



2026 Future Stars® Middle Distance Athletics Camp

For Provincial Level Athletes - Ages 12 to 18 years

PROGRAM:

Future Stars® Middle Distance Athletics Camps will provide young athletes with the unique opportunity to learn new skills and tactics from an Olympic Silver Medalist. The program is designed to provide both 800 & 1500m runners with a holistic approach to running specifically tailored middle distance workouts. In addition, the athletes will learn some key factors on how to deal with the pressures that they will face throughout their career. It is our goal that each participant has an enjoyable experience and reaches their fullest potential.

DIRECTOR:**Marco Arop**

- 2024 Olympic Silver Medalist
- 2023 World Champion
- 2019 Pan American Games Champion

LOCATION:**Toronto Track and Field Center**

231 Ian MacDonald Blvd, North York, ON L4K 3C8

SESSION:

Sep. 19 & 20, 2026 – Sat & Sun 9:00 a.m. to 4:00 pm
(Total 8.0 hrs on Track, 2.0 hrs Fitness, 2.0 hrs Lecture)

COST:

Regular Extended Deadline (Sep 12th– \$299+ HST)
Includes the full training program, and Future Stars t-shirt.
Enrollment is limited to 30 participants. Athletes must be a member of a provincial affiliation, ie. Athletics Ontario to take part in the camp. If you have any questions or are not a club member contact headcoach@athletic-victory.ca for information on how to proceed.

REFUND POLICY:

The \$299 registration fee is 100% non-refundable Priority Registration to those that had made an expression of interest. If an athlete is invited to complete registration and chooses not to proceed, they will be removed from the priority list and another athlete is invited if they do not provide a replacement for them. Camp Registrations are non-refundable unless a suitable replacement athlete can be found and accepted into the event. Future Stars® and Athletic Victory Speed Club reserve the right to administer registrations, manage waiting lists, approve participation, and make reasonable modifications to registration procedures in the best interests of the event and its participants.

FURTHER INFORMATION:

2026 Future Stars Athletics Camps
<https://www.futurestarssport.ca>
Hosted by Athletic Victory Speed Club
headcoach@athletic-victory.ca



2026 FUTURE STARS® MIDDLE DISTANCE ATHLETICS CAMP REGISTRATION FORM

Name: _____ Age (as of July 7, 2026): _____
Address: _____ City: _____ Postal Code: _____
Home Phone: _____ Cell/Emergency: _____
Email: _____
Shirt Size: Adult Small ☐ Adult Medium ☐ Adult Large ☐
Health Concerns / Allergies: _____
Competitive Level: _____ Distances: _____

Registering with GS Future Stars of Canada Inc., the parent/guardian of the participant(s) on his own behalf and on behalf of the participant(s) hereby agrees that GS Future Stars of Canada Inc. will not be held responsible for any accident, injury or loss, liability, damage or cost that may incur however caused, whether negligently or intentionally, and agrees to release and hold harmless all directors, officers, employees and sponsors from all claims or damages without limitation which may arise as a result of or by reason of such accident or loss

Date: _____ Signature of Parent or Guardian: _____

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