



# TETC XC PREP MEET

Sunday September 27, 2026



|                             |                                                                                                                                                                                                                     |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Hosted by:</b>           | Thorold Elite Track Club                                                                                                                                                                                            |
| <b>Sanctioned by:</b>       | Minor Track Association (Morning Session)<br>Athletics Ontario (Afternoon Session)                                                                                                                                  |
| <b>Venue:</b>               | <b>Firemen's Park</b><br>2275 Dorchester Rd, Niagara Falls, ON<br><br><i>Course is mostly on grass with a very small gravel section. Spikes are recommended/ encouraged.</i>                                        |
| <b>Parking:</b>             | There is capacity for up to 200 cars in the main lot. <u>Do not triple park or park where there is not a designated spot.</u>                                                                                       |
| <b>Meet Director:</b>       | <a href="mailto:thoroldelitetc@gmail.com">thoroldelitetc@gmail.com</a>                                                                                                                                              |
| <b>Eligibility:</b>         | Athletes registered with Athletics Ontario or Minor Track Association of Ontario<br><br>Races for all ages including an Open 5K race<br><b>Non-members are permitted for an additional fee of \$5 per athlete.</b>  |
| <b>Entry Deadline:</b>      | Wednesday September 23, 2026 @ 11:59 pm                                                                                                                                                                             |
| <b>Entry Fees:</b>          | <b>\$25.00 per athlete</b><br>In keeping in alignment with new MTA Fee structure; however Trackie fees will be covered and not extra                                                                                |
| <b>Late Deadline:</b>       | Saturday September 26, 2026 @ 12:00 noon<br>For entries after this deadline you must contact us directly.                                                                                                           |
| <b>Late Fees:</b>           | <b>\$30.00 per athlete</b>                                                                                                                                                                                          |
| <b>Online Registration:</b> | <a href="http://www.trackie.com/event/TETCXC2026">www.trackie.com/event/TETCXC2026</a><br>All entries are to be completed online at Trackie and payment must be paid online. Trackie accepts many forms of payment. |
| <b>Waiver:</b>              | Mandatory for all athletes and to be completed online                                                                                                                                                               |
| <b>Awards:</b>              | Ribbons to the Top Eight competitors in each race and to the Top Three teams (up to five athletes)                                                                                                                  |
| <b>Washrooms:</b>           | Washrooms are available on-site                                                                                                                                                                                     |

## TENTATIVE Schedule:

A final schedule will be communicated the day before the meet, factoring in the number of runners, time needed for warm-ups. Some races may be combined if numbers are lower.

| SESSION 1 (MTA Athletes)                   |                                                     |                      |        |
|--------------------------------------------|-----------------------------------------------------|----------------------|--------|
| 9:15 am                                    | Course Walk-Throughs                                |                      |        |
| 10:15 am                                   | Peewee Girls + Boys                                 | Born 2020 or younger | 800 m  |
| 10:30 am                                   | Mite Girls                                          | Born 2018/2019       | 1000 m |
| 10:45 am                                   | Mite Boys                                           | Born 2018/2019       | 1000 m |
| 11:00 am                                   | Tyke Girls                                          | Born 2016/2017       | 1500 m |
| 11:20 am                                   | Tyke Boys                                           | Born 2016/2017       | 1500 m |
| 11:40 am                                   | Atom Girls (Gr 6-7) + AO U14 Girls (Gr 7-8)         | Born 2014/2015       | 2000 m |
| 12:00 pm                                   | Atom Boys (Gr 6-7) + AO U14 Boys (Gr 7-8)           | Born 2014/2015       | 2000 m |
| 12:25 pm                                   | Senior Girls                                        | Born 2012/2013       | 3000 m |
| 12:50 pm                                   | Senior Boys                                         | Born 2012/2013       | 3000 m |
| SESSION 2 (AO Athletes + MTA Intermediate) |                                                     |                      |        |
| 1:20 pm                                    | MTA Intermediate/ U16 Girls                         |                      | 4000 m |
| 1:50 pm                                    | MTA Intermediate/ U16 Boys                          |                      | 4000 m |
| 2:20 pm                                    | MTA Youth/ <b>Open Race</b> (Girls + Boys Combined) | Open to community    | 5000 m |
| 2:20 pm                                    | U18 Girls + U18 Boys COMBINED                       |                      | 6000 m |

**Course Maps will be communicated in advance of the meet.**