

EOSSAA Meet Information 2026

- Convenor:** Gary Brewin gary.brewin@ucdsb.on.ca & TISS XC Coaches
- Date:** Thursday, October 29th, 2026
- Location:** Memorial Civic Centre, 100 Magedoma Blvd, Brockville ON.
Free parking is available at the Memorial Civic Centre. If parking at the St. Lawrence College, be aware it is PAID parking.
- Course:** The terrain is cut grass, trails, gradual inclines and a large hill. Spikes are recommended. Maps at the end of the document. Please note that due to “possible” construction, the final finish stretch **may** angle up to the left field beside where the finish line currently sits.

Schedule & Distances:

10:15 am	Para (4k Novice Loop)		
11:00 am	NG (4k Novice Loop)	11:45 am	NB (4k Novice Loop)
12:30 pm	JG (5k Junior Loop)	1:15 am	JB (5k Junior Loop)
2:00 pm	SG (6k - 2xSenior Loop)	2:45 pm	SB (6k – 2xSenior Loop)

Entries: You may enter an unlimited number of eligible runners, however, students can only race in one event. All runners on a team must wear identical school tops when competing. All runners must be wearing their assigned bib number on the front.

Registration: is available on trackie.com here: [EOSSAA XC 2026](#)
Any issues with registration, please email Gary Brewin (gary.brewin@ucdsb.on.ca)

Registration Deadline: Monday, October 26 at 3:00 p.m. The entry fee is \$15.00 per runner. Please note, once you have entered your athletes, no refunds can be given for scratches as numbers are assigned and EOSSAA pays upon registration. Late entries can be added at the registration desk for an additional \$20.00 per runner.

Cheques are payable to “Thousand Islands Secondary School”

Awards: Individual finishers will receive their medals (top 3) and ribbons 4-12 as they come through the chute. Team awards will be handed at the registration desk once the results have been posted after each race. Top teams win a keeper plaque along with 5 gold medals. Second through sixth place team members shall receive EOSSAA ribbons. The scores will be tabulated throughout the day to present the overall team trophy as soon as the Sr. Boys race has been completed. EOSSAA AAA, AA, and A school champions shall receive a keeper plaque.

Results: Results can be accessed at [Thousand Islands SS - 2026 Schedule and Results](#)

Hotels: Group discount rates for EOSSAA Cross-Country teams are available at:

Comfort Inn Brockville

(613) 345-0042

<https://www.choicehotels.com/reservations/groups/PK73A0>

Spark by Hilton Brockville

(613) 345-3900

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=XBRBKPE&groupCode=EOSSAA&arrivaldate=2026-10-28&departuredate=2026-10-29&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Holiday Inn Express & Suites Brockville

(613) 342-1883

https://ca-central-1.protection.sophos.com?d=hiexpress.com&u=d3d3LmhpZXhwcmVzcy5jb20vYnJvY2t2aWxsZW9u&i=NjNkMTg0Y2M0ZGU0MWU1NWU2MzA2OTdh&t=aXY0aXF1Z2l6c3liSVNRNkE3QnRQQWdFUWs3VXBmV3l5SExJL3NCTThsRT0=&h=2a37f61bceab47ca888d696c5753a1e2&s=AVNPUEhUT0NFTkNSWVBUSVb5SA3oCiQ_Abkn0bOwtq0E8U9N5cmCFxUSYuYdcvElzQ

Guests can now begin to book into the block. To do so, they can either book online via the provided link or they can call the hotel directly using the number provided. When calling directly, please ensure to mention you are part of the EOSSAA Cross Country Championships.

Start Line: Your school will be assigned a start box for each race. We will email details of the start box once entries are confirmed. Schools only entering individuals will be **outside** of the team boxes.

Food: There will be a canteen on site with a selection of snacks, drinks and pizza.

Water: We anticipate water being available on site, but athletes are encouraged to bring fluids with them.

OFSAA registration and paperwork: All runners must be registered on the OFSAA HUB (talk to your AD about how to do this). Additionally, you must print and complete the following forms for all runners. You will hand these forms in at the registration desk. For a copy of the forms go to:

<https://www.ofsaa.on.ca/championship/cross-country-running/for-coaches/coaches-information/>

You need to bring the following items:

- **Supervision Sheets** – This is CRITICAL piece for all respective schools. Please print, get signed and bring a copy to hand in at the registration table on October 29th. The Supervision sheets will be included in the package I send to OFSAA with your Association entry and OFSAA participation fee.
- Letter of intent form. [EOSSAA Letter of Intent to Participate at OFSAA Form](#)

These need to be uploaded into the OFSAA HUB:

- Teacher-coaches ensure all student-athletes are listed in the OFSAA HUB ([Welcome to OFSAA HUB login](#)) on an appropriate Cross-County Running Team Eligibility roster. Each of these rosters needs to be **printed and signed**. (example: [xcr_example.pdf](#)) Bring this with you and hand it in at registration. It is normal for the team rosters to list all athletes on your teams, even those that do not attend the OFSAA Championships, since you will be printing it before you know who has qualified for the OFSAA Championships.
- **Athletic Directors/Coaches** must submit and upload the remaining mandatory forms with appropriate signatures:
- **Student-Waiver of Understanding** ([Student-Waiver-of-understanding-Final-v2.pdf](#)). One form per student. All forms should be scanned into one file.
- **Coach-Confirmation and Release** ([Coach-Confirmation-and-Release-Final-v2.pdf](#)) One form per coach. All forms should be scanned into one file.
- **OFSAA Para XC Registration Form** ([OFSAA Para XC Registration Form V2025.docx](#)). Please complete only if you have Para runners.

As EOSSAA convenors, we register the qualifying athletes for OFSAA - as long as you have already submitted their name on the OFSAA hub. You then have to pay the OFSAA entry fee **prior** to leaving the Brockville Memorial Civic Centre. The fee is \$18 per athlete, which includes the \$3.00 participation fee. If paying by cheque, please make it payable to “Thousand Islands Secondary School.” Eventually, as hosts, we write one cheque to OFSAA for all EOSSAA entries.

Novice

Start → Yellow → white → grey → finish

Start → A → B → C → D → F → G → B → C → A → Finish



Junior

Start → yellow → white → black → finish

Start → A → C → B → A → C → D → E → F → G → B → C → A → Finish



Senior

Start → yellow → white x 2 → grey → finish

Start → A → C → D → F → G → B → C → D → F → G → B → C → A → Finish

