



Valley Royals Track + Field Club presents ...

VALLEY ROYALS XC INVITATIONAL

+ HIGH SCHOOL CHAMPIONSHIPS PREVIEW RACE

Saturday, October 3, 2026

Clearbrook Park, Abbotsford BC

Sanctioned by BC Athletics and BC School Sports

Distances are in accordance with BC Athletics guidelines. All ages are welcome!

RACE SCHEDULE

Time	Event #	Category	Birth Year	Distance
10:00	1	Open (U20 + Senior), Masters, M+F	2008+	8.0 km
10:45	2	Track Rascals (6-8 yrs), M+F	2018-2020	1.0 km
11:00	3	U10/U11/U12 (9-11 yrs), M+F	2015-2017	2.0 km
11:30	4	U13/U14 (12-13 years old), M+F	2013, 2014	3.0 km
12:00	Lunch & Course Preview			
1:00	6	High School Junior Girls	Grades 8-10	4.0 km
1:30	7	High School Junior Boys	Grades 8-10	4.0 km
2:00	8	High School Senior Girls	Grades 11,12	5.0 km
2:30	9	High School Senior Boys	Grades 11,12	5.0 km
3:00	10	Para & AWE	Grades 8-12	2.0 km

HIGH SCHOOL ATHLETES AND TEAMS:

- The Valley Royals XC Invitational course will be the same as the race course set for the BC School Sports High School Cross Country Championships on November 7. The Invitational provides a great opportunity for athletes to preview the course.
- Prior to race day, athletic directors need to ensure that their athletes are registered in STARS. High school competitors will wear their school team singlets.

DEADLINE TO ENTER:

Regular Deadline: Friday, September 25, 2026, midnight

Late Deadline: Wednesday, September 30th, midnight; NO "DAY OF" ENTRIES

ENTRY FEES

- An additional \$5 will be charged for entries made after the regular deadline.
- There will be no entries accepted after the late deadline.
- \$5 additional fee for individuals not currently registered with BC Athletics. All non-members must also complete the waiver for registration to be completed.

Track Rascals; U14 + under:	\$10 (additional \$5 for non-BCA members)
High School Jr + Sr; U20 + older:	\$15 (additional \$5 for non-BCA members)

High School Team Fee: if a team has more than 10 entries then a team cap of \$200 applies.

COURSE

- Grass, forest trails, and some gravel trails over undulating terrain.
- Short spikes can be used but running shoes are also adequate.
- Course will be open from 8:30 am onward, but athletes and coaches need to be aware that once the event starts at 10:00am, the athletes racing will have priority on the course. Please take care not to interfere with the ability of athletes to race their course.

VENUE

- Clearbrook Park is located at 3680 Clearbrook Rd, Abbotsford, BC
- Washrooms and a concession are available.
- Parking: available in surrounding neighbourhood and at the following locations (see map below)
 - Maranatha Baptist Church (3580 Clearbrook Road)
 - Emmanuel Mennonite Church (3471 Clearbrook Road)
 - Jane & Gerry Swan Track /Rotary Stadium (32470 Haida Drive)

AWARDS

Awards for 1st to 3rd in each category (MU10, FU12, MU13 ...)

TO ENTER:

Please enter here - <https://trackie.com/event/2026ValleyRoyalsXC>

Questions? Please email angela_olson@sd33.bc.ca



Parking Map:



Course Map:

