined in the Canada West Cross Country Regulations.

Coaches of the Year for the Canada West Women's Cross Country Team and the Canada West Men's Cross Country Team will be selected by secret ballot submitted to the designated host representative upon immediate completion of the meet.

Student Athlete Community Award nominations should be completed using the form provided and submitted to the host by the end of day on **Tuesday, October 27, 2026.** Selection of the winners will be chosen by a coaches vote at the pre-event coaches meeting. Forms can be emailed to Lance McKenzie at lance.mckenzie@ucalgary.ca.

11. SPORTS INFORMATION REQUIREMENTS

Institutions are requested to upload their rosters to the Canada West Roster Dropbox by **Tuesday, October 27, 2026.**

SIDs of major award winners should be prepared to share athlete headshots and other information with the Canada West office for release following the championship.